



December 2023 ACTIVITY CALENDAR - DURAL HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>			<p>EXTRA ACTIVITIES :</p> <p>GYM Sessions : by appointment Massage Therapy : by appointment Walk and Talk : by appointment Hornsby Library Visit : Resume on 2024 Residents' Meeting : Monthly Pain Clinic - Wed & Fri @ 1PM in the Cinema : by appointment</p>	<p>1</p> <p>10:00 Bus Trip with Gfloor 1:30 Bus Trip [LG2] 2:00 LIVE Concert w/ Ross & Ron & HAPPY HOUR 2:30 Movie @ Cinema</p>	<p>2</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Quoits @ LG1 2:00 Carpet Bowls 2:30 Movie @ Cinema 2:30 Music Therapy for LG2</p>	<p>3</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema</p>
<p>4</p> <p>10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Pet Therapy "Pippa" 1:30 Craft Making [Succulent] 1:30 Bus Trip [LG2] 2:30 B I N G O 2:30 Movie @ Cinema</p>	<p>5</p> <p>10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Quoits for LG2 2:00 Carpet Bowls for LG1 & L1 2:30 Movie @ Cinema</p>	<p>6</p> <p>10:30-2:00 Picnic Bus Trip [G] 10:30 Church Service 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 2:30 Ice Cream Trolley @ G</p>	<p>7</p> <p>10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Quoits for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema</p>	<p>8</p> <p>10:00 Bus Trip with Gfloor 11:00 Hand & Foot Spa @ Level 1 11:00 B I N G O @ Back Dining Rm. G 1:30 Bus Trip [LG2] 2:00 LIVE Concert w/ Ross Hamilton & HAPPY HOUR 2:30 Movie @ Cinema</p>	<p>9</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Quoits @ LG1 2:00 Carpet Bowls 2:30 Movie @ Cinema 2:30 Music Therapy for LG2</p>	<p>10</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema</p>
<p>11</p> <p>10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Art Therapy 1:30 Bus Trip [LG2] 2:30 B I N G O 2:30 Movie @ Cinema</p>	<p>12</p> <p>10:30 Jewellery Making 11:00 Yoga Class 11:00 Christmas Carols 2:00 Chips & Juices for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema 7:00 LIGHTS BUS TRIP [LG1]</p>	<p>13</p> <p>10:30 Church Service 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 2:30 Ice Cream Trolley [LG1] 7:00 LIGHTS BUS TRIP [G]</p>	<p>14</p> <p>9:00 Jewellery Visit w/ Carol 10:30 Catholic Service 11:00 Musical Exercises 2:00 Chips & Juices for LG2 2:30 Residents' Meeting 2:30 Movie @ Cinema 7:00 LIGHTS BUS TRIP [L1]</p>	<p>15</p>  <p>12:00 Residents' Christmas Lunch 2:00 LIVE Concert w/ Harry and Residents' Christmas Party 2:30 Movie @ Cinema</p>	<p>16</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Quoits @ LG1 2:00 Carpet Bowls 2:30 Movie @ Cinema 2:30 Music Therapy for LG2</p>	<p>17</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema</p>
<p>18</p> <p>10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Quoits @ L1 1:30 Craft Making 1:30 Bus Trip [LG2] 2:30 B I N G O 2:30 Movie @ Cinema</p>	<p>19</p> <p>10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls for G 2:00 Quoits for LG2 2:00 Carpet Bowls for LG1 & L1 2:30 Movie @ Cinema 7:00 LIGHTS BUS TRIP [LG2]</p>	<p>20</p> <p>11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 2:30 Ice Cream Trolley @ LG2 7:00 LIGHTS BUS TRIP [EXTRA]</p>	<p>21</p> <p>10:00 Bus Trip with L1 10:30 Christmas Church Service 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Quoits for LG2 2:30 Food & Hospitality Meeting 2:30 Movie @ Cinema</p>	<p>22</p> <p>10:00 Bus Trip with Gfloor 11:00 Hand & Foot Spa @ Level 1 11:00 B I N G O @ Back Dining Rm. G 1:30 Bus Trip [LG2] 2:00 LIVE Concert w/ Ross & Ron & HAPPY HOUR 2:30 Movie @ Cinema</p>	<p>23</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Quoits @ LG1 2:00 Carpet Bowls 2:30 Movie @ Cinema 2:30 Music Therapy for LG2</p>	<p>24</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema</p>
<p>Christmas Day 25</p> <p>NO BUS TRIP 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Art Therapy 2:30 B I N G O 2:30 Movie @ Cinema</p>	<p>Boxing Day 26</p> <p>NO BUS TRIP 11:00 Carpet Bowls for G 11:00 Musical Exercises 2:00 Chips & Juices for LG2 2:00 Carpet Bowls for LG1 & L1 2:30 Movie @ Cinema</p>	<p>27</p> <p>10:30-2:00 P. Bus Trip [EXTRA] 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 2:30 Ice Cream Trolley @ L1</p>	<p>28</p> <p>10:00 Bus Trip with L1 11:00 Carpet Bowls for G 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Chips & Juices for LG2 2:00 Carpet Bowls for LG1 & L1 2:30 Movie @ Cinema</p>	<p>29</p> <p>10:00 Bus Trip with Gfloor 11:00 B I N G O @ Back Dining Rm. G 11:00 Hand & Foot Spa @ Level 1 1:30 Bus Trip [LG2] 2:00 LIVE Concert w/ Dion Palumbo & HAPPY HOUR 2:30 Movie @ Cinema</p>	<p>30</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Quoits @ LG1 2:00 Carpet Bowls 2:30 Movie @ Cinema 2:30 Music Therapy for LG2</p>	<p>New Year's Eve 31</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Knit & Purl 2:30 Movie @ Cinema</p>