## November 2023 ACTIVITY CALENDAR - DURAL HOUSE

HEALTH CARE			1	1	1		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
		1	2	3	4		5
DUE TO		10:30-2:00 Picnic Bus Trip [G]	10:00 Bus Trip with L1	10:00 Bus Trip with Gfloor	10:30 Coffee & Chat	10:30 Coffee & Chat	
UNFORESEEN		11:00 Massage Therapy @ Level 1	10:30 Catholic Service	11:00 Quoits @ Chapel Gfloor	11:00 Musical Exercises	11:00 Musical Exercises	
CIRCUMSTANCES		11:00 Musical Exercises	10:30 Jewellery Making	11:00 Hand & Foot Spa @ Level 1	11:00 Quoits @ LG1	11:00 Songs of Praise	
SOME ACTIVITIES MAY BE		2:00 B I N G O	11:00 Carpet Bowls for G	1:30 Bus Trip [LG2]	2:00 Carpet Bowls	2:00 B I N G O	
SUBJECT TO		2:30 Movie @ Cinema	11:00 Musical Exercises	2:00 Live Concert	2:30 Movie @ Cinema	2:30 Knit & Purl	
CANCELLATION OR			2:00 Carpet Bowls for LG1 & L1	& HAPPY HOUR	2:30 Music Therapy for LG2	2:30 Movie @ Cinema	
CHANGE	AAAIA A		2:30 Movie @ Cinema	2:30 Movie @ Cinema			
6	Melbourne Cup 7	8	9	10	11		12
0:00 Bus Trip with Gfloor	10:00 Bus Trip with LG1	10:30-2:00 Picnic Bus Trip [LG1]	10:00 Bus Trip with L1	10:00 Bus Trip with Gfloor	10:30 Coffee & Chat	10:30 Coffee & Chat	
1:00 Pet Therapy "Pippa"	10:00 MELB SWEEPS 2023	10:30 Church Service	10:30 Catholic Service	11:00 Pet Therapy "Leo"	11:00 Musical Exercises	11:00 Musical Exercises	
1:00 Musical Exercises	10:30 Jewellery Making	11:00 Massage Therapy @ Level 1	10:30 Jewellery Making	11:00 B I N G O @ Back Dining Rm. G	11:00 Quoits @ LG1	11:00 Songs of Praise	
1:30 Craft Making	11:00 Yoga Class	11:00 Musical Exercises	11:00 Carpet Bowls	1:30 Bus Trip [LG2]	2:00 Carpet Bowls	2:00 B I N G O	
I:30 Bus Trip [LG2]	3:00 RACE @ Lounge Gfloor	2:00 B I N G O	11:00 Musical Exercises	2:00 Live Concert	2:30 Movie @ Cinema	2:30 Knit & Purl	
2:30 B I N G O	36 36 36 36	2:30 Movie @ Cinema	2:30 Residents' Meeting	& HAPPY HOUR	2:30 Music Therapy for LG2	2:30 Movie @ Cinema	
2:30 Movie @ Cinema		2:30 Ice Cream Trolley @ G	2:30 Movie @ Cinema	2:30 Movie @ Cinema			
13	14	15	16	17	18		19
10:00 Bus Trip with Gfloor	10:00 Bus Trip with LG1	10:30 Jewellery Bus Trip	10:00 Bus Trip with L1	10:00 Bus Trip with Gfloor	10:30 Coffee & Chat	10:30 Coffee & Chat	
1:00 Musical Exercises	10:30 Jewellery Making	10:30 Church Service	10:30 Catholic Service	11:00 Quoits @ Chapel Gfloor	11:00 Musical Exercises	11:00 Musical Exercises	
11:00 Word Game @ L1	11:00 Yoga Class	11:00 Massage Therapy @ Level 1	10:30 Jewellery Making	11:00 Hand & Foot Spa @ Level 1	11:00 Quoits @ LG1	11:00 Songs of Praise	
1:30 Art Therapy	2:00 Diwali Celebration	11:00 Musical Exercises	11:00 Carpet Bowls for G	1:30 Bus Trip [LG2]	2:00 Carpet Bowls	2:00 B I N G O	
1:30 Bus Trip [LG2]		2:00 B I N G O	11:00 Musical Exercises	2:00 Live Concert	2:30 Movie @ Cinema	2:30 Knit & Purl	
2:30 B I N G O	DIWALP DIWALP	2:30 Movie @ Cinema	2:00 Carpet Bowls for LG1 & L1	& HAPPY HOUR	2:30 Music Therapy for LG2	2:30 Movie @ Cinema	
2:30 Movie @ Cinema		2:30 Ice Cream Trolley [LG1]	2:30 Movie @ Cinema	2:30 Movie @ Cinema			
20	21	22	23	24	25		26
10:00 Bus Trip with Gfloor	10:00 Bus Trip with LG1	10:30-2:00 Picnic Bus Trip [LG2]	10:00 Bus Trip with L1	10:00 Bus Trip with Gfloor	10:30 Coffee & Chat	10:30 Coffee & Chat	
11:00 Musical Exercises	10:30 Jewellery Making	10:30 Church Service	10:30 Catholic Service	11:00 Hand & Foot Spa @ Level 1	11:00 Musical Exercises	11:00 Musical Exercises	
1:00 Quoits @ L1	11:00 Yoga Class	11:00 Massage Therapy @ Level 1	10:30 Jewellery Making	11:00 B I N G O @ Back Dining Rm. G	11:00 Quoits @ LG1	11:00 Songs of Praise	
:30 Craft Making	11:00 Pet Therapy "Peach"	11:00 Musical Exercises	2:00 LIVE Concert	11:00 Carpet Bowls for G	2:00 Carpet Bowls	2:00 B I N G O	
1:30 Bus Trip [LG2]	2:30 Food & Hospitality Meeting	2:00 B I N G O	& HAPPY HOUR	1:30 Bus Trip [LG2]	2:30 Movie @ Cinema	2:30 Knit & Purl	
2:30 B I N G O	2:30 Movie @ Cinema	2:30 Movie @ Cinema	2:30 Movie @ Cinema	2:00 Carpet Bowls for LG1 & L1	2:30 Music Therapy for LG2	2:30 Movie @ Cinema	
2:30 Movie @ Cinema		2:30 Ice Cream Trolley @ LG2		2:30 Movie @ Cinema			
27	28	29	30			EXTRA ACTIVIT	TIES :
10:00 Bus Trip with Gfloor	10:00 Bus Trip with LG1	10:30-2:00 Picnic Bus Trip [L1]	10:00 Bus Trip with L1		Name -	GYM Sessions : by appoinment	
11:00 Musical Exercises	10:30 Jewellery Making	10:30 Church Service	10:30 Catholic Service			Massage Therapy : by appoinment	.t
11:00 Word Game @ L1	11:00 Yoga Class	11:00 Massage Therapy @ Level 1	10:30 Jewellery Making			Walk and Talk : by appointment	
1:30 Art Therapy	11:00 Carpet Bowls for G	11:00 Musical Exercises	11:00 Carpet Bowls for G			Hornsby Library Visit :02 & 30 NO	v
I:30 Bus Trip [LG2]	2:00 Quoits for LG2	2:00 B I N G O	11:00 Musical Exercises			Residents' Meeting : Monthly	
2:30 B I N G O	2:00 Carpet Bowls for LG1 & L1		2:00 Carpet Bowls for LG1 & L1				
2:30 Movie @ Cinema	2:30 Movie @ Cinema	2:30 Ice Cream Trolley @ L1	2:30 Movie @ Cinema		and the second	Residents' Christmas Party 15 Dec	
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