

OCTOBER 2023 ACTIVITY CALENDAR - BEECROFT HOUSE

Tuesday				Thursday				_
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10am Coffee & Chat 11am Entertainment 12pm Lunch 1.30pm Bus Trip 2.pm Jigsaw Puzzles (L1) 3pm Room Visits		11am Sing along 12pm Finger Food Day 2pm Quiz Games 2.30pm Hydration Crat	4	10am Coffee & Chat 11am Exercise To Music 12pm Lunch 1.30pm Bus Trip 2.00pm Afternoon Movie 3.30pm Room Visits	5	10am Coffee & Chat 11am Exercise To Music 12pm Lunch 2pm Ice cream cart 3.30 Room Visits	6	10am Coffee 11am Exerci 12pm Lunch 2pm Ice crea & Room Visi 3pm Men's C
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