

## 2023 SEPTEMBER ACTIVITY CALENDAR - TERREY HILLS

HEALTH CARE				<u> </u>		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE				11.15 am Exercise DVD 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour	11.15 am Musical DVD 2.00 pm Knit/Purl Group 2.00 pm Carpet Bowls	10.15 am Coffee & Chat 11.30 am Songs of Praise 2.00 pm Father's Day Tea 2.00 pm Catholic Mass
4	5	6	7	8	9	10
11.15 am Exercise Class 2.00 pm Quiz 2.00 pm Carpet Bowls	11.15 am Exercise Class 2.00 pm Craft Class 2.00 pm Bingo	11.15 am Exercise Class 2.00 pm Carpet Bowls 2.00 pm Rummy Kub 2.00 pm Movie	11.15 am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library	10.30 am EWOP Mens Grp 11.15 am Exercise DVD 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour	1.15 am Musical DVD 2.00 pm Craft 2.00 pm Carpet Bowls	10.15 am Coffee and Chat 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass
11	12	13	14	15	16	17
11.15 am Exercise Class 2.00 pm Tea & Trivia 2.00 pm Carpet Bowls	11.15 am Exercise Class 2.00 pm Social Painting 2.00 pm Guest Speaker Paul-Beyond Blue	11.15 am Exercise Class 2.00 pm Carpet Bowls 2.00 pm Pancakes 2.00 pm Movie	11.15 am Exercise Class 2.00 pm Bingo 2.00 pm RU Ok Tea We make time to ask  RU OK?  Aconversation could charge a life.	11.15 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour	11.15 am Musical DVD 2.00 pm Knit/Purl Group 2.00 pm Carpet Bowls	10.15 am Coffee and Chat 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass
18	19	20	21	22	2 23	24
11.15 am Exercise Class 2.00 pm Light & Bright 2.00 pm Carpet Bowls	11.15 am Exercise Class 2.00 pm Craft Class 2.00 pm Bingo	11.15 am Exercise Class 2.00 pm Carpet Bowls 2.00 pm Walking Group 2.00 pm Movie	11.15 am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library	10.30 am EWOP Mens Grp 2.00 pm Rosary 11.15 am Exercise DVD 2.30 pm Entertainment Happy Hour	1.15 am Musical DVD 2.00 pm Craft 2.00 pm Carpet Bowls	10.15 am Coffee and Chat 11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass  Songs of Praise
25	26	27	28	29	30	Extra Activities
11.15 am Exercise Class 2.00 pm Quiz 2.00 pm Carnet Bowls	11.15 am Exercise Class 2.00 pm Social Painting 2.00 pm Bingo	11.15 am Exercise Class 2.00 pm Carpet Bowls 2.00 pm Putt Putt Golf 2.00 pm Movie	11.15 am Exercise Class 2.00 pm Bingo 2.00 pm Craft	11.15 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Birthdays of the Month	11.15 am Musical DVD 2.00 pm Knit/Purl Group 2.00 pm Carpet Bowls	Room Visits Mon - Sun  Bus Trips -Tues & Thurs 10 & 1  Happy Hour - Fridays 3 pm  Hair Dresser Wed - Thurs  Andre Rieu DVD Channel 511  Mon - Fri 4pm  *Subject to change at any  time