








SEPTEMBER 2023 ACTIVITY CALENDAR - DURAL HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>		<p>EXTRA ACTIVITIES :</p> <p>GYM Sessions : by appointment Walk and Talk : by appointment Hornsby Library Visit : 07 SEPT Resident's Meeting : Monthly Spa : by appointment</p>		<p>1</p> <p>10:00 Bus Trip with Gfloor 11:00 Hand & Foot Spa @ Level 1 1:30 Bus Trip [LG2]   2:00 Father's Day Celebration w/ Paul Leventhal & Happy Hour 2:30 Movie @ Cinema</p>	<p>2</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Quoits @ LG2</p>	<p><i>Father's Day</i> 3</p> <p>10:30 Coffee & Chat 11:00 Musical Exercises 11:30 Songs of Praise 2:00 Carpet Bowls 2:30 Knit & Purl 2:30 Movie @ Cinema 3:00 Happy Hour @ LG2</p>
4	5	6	7	8	9	10
10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Art Therapy 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Visit w/ Carol 11:00 Musical Exercises 11:00 Quoits @ LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus Trip [G] 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:00 Darts Game 2:30 Movie @ Cinema 2:30 Ice Cream Trolley @ G	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Yoga Class 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:00 Bus Trip with Gfloor 11:00 Hand & Foot Spa @ Level 1 11:00 Carpet Bowls 1:30 Bus Trip [LG2] 2:00 Live Concert w/ Dion Palumbo & Happy Hour 2:30 Movie @ Cinema	10:00 Bus Trip [G] 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Quoits @ LG2	10:00 Bus Trip [G] 11:00 Musical Exercises 11:30 Songs of Praise 2:00 Carpet Bowls 2:30 Knit & Purl 2:30 Movie @ Cinema 3:00 Happy Hour @ LG2
11	12	13	14	15	16	17
10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Pet Therapy "Pippa" 1:30 Craft Making 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Yoga Class 11:00 Carpet Bowls @ LG2 2:00 Carpet Bowls	10:30-2:00 Picnic Bus Trip [LG1] 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 2:30 Ice Cream Trolley [LG1]	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:30 Residents' Meeting 2:30 Movie @ Cinema	10:00 Bus Trip with Gfloor 11:00 Hand & Foot Spa @ Level 1 11:00 Pet Therapy "Leo" 1:30 Bus Trip [LG2] 1:30 Live Concert w/ Andrew Dyce & Happy Hour 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Quoits @ LG2	10:30 Coffee & Chat 11:00 Musical Exercises 11:30 Songs of Praise 2:00 Carpet Bowls 2:30 Knit & Purl 2:30 Movie @ Cinema 3:00 Happy Hour @ LG2
18	19	20	 21	22	23	24
10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Quoits @ L1 1:30 Art Therapy 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 10:30 Jewellery Making 11:00 Musical Exercises 11:00 Quoits @ LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus Trip [LG2] 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:00 Darts Game 2:30 Movie @ Cinema 2:30 Ice Cream Trolley @ L1	10:30 Jewellery Making 11:00 Yoga Class 1:30 STONE Art Therapy 2:00 Music Therapy for LG2 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:00 Bus Trip with Gfloor 11:00 Hand & Foot Spa @ Level 1 11:00 Carpet Bowls 1:30 Bus Trip [LG2] 2:00 LIVE Concert w/ Harry Court & Happy Hour 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Quoits @ LG2	10:30 Coffee & Chat 11:00 Musical Exercises 11:30 Songs of Praise 2:00 Carpet Bowls 2:30 Knit & Purl 2:30 Movie @ Cinema 3:00 Happy Hour @ LG2
25	26	27	28	29	30	
10:00 Bus Trip with Gfloor 11:00 Musical Exercises 11:00 Word Game @ L1 1:30 Craft Making 2:00 B I N G O 2:30 Movie @ Cinema	10:00 Jewellery BUS TRIP 11:00 Carpet Bowls @ LG2 11:00 Yoga Class 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:30-2:00 Picnic Bus Trip [L1] 11:00 Hand & Foot Spa @ Level 1 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 2:30 Ice Cream Trolley [LG2]	10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery Making 11:00 Musical Exercises 2:00 Carpet Bowls 2:30 Movie @ Cinema	10:00 Bus Trip with LG1 11:00 Hand & Foot Spa @ Level 1 11:00 Carpet Bowls 1:30 Art Therapy 2:00 Live Concert w/ Ross Hamilton & Happy Hour 2:30 Movie @ Cinema	10:30 Coffee & Chat 11:00 Musical Exercises 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Quoits @ LG2	10:30 Coffee & Chat 11:00 Musical Exercises 11:30 Songs of Praise 2:00 Carpet Bowls 2:30 Knit & Purl 2:30 Movie @ Cinema 3:00 Happy Hour @ LG2