

Greetings from the DON and DDON

We have had very warm weather going into spring and it has definitely had an adverse effect on our Tulips with many failing to bloom. Gone are most of the chilly mornings but we have been told by the weather experts to prepare for a very hot dry summer.

We continue to be alert for Covid symptoms and exposures and also, Gastroenteritis as they are circulating in our community.

We are maintaining our surveillance of RAT tests prior to entry to Bowral House with the visitor and staff support and engagement in this risk management approach. The staff at Bowral House continue to do an amazing job and we thank them for their ongoing commitment and dedication to the residents.

There are some amazing photos of our residents enjoying all the various activities in the activities calendar. Jig saw puzzles are my favorite and I am lucky enough to engage in this activity with many of the residents.

As always, if anyone has any queries or if you wish to discuss anything with Collette or Joanne please feel free to give us a call or see us when you visit Bowral House.

Collette and Joanne
DON and DDON Bowral House

Activity Highlights



Scenic bus trips are popular with afternoon tea at Mittagong RSL or goodies from the local cake shop

ENTERTAINMENT

Greg Dymock fascinated residents playing a diverse range of musical instruments, sharing stories and humorous anecdotes. He also encouraged the audience to sing along with some favourite tunes.



Stan provides entertainment at the monthly birthday parties. He has comprehensive repertoire and can sing requests. The residents enjoy the atmosphere and regularly dance.



We were entertained by a group of talented piano players

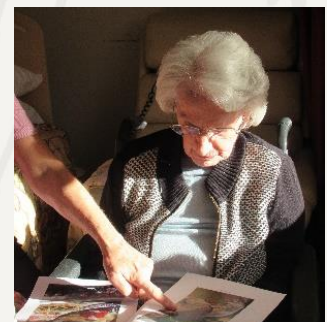
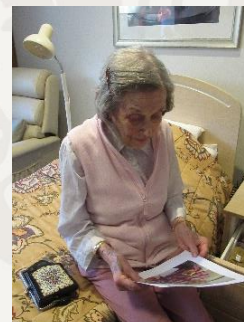
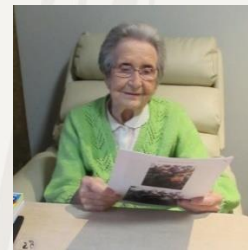
Games afternoons

We have been running games afternoons which residents enjoy as an opportunity to socialise and reminisce about family games nights. Other benefits include cognitive stimulation and improved dexterity. Games include scrabble, dominoes, jigsaw puzzles and putt putt golf.



Photo Portfolios

We hope you have been enjoying the photo portfolios emailed biannually. Some residents were happy to share as a group activity and the afternoon was filled with fun and laughter.



Resident's contribution

Clever Coralie, resident artist has painted a portrait of our pet therapy dog Ewan McGregor

Many thanks to Maryanne Williams for her conversation, time and effort which provides so much joy to residents



Coralie's painting of therapy dog, Ewan McGregor



Kathleen with a completed jigsaw



An afternoon of watercolour painting



Joan enjoying a visit with Ewan McGregor



Hope and Margrett sharing a joke.