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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	MONDAY TO FRIDAY ON CHANNEL 351: 10.00 Seated Exercise 10.30 Seated Tai Chi 2.00 Movie or Documentary	DUE TO UNFORESEEN CIRCUMSTANCES, SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE.	PLEASE NOTE: <i>Partners In Care are encouraged to attend any activity with their loved ones on our monthly planner.</i>	WATTLE DAY 10.45 Exercise Class (Argyle) 1.00 Knitting Group (Fitzroy) 2.00 Crossword Conundrum 3.00 Jenny on Piano	COCONUT DAY 	FATHER'S DAY 
4 10.00 Meditation 10.30 MAP. Food Meeting 10.45 Walks & Talks 2.00 Father's Day High Tea (Coffee Shop)	5 10.00 Meditation 10.45 R U OK? Discussion  2.00 Scenic Bus Trip 2.30 Documentary	6 10.00 Meditation 10.45 Tai Chi with Ruth (Fitzroy)  2.00 Paul Leventhal's Classical Guitar Concert	7 BRAZIL INDEPENDENCE DAY 10.45 Interdenominational Church Service (Chapel) 2.00 Virtual Quiz Competition 	8 10.45 Exercise Class (Argyle) 1.00 Knitting Group (Fitzroy) 2.00 Word Target (Argyle)	9 FIRST AID DAY 	10 
11 10.00 Meditation 10.30 MAG. Food Meeting 10.45 Walks & Talks 2.00 Word Target 3.00 One on One Room Visits	12 10.00 Meditation 10.30 Resident Meeting & Seniors Rights Info. Session 2.00 Scenic Bus Trip 2.30 Armchair Travel	13 10.00 Meditation 10.30 Relative Meeting 10.45 Relaxing Colouring (Art Room)  2.00 Bingo	14 10.30 Catholic Service (Chapel) 2.00 Uruguayan & Mexican Happy Hour (Coffee Shop) 	15 10.45 Exercise Class (Argyle) 1.00 Knitting Group (Fitzroy) 2.00 Balloon Buffoonery 3.00 Jenny on Piano	16 MEXICO INDEPENDENCE DAY 	17 AUSTRALIAN CITIZENSHIP DAY 
18 10.00 Meditation 10.30 ABE. Food Meeting 10.45 Walks & Talks  2.00 Whiteboard Games 3.00 One on One Room Visits	19 TALK LIKE A PIRATE DAY 10.00 Meditation 10.45 September Thru History 2.00 Scenic Bus Trip 2.30 Documentary	20 10.00 Meditation 10.45 Tai Chi with Ruth (Fitzroy) 2.00 Bingo 	21 INT'L DAY OF PEACE 10.45 Interdenominational Church Service (Chapel) 2.00 Ball Games 	22 RHINO DAY 10.45 Exercise Class (Argyle) 1.00 Knitting Group (Fitzroy) 2.00 Hand Pool 	23 	24 
25 10.00 Meditation 10.30 LOC. Food Meeting 10.45 Walks & Talks 2.00 Word Target 3.00 One on One Room Visits	26 10.00 Meditation 10.45 Book Club  2.00 Scenic Bus Trip 2.30 Armchair Travel	27 10.00 Meditation 10.30 Anglican Service (Chapel) 2.00 Bingo 	28 10.30 Catholic Service (Chapel) Quiz 2.00 Virtual Quiz	29 HEART DAY 10.45 Exercise Class (Argyle) 1.00 Knitting Group (Fitzroy) 2.00 Cinema Afternoon 	30 