## AUGUST 2023 ACTIVITY CALENDAR - TARRAGAL HOUSE



| HEALTH CARE                     |                      |                                    |                       |                      |                        |   |
|---------------------------------|----------------------|------------------------------------|-----------------------|----------------------|------------------------|---|
| Monday                          | Tuesday              | Wednesday                          | Thursday              | Friday               | Saturday               | Sunday  |
|                                 |                      | 1 2                                | 3                     | 4                    | 5                      |   |
|                                 | 10:15AM BINGO        | 10:30AM RESIDENT<br>MEETING        | 10:15AM WORD GAMES    | 10:15 KNIT N CHAT    | 10:15AM QUIZ QUESTIONS | 10:15AM MOVIE TIME  |
| R R                             | 2PM WALKING GROUP    |                                    | 2:00PM PAINT N CRAFT  | 2:00PM MUSIC THERAPY | 2:00PM BALL GAMES      | 2:00PM POETS CORNER   |
|                                 | 3:30PM HAPPY HOUR    | DALE RYAN<br>3:30PM HAPPY HOUR     | 3:30PM HAPPY HOUR     | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR      | 3:30PM HAPPY HOUR   |
| 7                               | 7                    | 8 9                                | 10                    | 11                   | 12                     | 1:  |
| 0:00AM CONCERT<br>LICE ON PIANO | 10:15AM BINGO        | 10:00AM LAYCOCK!!!<br>GEMS OF JAZZ | 10:15AM PAINT N CRAFT | 10:15AM KNIT N CHAT  | 10:15AM QUIZ QUESTIONS | 10:15AM MOVIE TIME  |
| 00PM DRUM THERAPY               | 2:00PM WALKING GROUP | 2:00PM MOVIE WITH MATES            | 2:00PM WORD GAMES     | 2:00PM MUSIC THERAPY | 2:00PM BALL GAMES      | 2:00PM POETS CORNER   |
| :30PM HAPPY HOUR                | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR                  | 3:00pm HAPPY HOUR     | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR      | 3:30PM HAPPY HOUR   |
| 14                              | 1                    | 5 16                               | 17                    | 18                   | 19                     | 2   |
| 0:15AM ARMCHAIR TRAVEL          | 10:15AM BINGO        | 10:00AM BUS BEACH TOUR             | 10:15AM WORD GAMES    | 10:15AM KNIT N CHAT  | 10:15AM QUIZ QUESTIONS | 10:15AM MOVIE TIME  |
| 00PM DRUM THERAPY               | 2:00PM WALKING GROUP | 2:00PM CONCERT<br>CHARLIE SALIBA   | 2:00PM KARAOKE        | 2:00PM MUSIC THERAPY | 2:00PM QUOITS          | 2:00PM POETS CORNER   |
| 30PM HAPPY HOUR                 | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR                  | 3:30PM HAPPY HOUR     | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR      | 3:30PM HAPPY HOUR   |
| 21                              | 2                    | 2 23                               | 24                    | 25                   | 26                     | 2   |
| 0:15AM ARMCHAIR TRAVEL          | 10:15AM BINGO        | 10:15AM CATHOLIC MASS              | 10:15AM WORD GAMES    | 10:15AM KNIT N CHAT  | 10:15AM QUIZ QUESTIONS | 10:15AM MOVIE TIME  |
| 00PM DRUM THERAPY               | 2:00PM WALKING GROUP | 2:00PM CARPET BOWLS                | 2:00PM PAINT N CRAFT  | 2:00PM MUSIC THERAPY | 2:00PM BALL GAMES      | 2:00PM POETS CORNER   |
| :30PM HAPPY HOUR                | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR                  | 3:30PM HAPPY HOUR     | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR      | 3:30PM HAPPY HOUR   |
| 28                              | 3 2                  | 9 30                               | 31                    |                      |                        |   |
| 0:15AM ARMCHAIR TRAVEL          | 10:15AM BINGO        | 10:15AM CONCERT<br>MITCH ON GUITAR | 10:15AM WORD GAMES    |                      |                        | DUE TO<br>UNFORESEEN<br>CIRCUMSTANCES<br>SOME ACTIVITIES MAY BE |
| 00PM DRUM THERAPY               | 2:00PM WALKING GROUP | 2:00PM CARPET BOWLS                | 2:00PM KARAOKE        |                      |                        | SUBJECT TO  |
| :30PM HAPPY HOUR                | 3:30PM HAPPY HOUR    | 3:30PM HAPPY HOUR                  | 3:30PM HAPPY HOUR     |                      |                        | CANCELLATION OR<br>CHANGE                                       |