

AUGUST 2023 ACTIVITY CALENDAR - MONA VALE HOUSE

9.45 Coffee Club (G) 9.45 Armchair Travel to India Morning Tea & Quiz 10.35 Singalong (BW) 1.30 Movie/Documentary 1.30 Film 2.30 Kenis Club (1st) 1.30 Scenic Bus Trip 2.30 Kenis Club (1st) 1.30 Film 2.30 Kenis Club (1st) 1.30 Film 2.30 Kenis Club (1st) 1.30 Film 9.45 Coffee Club (G) 1.45 Word Games (G) 9.45 Coffee Club (G) 1.30 Film 9.45 Coffee Club (G) 1.30 Film 9.45 Coffee Club (G) 1.15 Trivia Quiz (G) 1.30 Movie/Documentary 1.30 Film 2.30 Mersi Schwarz 1.30 Film 2.30 Kenis Therapy (BVing) 1.30 Film 1.30 Movie Therapy (BVing) 1.45 Darts (G) 1.30 Movie/Documentary 1.30 Film 2.30 Cencert: 1.30 Scenic Bus Trip 2.30 Cencert: 10.30 Movie Therapy (BVing) 1.30 Movie/Documentary 1.30 Scenic Bus Trip 2.30 Cencert: 2.30 BilmGO! (1st) 3.30 Film 1.30 Scenic Bus Trip 2	HEALTH CARE						
10.45 House Rading: (%) 1.30 Film 8. Crossword Delivery Word Game (%) 1.30 Film 10.45 Game Bowls (%) 1.30 Film 10.45 Mancures 1.30 Film 11.30 Movie 2.30 Film 10.30 Movie 1.30 Film 10.30 Movie 1.30 Film 10.30 Movie 1.30 Film 10.30 Movie 2.30 Film<	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 a 45 Coffee Club (G) a 45 Coffee Club (G) a 5 Corfee Club (G) a 5 Correct Club (G)	Hellost!	10.45 Horse Racing Word Game (G) 1.30 Film 1.30 Scenic Bus Trip 2.15 Craft & Games (BWing)	& Crossword Delivery 10.45 Balloon Tennis (G) 1.30 Film 2.30 Concert:	10.45 Carpet Bowls (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Board Games	10.45 Manicures & Word Games (G) 1.30 Film 2.30 Trivia (1st) 2.30 1:1 Room Visits	11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)	The Piano (G) 1.30 Movie 2.30 Happy Hour & Word
10.30 Music Therapy (BWing) 10.45 Darts (G) 1.30 Movie/Documentary 2.30 Board Games (1st)10.45 Carpet Bowls (G) 1.30 Kovie Time 1.30 Kovie Time 3.00 Holy Communion10.45 Carpet Bowls (G) 1.30 Kovie Keff 1.30 Scenic Bus Trip 2.30 Ten Pin Bowling (1st)10.45 Carpet Bowls (G) 1.30 Kovie 2.30 Time 2.30 Time 2.30 Ten Pin Bowling (1st)11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 2.30 Time 2.30 Time 2.30 Time 2.30 Ten Pin Bowling (1st)11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 2.30 Time 2.30 Time 2.30 Time 2.30 Ten Pin Bowling (1st)11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 2.30 Time 2.30 Time 2.30 Time 2.30 Ten Pin Bowling (1st)11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 2.30 Time 1.30 Kovie 2.30 Ten Pin Bowling (1st)11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 2.30 Time 1.30 Kovie 2.30 Ten Pin Bowling (1st)11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 1.30 Kovie11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 1.30 Kovie11.00 Book Club Reading (G) 1.30 Kovie 2.30 Time 1.30 Kovie11.00 Book Club Reading (G) 1.0.40 Kovie 2.30 Time 2.30 Time 2.30 Time 2.30 Reminiscing & Trivia (1st)11.00 Fim 2.30 Time 2.30 Reminiscing & Trivia (1st)11.00 Book Club Reading (G) 1.0.40 Kovie 2.30 Hone (C)11.00 Book Club Reading (G) 1.0.40 Kovie11.00 Book Club Reading (G) 1.0.40 Kovie 2.30 Happy Hour & Word 2.30 Concert: 3.30 Kovie11.00 Book Club Reading (G) 1.0.40 Kovie Imme 2.30 Concert: 2.30 Concert: 3.30 Kovie Imme 1.30 Kovie Imme 2.30 Co	7	8	9	10	11	12	1
9.45 Coffee Club (G) 9.45 Armchair Travel to India Morning Tea & Quiz 10.30 Koring Faa & Quiz 10.30 Chair Dancing (G) 10.30 Movement to Music (G) 10.30 Morning Stretches (G) 10.30 Songs Around 1.30 Movie/Documentary 1.30 Sepic Bus Trip 1.30 Film 1.30 Socie Causes (BW) 1.30 Film 1.30 Socie Causes (Brus Trip 2.30 Lens (G) 1.30 Movie	10.30 Music Therapy (BWing) 10.45 Darts (G) 1.30 Movie/Documentary	10.45 Movement to Music & Karaoke (G) 1.30 Movie Time 1.30 Scenic Bus Trip	10.45 Carpet Bowls (G) 1.30 Film 2.30 Concert: Keff	10.45 Manicures, Music & Dance (G) 1.30 Film 1.30 Scenic Brus Trip	10.45 Carpet Bowls 1.30 Film 2.30 Trivia (1st)	11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)	The Piano (G) 1.30 Movie 2.30 Happy Hour & Word
10.45Music Therapy (G) Morning Tea & Quiz 1.015 Singalong (BW) 10.45 Carpet Bowls (G) 1.30 Film 10.30 Morning Stretches (G) 10.30 Morvie 1.30 Kovie/Documentary 2.15 Criaft & Games (BW/ing) 10.45 Word Games (G) 1.30 Film 1.30 Film 1.30 Morvie	14	15	16	17	18	19	2
9.45 Coffee Club (G) 10.30 Music Therapy (BWing) 1.30 Forcert: Ross Hamilton9.45 Coffee Club (G) 10.45 Dats (G) 1.30 Film 2.30 Eonic Bus Trip 2.30 Concert: Ross Hamilton10.15 Trivia Quiz (G) 10.45 Balloon Tennis (G) 1.30 Film 2.30 BINGO! (1st)10.15 Trivia Quiz (G) 10.45 Balloon Tennis (G) 1.30 Film 2.30 BINGO! (1st)10.30 Movement to Music (G) 1.30 Film 2.30 BINGO! (1st)10.315 Trivia Quiz (G) 1.30 Film 2.30 BINGO! (1st)10.30 Movement to Music (G) 1.30 Film 2.30 BINGO! (1st)10.30 Stretches 10.45 Balloon Tennis (G) 1.30 Film 2.30 BINGO! (1st)10.30 Movement to Music (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)10.30 Stretches 10.45 Dats (G) 1.30 Film 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)10.30 Movement to Music (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)10.30 Movement to Music (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)10.30 Movement to Music (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)10.30 Chair Dancing (G) 1.30 Film 1.30 Scenic Brus Trip 	10.45Music Therapy (G) 1.30 Movie/Documentary 2.15 Knitting & Wool Craft (G) 2.30 Men's Club (1st)	Morning Tea & Quiz 1.30 Film 1.30 Scenic Bus Trip 2.15 Craft & Games (BWing)	10.45 Word Games (G) 1.30 Film 2.30 Concert:	10.45 Carpet Bowls (G) 1.30 Film 1.30 Scenic Brus Trip	10.45 Manicures & Music /Dance Videos G) 1.30 Film 2.15 Love In Action (G)	11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)	The Piano (G) 1.30 Movie 2.30 Happy Hour & Word
9.45 Coffee Club (G) 10.30 Music Therapy (BWing) 1.30 Movie/Documentary 2.30 Concert: Ross Hamilton9.45 Coffee Club (G) 1.45 Darts (G) 1.30 Movie/Incertain 2.15 Let's Bake ! (BW)10.15 Trivia Quiz (G) 1.45 Dallon Tennis (G) 1.30 Film 2.30 BINGO! (1st)10.15 Trivia Quiz (G) 1.45 Carpet Bowls (G) 1.30 Film 2.30 Concert: 2.30 Concert: Ross Hamilton10.45 Corpet Somer & Manicures (G) 1.30 Film 2.30 Concert: 2.30 BINGO! (1st)10.15 Trivia Quiz (G) 1.45 Carpet Bowls (G) 1.30 Film 2.30 Scenic Brus Trip 2.30 Word Games (1st)10.45 Poet's Corner & Manicures (G) 1.30 Film 2.30 Dalfodils Art & Craft (1st)11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)The Piano (G) 1.30 Movie 2.30 Happy Hour & Word Games (1st)0.45 Coffee Club (G) 9.45 Coffee Club (G) 10.30 Music Therapy (BWing) 1.30 Movie Time 1.30 Movie Time 1.30 Movie Time 1.30 Scenic Bus Trip 2.15 Let's Darks (G) 1.30 Movie Time 1.30 Movie Time 1.30 Movie Time 1.30 Scenic Bus Trip 2.30 Craft & Games (BWing)10.15 Reminiscing (G) 10.45 Carpet Bowls (G) 1.045 Carpet Bowls (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Craft & Games (BWing)10.15 Reminiscing (G) 1.045 Carpet Bowls (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)10.45 Darks (G) 1.30 Film 1.30 Coenic Brus Trip 	21	22	23	24	25	26	2
9.45 Coffee Club (G) 10.30 Music Therapy (BWing) 10.45 Darts (G) 1.30 Movie/Documentary 2.15 Knitting & Wool Craft (G)	10.30 Music Therapy (BWing) 10.45 Indoor Bocce (G) 1.30 Movie/Documentary 2.30 Concert:	10.45 Darts (G) 1.30 Movie Time 1.30 Scenic Bus Trip	10.45 Balloon Tennis (G) 1.30 Film	10.45 Carpet Bowls (G) 1.30 Film 1.30 Scenic Brus Trip	10.45 Poet's Corner & Manicures (G) 1.30 Film 2.30 Daffodils Art & Craft (1st)	11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)	The Piano (G) 1.30 Movie 2.30 Happy Hour & Word Game & Monthly Birthday
10.30 Music Therapy (BWing) 10.45 Darts (G) 1.30 Movie Time 1.30 Movie Time 2.15 Knitting & Wool Craft (G)11am Resident Meeting (G) 1.0.15 Reminiscing (G) 1.0.45 Carpet Bowls (G) 1.30 Film 2.30 BINGO! (1st)10.45 Balloon Tennis (G) 1.30 Film 2.30 Word Games (1st)10.45 Balloon Tennis (G) 1.30 Film 2.30 Word Games (1st)CIRCUMSTANCES SOME ACTIVITIES MAY E SUBJECT TO 2.30 Word Games (1st)	28	29	30	31	VILLA.		
Hatchling Chickens Arrive! Hatchling Chickens Hatchling Chickens Hatchling Chickens	10.30 Music Therapy (BWing) 10.45 Darts (G) 1.30 Movie/Documentary 2.15 Knitting & Wool Craft (G) 2.30 Men's Club ((1st)	11am Resident Meeting (G) 1.30 Movie Time 1.30 Scenic Bus Trip 2.30 Craft & Games (BWing) *Decorating for Father's Day	10.45 Carpet Bowls (G) 1.30 Film 2.30 BINGO! (1st)	10.45 Balloon Tennis (G) 1.30 Film 1.30 Scenic Brus Trip 2.30 Word Games (1st)	CREETING CONTRACTOR		CIRCUMSTANCES SOME ACTIVITIES MAY BI SUBJECT TO CANCELLATION OR