

# JULY 2023 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</b></p>		<p><b>COUNTRY OF THE MONTH IS FRANCE</b></p> 	<p><b>NAIDOC WEEK FROM 2-9 JULY. SEE ACTIVITY CALENDAR FOR DIFFERENT ACTIVITY.</b></p>		<p>1</p> <p>10:30 Balloon Tennis</p>  <p>11:00 Bingo</p> <p>14:00 Movie Afternoon</p>	<p>2</p> <p>10:30 Tenpin Bowling</p>  <p>11:00 Coffee Social in Café</p> <p>14:00 Movie Afternoon</p>
<p>3</p> <p>10:30 Morning Exercises</p> <p>11:00 Food Meeting</p>  <p>14:00 NAIDOC WEEK FLAG DECOARTING.</p> <p>15:00 One on One</p>	<p>4</p> <p>10:30 Non-denominational Church service in Chapel</p> <p>14:00 Meditation session in Movie room for interested residents singalong for others in activity room.</p> <p>15:00 One on One</p>	<p>5</p> <p>10:30 Anglican Church service in Chapel for Anglican residents bingo for others in Banksia activity room.</p> <p>14:00 Indigenous Australian Dot Paintings.</p> <p>15:00 One on One</p>	<p>6</p> <p>10:30 Morning Exercises</p> <p>11:00 Garden walk/social</p> <p>14:00 Australian Indigenous Quiz /Wordsearch</p> <p>15:00 One on One</p>	<p>7</p> <p>10:30 Morning Exercises</p> <p>11:00 bingo</p> <p>14:00 Happy Hour</p>  <p>15:00 One on One</p>	<p>8</p> <p>10:30 Bean Bag Toss</p>  <p>11:00 Pamper session</p>  <p>14:00 Musical afternoon</p>	<p>9</p> <p>10:30 Balloon Tennis</p>  <p>11:00 Bingo</p>  <p>14:00 Movie afternoon</p>
<p>10</p> <p>10:30 Morning Exercises</p> <p>11:00 Whiteboard Games</p> <p>14:00 Senior Right Service session for Level 2</p> <p>14:00 Meditation for banksia</p> <p>15:00 One on One</p>	<p>11</p> <p>10:30 Drum Therapy with Louis in multi-function room.</p> <p>14:00 Senior Rights Service Session for Level 2</p> <p>14:00 Pamper session for Banksia</p> <p>15:00 One on One</p>	<p>12</p> <p>10:30 Morning Exercises</p> <p>11:00 Colouring/Painting</p> <p>14:00 Making France Buntings</p>  <p>15:00 One on One</p>	<p>13</p> <p>10:30 Morning Exercises</p> <p>11:00 Garden Walk/social</p> <p>14:00 Card Games</p>  <p>15:00 One on One</p>	<p>14</p> <p>11:00 Catholic Mass for catholic residents and bingo for other residents.</p> <p>14:00 Bastille Day celebration Special Happy Hour</p> <p>15:00 One on One</p>	<p>15</p> <p>10:30 Morning Exercises</p> <p>11:00 Coffee Social in Café</p>  <p>14:00 Movie Afternoon</p>	<p>16</p> <p>10:30 Tenpin Bowling</p>  <p>11:00 Bingo</p>  <p>14:00 Musical afternoon</p>
<p>17</p> <p>10:30 Morning Exercises</p> <p>11:00 Whiteboard Games</p>  <p>14:00 Armchair Travel to France</p> <p>15:00 One on One</p>	<p>18</p> <p>10:30 Morning Exercises</p> <p>11:00 Knitting group for interested residents and bingo for others.</p> <p>14:00 Pamper session</p> <p>15:00 One on One</p>	<p>19</p> <p>10:30 Chair Yoga</p> <p>11:00 Assorted Table Games</p> <p>14:00 Christmas Craft</p>  <p>15:00 One on One</p>	<p>20</p> <p>10:30 Morning Exercises</p> <p>11:00 Garden walk/social depends on Weather condition.</p> <p>14:00 Meditation session.</p> <p>15:00 One on One</p>	<p>21</p> <p>10:30 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Happy Hour</p>  <p>15:00 One on One</p>	<p>22</p> <p>10:30 Balloon Tennis</p> <p>11:00 Coffee Social in Café</p>  <p>14:00 Movie Afternoon</p>	<p>23</p> <p>10:30 Bean Bag Toss</p>  <p>11:00 Bingo</p>  <p>14:00 Movie Afternoon</p>
<p>24</p> <p>10:30 Christmas in July celebration/entertainment followed by Christmas Lunch.</p>  <p>14:00 Dominoes</p>	<p>25</p> <p>10:30 Morning Exercises</p> <p>11:00 Colouring/Painting</p> <p>14:00 Pamper session</p> <p>15:00 One on One</p>	<p>26</p> <p>10:30 Chair Yoga</p> <p>11:00 Bingo</p>  <p>14:00 Meditation Session</p> <p>15:00 One on One</p>	<p>27</p> <p>10:30 Morning Exercises</p> <p>11:00 Coffee Social In Café and Knitting group for interested residents.</p> <p>14:00 Trivia/Word Search</p> <p>15:00 One on One</p>	<p>28</p> <p>11:00 Catholic Rosary for catholic residents and bingo for others residents.</p> <p>14:00 Happy Hour</p>  <p>15:00 One on One</p>	<p>29</p> <p>10:30 Morning Exercises</p> <p>11:00 Whiteboard Games</p>  <p>14:00 Your Choice of Music on You Tube</p>	<p>30</p> <p>10:30 Balloon Tennis</p> <p>11:00 Bingo</p>  <p>14:00 Movie afternoon.</p>