



Greetings from the DON

3 months has flown by since my commencement at MVH.

The team is working hard to remediate our non-compliance issues and the positive and safe culture within the House now is a testament to the level of dedication shown by staff.

Our residents are being cared for by an exceptional group of people and I am proud to call them my team.

Winter in the Macleay is the best time of year and our residents are enjoying regular outings to some of our favourite coastal spots.

We have welcomed some new team members from near and far and MVH is well on the way to being a House of clinical excellence.

We have been blessed recently to have several families ask to hold casket funeral services and wakes in our beautiful MVH chapel which we have gratefully and humbly agreed to. The ability to partake in the celebration of the life our residents is truly amazing.

MVH exhibitors at the recent local Kempsey show earned us the title of 'most successful exhibitor – aged care' with blue ribbons and sashes filling the foyer and a lovely shiny trophy for their efforts.

The next quarter of 2023 will be a time of building and supporting our team to continue providing exceptional care to our beloved residents.

Welcome to our new Staff:



A very big welcome to Jennifer Flynn who is our new Deputy Director of Nursing and Joanne Pierce who is our new Clinical Assistant to the Director of Nursing. We are very excited to have Jennifer and Jo who come to us with a wealth of experience which will benefit the care of all at Macleay Valley House.



Jo Pierce

Activity Highlights

Billabong Zoo Visit

We had a wonderful visit from the Billabong Zoo in April. The two animal handlers, Blake and Emily, brought with them some snakes, lizards, birds and a crocodile for the residents to enjoy. Blake gave a very interesting talk about each animal before Emily walked about the resident group giving everyone the opportunity to pat the animals and pose for photos too. Everyone had a very interesting and exciting time.



Troppo Bob Visits Macleay Valley House

The 14th April saw another long awaited visitor come to Macleay Valley House. Troppo Bob, a magician, came along to entertain us at Happy Hour. He was hilarious and clever with some interesting magical tricks.



Biggest Morning Tea

On the 10th May we held our annual Biggest Morning Tea Fundraiser for the Cancer Council. We had a wonderful high tea and Mega Raffle, guessing competition and some lovely entertainment too. We raised a whopping \$673.10 for the Cancer Council which we are very proud of.





Multicultural Day

The 24th May saw our Multicultural Day celebrations. What a fun day that was. Staff were invited to dress up in their cultural dress and bring in cultural dishes to share. The kitchen prepared a cultural feast too. The morning activities included a wonderful talk and display about the Philippines and a talk about Serbia too. We did a “flags of the world” and multicultural quizzes which were very educational, as well as talking about diversity and what it means to us. After lunch we had a Monster Multicultural Music afternoon visiting 20 countries through music and dance, featuring countries of origin for staff and residents who live and work in Macleay Valley House



What's new?

Fun Parlour Games

During the last month we have introduced some fun parlour games put together by the staff. We have our own version of “air hockey”, “balance balls” and a real favourite, the great “egg transfer race”. The level of competition is high and everyone has a great time.



Celebrations

ANZAC Day

ANAZC Day was celebrated on Friday 21st April in our Chapel with our service conducted by the President of Kempsey Macleay RSL Sub-branch Allan Wardrope. Several residents read prayers during the service and Barbara laid a wreath on behalf of residents and staff.

On ANZAC Day staff and residents attended our local March and Service at the Frederickton Memorial which was a lovely morning. Thankfully the rain abated long enough for us not to need our umbrellas.



Resident's contribution

I came to Macleay Valley House last November from Canberra via Sydney. My daughter chose Macleay Valley House as she said it is the best in the state and has a wonderful reputation and I have found this to be one hundred percent true. I



love to keep busy and at Macleay Valley House there is so much to do. There is always someone to talk to and plenty of activities to fill my day. I enjoy Bingo but prefer dominoes as I can usually get a win. I really enjoy Happy Hour, theme days, sport activities and the café but best of all I enjoy the bus trips. The bus trips give me an opportunity to see our beautiful local area and learn about my local community. My daughter has settled in this area too and I do not believe there is anything equal to what we have here at Macleay Valley House.

Don Smithson (Resident)