## JUNE 2023 ACTIVITY CALENDAR - MACLEAY VALLEY

Tuesdav Wednesdav Thursdav **Fridav** S Mondav 2 9.30 - Coffee in the Café 9.30 - Coffee in the Café 10.20 Bingo 10.30 Bus outing - luncheon 10.15 - Seated Fitness Fun Independent 10.30 Craft in Craft Room 10.45 - Carpet Bowls Newspaper R 11.00 - Church Karoke Snooker 2.00 Happy Hour 1.30 Movie in Cinema 3.15 - Library Trolley Visits 1.00 - Afterno 5 6 8 9.30 - Coffee in the Café 9.30 - Coffee in the Ca 9.30 Coffee in Cafe 9.00 Walking Group 10.20 Bingo Hairdresser & Beautician 9.30 Coffee and Kiosk in Café 10.15 - Bus Outing - luncheon 10.15 - Seated Fitness Fun Independent 10.45 Bingo 10.30 Catholic Church 10.30 Carpet Bowls 10.45 - Chess Club in library Newspaper R 2.00 Quizzes 11.00 - Church Karoke 9.30 - Coffee in the Café 10.30 Table Games Snooker 10.00 Seated Fitness Fun 1.30 Resident Meeting 1.30 Movie in Cinema 2.00 Happy Hour 3.15 - Library Trolley Visits 10.00 Craft Group QUIZ 2.30 Music and Milkshakes 1.00 - Afterno 2.00 Armchair Travel ്ത 15 16 12 13 14 Hairdresser & Beautician 9:30 Coffee in Cafe 9.00 Walking Group 9.30 - Coffee in the Café 9.30 - Coffee in the Café 10.20 Bingo 10.30 Chair Hockey 9.30 Coffee and Kiosk in Café 10.15 - Bus Outing - luncheon 10.15 - Seated Fitness Fun Independent 11.15 Falls Prevention Exercises 10.30 - Table Games 9.30 - Coffee in the Café 10.30 - Carpet bowls 10.45 - Story Circle Newspaper R 10.00 Seated Fitness Fun 2.00 Quizzes 11.00 - Church Karoke Snooker 10.00 Craft Group 2.00 Drumming Circle 1.30 Movie in Cinema 2.00 Happy Hour QUIZ 3.15 - Library Trolley Visits 1.00 - Afterno TIME 21 22 23 Hairdresser & Beau... 9.30 Coffee in Cafe 9.00 Walking Group 9.30 - Coffee in the Café 9.30 - Coffee in the Café 10.20 Bingo 10.15 - Seated Fitness Fun 10.30 Bingo 9.30 Coffee and Kiosk in Café 10.15 - Scenic Bus Outing Independent 9.30 - Coffee in the Café 11.15 Falls prevention exercises 10.30 - Table Games 10.30 Carpet Bowls 10.45 - Chess Club in the library Newspaper R 10.00 Seated Fitness Fun 2.00 Quizzes 11.00 - Church Karoke Snooker 10.00 Craft Group 2.00 Resident Birthday Party 1.15 - Scenic Outing with Ice-cream 2.00 Happy Hour 2.00 - Armchair Travel 3.15 - Library Trolley Visits 1.00 - Afterno BIRTHONY 28 30 26 27 29 Hairdresser & Beautician 9:30 Coffee in Cafe 9.00 Walking Group 9.30 - Coffee in the Café 9.30 - Coffee in the Café In House 10.30 Nerf Shooting Gallery 9.30 Coffee and Kiosk in Café 10.30 Bus outing - luncheon 10.15 - Seated Fitness Fun Channel 700 9.30 - Coffee in the Café 11.15 Falls Prevention Exercises 10.30 Craft in Craft Room 10.45 - Carpet Bowls 10.30 - Table Games 10.00 Seated Fitness Fun 2.00 Quizzes 11.00 - Church Karoke 10.30 - 1:1 Support Visits 10.00 Craft Group 2.00 Drumming Circle 2.00 Happy Hour 1.30 Movie in Cinema 2.00 - Bingo 3.15 - Library Trolley Visits

THOMPSON HEALTH CARE



aturday	Sunday
Activities Reading	4 9.00 - Church Karaoke 10.20 Table Games Independent Activities 1.00 - Afternoon Movie
10 Activities Reading	11 9.00 - Church Karaoke 10.20 Table Games Independent Activities 1.00 - Afternoon Movie
17	18
Activities Reading	9.00 - Church Karaoke 10.20 Table Games Independent Activities
24 Activities Reading	25 9.00 Church Karaoke 10.20 Table Games Independent Activities
ون معنی معنی معنی معنی معنی معنی معنی معن	1.00 Afternoon Movie
e TV each day 0, 701, 702, 703	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE