





# MAY 2023 ACTIVITY CALENDAR - MACLEAY VALLEY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> Hairdresser & Beautician 9.30 - Coffee in the Café 10.00 Craft Group 2.00 Bingo 	<b>2</b> 9.30 Coffee in Cafe 10.00 Seated Fitness Fun 10.45 Carpet Bowls 2.00 Quizzes 	<b>3</b> 9.00 Walking Group 9.30 Coffee and Kiosk in Café 10.30 - Table Games 10.30 - 1:1 Support Visits <b>1.30 Resident Meeting</b> Music and Milkshakes 	<b>4</b> 9.30 - Coffee in the Café 10.30 Bus outing - luncheon 10.30 Craft in Craft Room 11.15 Falls Prevention 1.30 Movie in Cinema 3.15 - Library Trolley Visits 	<b>5</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Where were you when?? 11.00 - Church Karoke 2.00 Happy Hour 	<b>6</b> 10.20 Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie 	<b>7</b> 9.00 - Church Karaoke 10.20 Table Games Independent Activities 1.00 - Afternoon Movie 
<b>8</b> Hairdresser & Beautician 9.30 - Coffee in the Café 10.00 Craft Group 2.00 Armchair Travel 	<b>9</b> 9.30 Coffee in Cafe 10.00 Seated Fitness Fun 10.45 Bingo 2.00 Quizzes 	<b>10</b> 9.00 Walking Group 9.30 Coffee and Kiosk in Café <b>BIGGEST MORNING TEA</b> 2.00 Drumming Circle 	<b>11</b> 9.30 - Coffee in the Café 10.15 - Bus Outing - luncheon 10.30 Carpet Bowls 11.15 Falls Prevention 1.30 Movie in Cinema 3.15 - Library Trolley Visits 	<b>12</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Chess Club in library 11.00 - Church Karoke 2.00 Happy Hour 	<b>13</b> 10.20 Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie 	<b>14</b> 9.00 - Church Karaoke 10.20 Table Games Independent Activities 1.00 - Afternoon Movie 
<b>15</b> Hairdresser & Beautician 9.30 - Coffee in the Café 10.00 Craft Group 2.00 - Bingo One:one support visits	<b>16</b> 9:30 Coffee in Cafe 10.00 Seated Fitness Fun 10.45 Chair Hockey 3.15 - Quizzes 	<b>17</b> 9.00 Walking Group 9.30 Coffee and Kiosk in Café 10.30 - Table Games 2.00 - Music and Milkshakes 	<b>18</b> 9.30 - Coffee in the Café 10.15 - Bus Outing - luncheon 10.30 - Carpet bowls 11.15 Falls Prevention 1.30 Movie in Cinema 3.15 - Library Trolley Visits 	<b>19</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Story Circle 11.00 - Church Karoke 2.00 Happy Hour 	<b>20</b> 10.20 Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie 	<b>21</b> 9.00 - Church Karaoke 10.20 Table Games Independent Activities 1.00 - Afternoon Movie 
<b>22</b> Hairdresser & Beautician 9.30 - Coffee in the Café 10.00 Craft Group 2.00 - Armchair Travel One:one support visits	<b>23</b> 9.30 Coffee in Cafe 10.00 Seated Fitness Fun 10.45 Bingo 2.00 Quizzes 	<b>24</b> 9.00 Walking Group 9.30 Coffee and Kiosk in Café 10.30 - Table Games <b>MULTICULTURAL DAY</b> 2.00 - Drumming circle 	<b>25</b> 9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.30 Carpet Bowls 11.15 Falls Prevention 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits 	<b>26</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Chess Club in the library 11.00 - Church Karoke 2.00 Happy Hour 	<b>27</b> 10.20 Bingo Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie 	<b>28</b> 9.00 Church Karaoke 10.20 Table Games Independent Activities 11.15 Anglican Church Service 1.00 Afternoon Movie 
<b>29</b> Hairdresser & Beautician 9.30 - Coffee in the Café 10.00 Craft Group 2.00 - Bingo One:one support visits 	<b>30</b> 9:30 Coffee in Cafe 10.00 Seated Fitness Fun 10.45 Nerf Shooting Gallery Fun 2.00 Quizzes 	<b>31</b> 9.00 Walking Group 9.30 Coffee and Kiosk in Café 10.30 - Table Games 10.30 - 1:1 Support Visits <b>2.00 Resident Birthday Party</b> 			<b>In House TV each day</b> Channel 700, 701, 702, 703 	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE