

Greetings from the DON and DDON

The weather has started to change, and winter is on its way, with very chilly mornings and gusty winds.

We are so lucky living in the Highlands and experiencing the beautiful and distinct four seasons.

We have recently experienced another outbreak of Covid within the facility and we would like to again thank the residents and families for their patience and support throughout. The staff at Bowral House have done an amazing job meeting the increased care needs during this time and we thank them for their ongoing commitment and dedication to the residents.

Visiting Bowral House continues within the Covid risk framework, and we thank all our families and friends for their ongoing support of our program.

Just a gentle reminder to please stay away from Bowral House if you feel unwell or have any flu symptoms and Covid test immediately.

Our residents continue to enjoy and participate in many of our wonderful activities, as you can see by the great photographs, we are so lucky to have a fabulously creative and energetic recreation team organizing fun activities for our residents.

We were lucky enough to have a special morning celebrating our staff who have worked 5 years or more with Bowral House. We had a ceremony with residents, which they all enjoyed thoroughly.

Special mention to Melissa, Ellen and Julie who have been loyal employees of Thompson Health Care for more than 20 years. It was lovely to celebrate with staff and residents.

Just a reminder, if you have any queries or wish to discuss anything with Collette or Jo please feel free to give us a call or see us when you visit Bowral House.

Collette and Joanne
DON and DDON Bowral House

Activity Highlights

ANZAC Day Service

Residents commemorated ANZAC Day with a ceremony led by the President of Mittagong RSL



Awards Ceremony for staff and residents

In recognition of 5 or more years of service or residency with Thompson Healthcare, staff received a badge presented by Doug Thompson and residents were awarded a certificate.



Celebrations

St Patrick's Day



Easter



Resident's contribution

Residents entered their art and craft in the local Moss Vale show. We recognised their achievement at an afternoon gathering with prizes and congratulations.



Residents were able to browse and buy at the in-house gift shop.



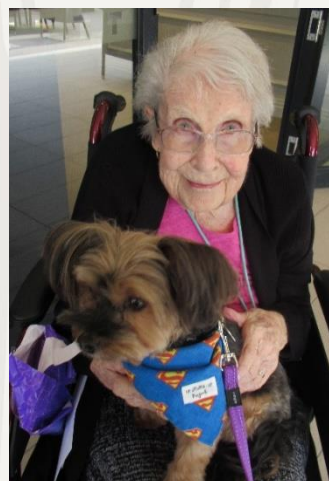
ENTERTAINMENT



A wonderful afternoon of entertainment included piano playing and poetry recitals.



Special Moments



Super dog Ewan McGregor continues to bring happiness to residents each week.



Residents are enjoying a return to all their favourite activities.