

Greetings from the DON

Hello everyone!

In order to entertain, keep our residents active, and keep warm during winter, we have provided them with many different activities to keep busy and warm.

We are pleased to present you with our newsletter, which summarizes what we have been doing these last three months.

In terms of Covid restrictions, there has been a lot of ease. The majority of residents were protected from serious symptoms by both COVID-19 and Flu vaccinations, as well as antiviral medications available. We have dedicated our time and efforts to keep our residents informed, safe and happy, along with their family and friends.

Warm Regards

Sonu Poudel

Activity Highlights:



Residents making ANZAC poppies

Our residents enjoy going on bus trips. We go to a lot of different places around Penrith and Blacktown and Mt Annan. When the weather warms up we will be going on BBQ's. When we are on the bus trips, we get to see a lot, the duck pond is one of the resident's favourite places especially when the duck chases one the Rao members.

Bus trips are on Tuesday afternoon and Thursday morning, we have a wheelchair roster, so no one misses out.



Duck pond



Bus trip to Nurragingy Reserve.



Residents enjoyed going to Neapen river

Celebrations:

We had a great time celebrating Mary's Snape 103rd Birthday with her family and fellow residents.

Mary was born in Greenwich England; her first job was in a tea shop when she was 14. Mary is quite the celebrity in Italy. There is a photo of Mary in her land army uniform in WWII at about 22 years old immortalised in a street art painting in Altamura, Italy.



Mary is a beloved resident here at Boronia house, you will see Mary and hear her walking around singing "It's a lovely day today"

Mary's secret to long life is eating banana's, drinking tea and milk, using nivea cream.



Guest of honour Mary



Special guest Nora



Mary's beautiful family

Resident's contribution:

There is an old saying, treat your children well and remember they decide what nursing home you go into.

Well, we must have done something right because we ended up at Boronia House.



Keith and Jennifer White

Easter Highlights:

We enjoyed making easter hats and easter arts and craft and having an easter hat pride. We had Brian come and put on an Easter concert for us, which everyone loved.



Easter hats



1st place Easter hat and Easter craft



Easter concert

Activity Highlights:

Playing games provides an important source of relaxation, socialization and mental stimulation. It helps with coordination and dexterity and cooperation.



Our residents enjoy playing bean bag toss

Doing arts and craft can experience increased creativity. It is beneficial for them to practice their creativity to keep their brains healthy and active.



Wattle residents doing arts and craft

Mother's Day highlights:

We had a lovely afternoon high tea with our beautiful mother's, we enjoyed cakes and tea, and a raffle, it was a great afternoon had by all.



Raffle prizes



Our lovely ladies with raffle prize

Meet me: Welcome to staff section



Rochelle is a member of the Rao team.

On her time off, Rochelle enjoys making jewellery and personal gifts and she is a Disney devotee. She started working for Boronia House as a AIN before joining the Rao team.

"Before joining Boronia House, I was very shy, now I have come out of my shell, and I love to sing for our residents. Boronia House is a second home to me, and I will be here for as long as you will have me"

Upcoming Events:

King's birthday

Celebration 14/6/2023

Bank holiday 7/7/2023

Bastille day 14/7/2023

Naidoc week 2/7/2023

Daffodil day 25/8/2023