

Greetings from the DON and DDON

Easter is coming up and we can expect an abundance of chocolate and the residents are very excited about this proposition. It is hard to believe that we are into autumn in 2022, how quickly summer, Christmas and New Year have passed. As we look back over January, February and most of March our memories will be predominantly about rain, rain and more rain. However, the rain has enhanced our beautiful outlook at the rear of the building looking over the full and stunning lake filled with ducks and baby ducklings and onto the empty rain soaked golf course.

It continues to be challenging times for our residents and families as we continue to navigate Covid restrictions, updates and changes. We are managing to keep our residents safe from Covid despite some staff exposure to Covid in the community and some staff testing positive. We still have staff furloughs from work due to household exposures to Covid. This does create challenges with rosters but we are managing to maintain appropriate staffing levels, once again thanks to our committed staff.

We have slowly, over time, reduced our check in processes for visitors and have recently stopped taking temperatures and now we only require negative RAT tests and visitors must declare they are compliant with the wellness declaration by signing in to our facility. We continue to offer booked visits, skype, FaceTime and telephone calls for our residents with their families and loved ones to help them maintain their connection.

We would like to take this opportunity to thank all of our residents, families and friends of Bowral House for their ongoing support

Wishing everyone a Happy Easter.

*Collette and Joanne
DON and DDON Bowral House*

Activity Highlights

Floral arranging course

This group run by a local florist was a big hit with residents. On completion they received a certificate and glass of bubbly and displayed their arrangements in their rooms



Music

Residents have enjoyed concerts with Tom the harpist and Stan has sung at the monthly birthday parties.

Welcome back Volunteers

Ewan McGregor and Maryanne are in demand.



Resident Meetings



Meetings are held bi monthly and provide an opportunity to hear reports from management and staff and voice opinions or questions.

Celebrations

Congratulations to Ivy who celebrated her 104th birthday in February.



Who's new?

We would like to introduce and welcome new Recreation team member Robert, who has a naturally caring, positive and entertaining personality. Robert is looking forward to contributing to the activities programme at Bowral House and working with all residents.



Resident's contribution

"Harryoke"

Harry has taken on the job of running karaoke for residents by connecting his tablet to the main tv in the lounge

Special Moments



Sabina practicing at the piano.

Residents are enjoying the Bowral weather making use of the courtyards and verandas.

