THOMPSON HEALTH CARE		MARCH 2023	ACTIVITY CALE	NDAR - ORAN F	PARK HOUSE	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE	Country of the Month is Greek	1 10:30 Morning Exercises 11:00 Garden Social 14:00 Trivia afternoon 15:00 One on One	2 10:30 Morning Exercises 11:00 Whiteboard Word Games 14:00 Dominoes 15:00 One on One		4 10:30 Coffee Social In Café 2014:00 Movie afternoon	10:30 Balloon Tennis 11:00 Bingo 14:00 Andrea Rieu music.
	7 10:30 Non-denominational Chruch Service with Robyn. 14:00 Pamper session 15:00 One on One	8 10:30 Morning Exercises 11:00 Bingo 14:00 Coffee social In Café 15:00 One on One	9 11:00 Entertainment with Murray Entertainment with Murray 14:00 Making Greek Buntings 15:00 One on One	11:00 Catholic Rosary 10 14:00 Dominoes	11 10:30 Garden social with Music and Popsicle 14:00 Movie afternoon	12 10:30 Tenpin Bowling 11:00 Bingo 14:00 Movie afternoon.
13 10:30 Morning Exercises 11:00 Singalong followed BY BBQ LUNCH. 14:00 Dominoes 15:00 One on One	14 10:30 Morning Exercises 11:00 Craft- making Shamrock 14:00 Pamper session 15:00 One on One	15 10:30 Morning Exercises 11:00 Bingo 14:00 Cooking 15:00 One on One	16 10:30 Morning Exercises 11:00 Whiteboard Word Games 14:00 Colouring/Painting 15:00 One on One	17 10:30 C2bme Group Session 14:00 St.Patricks Day Special Afternoon tea.	10:30 Bean Bag toss 11:00 Bingo 14:00 Movie afternoon	19 10:30 Garden social with Music 14:00 Your Choice of Music on Youtube
20 10:30 Morning Exercises 11:00 Whiteboard Word Games 14:00 Trivia(Greek)	21 10:30 Morning Exercises 11:00 Bingo 14:00 Pamper session	22 10:30 Morning Exercies 11:00 Flower Arranging 14:00 Armchair Travel to Greek	23 10:30 Balloon Tennis 11:00 Garden Social 14:00 Dominoes	11:00 Catholic Mass 24 14:00 Happy Hour	25 10:30 Tenpin Bowling 11:00 Bingo	26 10:30 Ice Cream Social In Garden View 14:00 Singalong in Activity Room
15:00 One on One 27 10:30 Morning Exercises 11:00 Dog Therapy 11:00 Dog Therapy 14:00 Card Games	15:00 One on One 28 10:30 Bean Bag Toss 11:00 Dominoes 11:00 Dominoes 14:00 Pamper session	15:00 One on One 29 11:00 Entertainment with Roger 11:00 Birthday of the Month Celebration In Café	15:00 One on One 30 10:30 Morning Exercises 11:00 Bingo 14:00 Group Discussion	15:00 One on One 27 10:30 C2bme Group session for social/emotional support 14:00 Happy Hour	14:00 Movie afternoon 28 10:30 Coffee Social In Café 28 14:00 Your Choice of Music on Youtube	10:30 Balloon Tennis 11:00 Bingo 14:00 Movie afternoon
15:00 One on One	15:00 One on One		15:00 One on One	15:00 One on One		Contraction of the second