

JANUARY 2023 ACTIVITY CALENDAR - HILLVIEW HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>30</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Battle of the Brains</p>	<p>31</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm BINGO</p>	<p>Frankie the little dachshund</p> 		<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>		<p>1</p> <p>Happy New Year</p> <p>Resident Self-directed Activities</p>
<p>New Years Day Public Holiday</p>  <p>2</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm BINGO</p>	<p>3</p> <p>10:30am MOVEMENT & MUSIC Exercises + Indoor Games Activities for Mind & Body</p> <p>2:00pm Cafe Social Joking Around</p>	<p>4</p> <p>Frank the dachshund visits</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Nail Care & Hand Pamper</p>	<p>5</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Art & Craft</p>	<p>6</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Happy Hour</p>	<p>7</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Cafe Social & Reminiscing</p>	<p>8</p> <p>11:30am Songs of Praise 1:30pm Movie Time</p> 
<p>9</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm BINGO</p>	<p>10</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Art & Craft</p>	<p>11</p> <p>10:30am MOVEMENT & MUSIC</p> <p>1:30pm Music Hour SING-ALONG with Lonny on the piano</p>	<p>12</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm BINGO</p>	<p>13</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Happy Hour</p>	<p>14</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Cafe Social</p>	<p>15</p> <p>11:30am Songs of Praise 1:30pm Movie Time</p> 
<p>16</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Armchair Travel</p>	<p>17</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm BINGO</p>	<p>18</p> <p>Frank the dachshund visits</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Nail Care & Hand Pamper</p>	<p>19</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Music Hour</p>	<p>20</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Happy Hour</p>	<p>21</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Cafe Social & Reminiscing</p>	<p>22</p>  <p>Happy Lunar New Year</p> <p>11:30am Songs of Praise 1:30pm Movie Time</p>
<p>23</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Battle of the Brains</p>	<p>24</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm BINGO</p>	<p>25</p> <p>10:30am MOVEMENT & MUSIC Drum Music Therapy</p> <p>2:00pm RESIDENT & RELATIVE MEETING</p>	<p>Happy Australia Day</p>  <p>26</p> <p>11:00am Aussie Games 2:00pm Aussie Sing-along</p>	<p>27</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Happy Hour & January Birthday Celebration</p>	<p>28</p> <p>10:30am MOVEMENT & MUSIC</p> <p>2:00pm Cafe Social</p>	<p>29</p> <p>11:30am Songs of Praise 1:30pm Movie Time</p> 