

MACLEAY VALLEY HOUSE Luxury Aged Care Living



Welcome to Macleay Valley House

With Over 50 Years of Excellence in Aged Care, the Directors, Management and staff at Thompson Health Care invite you to discover luxury in Aged Care Living.

Macleay Valley House is situated on the beautiful mid-north coast of NSW, central to many towns and centres of the district. Residents enjoy uninterrupted, picturesque views overlooking the Macleay Valley, all from the comfort of the expansive covered verandah, dining and lounge areas. Offering luxurious, interior designed accommodation with 164 high care, permanent and respite places with 24 hour Registered Nursing Care. Enjoy the spacious, beautifully appointed single and double suites, each with its own private ensuite, large, oversized windows allowing natural light with views of the Macleay Valley countryside, courtyards and surrounding gardens.

Our team of dedicated, professional staff are passionate about providing the highest standard of personal care and service within a happy, safe and nurturing environment. We recognise individuality, personal interest and encourage independence.

Individual care plans are carefully devised and all residents have a choice of their own Doctor and onsite access to allied health professionals, including dental, physiotherapy, podiatry, optometry, massage and aromatherapy.



"Residents don't live in our facilities, we work in their homes"

63

Doug Thompson



DINING EXPERIENCE

Meals are prepared by our in-house professional chef using fresh, seasonal produce and served in one of our many dining rooms or as room service.

Residents are offered a choice of meals at breakfast, lunch and dinner to ensure all tastes are catered for. Our seasonal menu is dietitianapproved.



GARDENS AND COURTYARDS

Professionally landscaped designed gardens and courtyards provide plenty of outdoor space where residents can either sit and relax quietly in the sun or share an afternoon tea with friends.



LIFESTYLE AND ENGAGEMENT

Our 7 Day Program is designed with our residents to maintain their health and wellness through a diverse range of activities. From exercise programs, including outdoor walks and games to high tea and happy hour, live entertainment, book club, art classes, relaxation and meditation, bus outings, plus more.

Additional features are our arts and craft room, in house cinema, hair and beauty salon, chapel and library, all amongst stunning modern interiors.

Residents can join as many activities as they wish or enjoy the privacy of their own suite.



CAFÉ

Our popular in-house cafe provides a place for residents and visitors to gather and socialise in the company of new friends.



Contact Macleay Valley House

80-114 Macleay St Frederickton NSW 2440 (02) 6561 0900 macleayvh@thc.net.au

Thompson Health Care Homes

Abbey House

300 Range Road Mittagong NSW 2575 (02) 4871 1085

Bowral House

87-89 Kangaloon Road Bowral NSW 2576 (02) 4862 8900

Avalon House

14 John Street Avalon NSW 2107 (02) 9973 0900

Beecroft House

134 Beecroft Road Beecroft NSW 2119 (02) 9876 3471

Boronia House

183 Boronia Rd St Marys (North) NSW 2760 (02) 9833 5600

45 Hillview St

Hillview House

Woy Woy NSW 2256 (02) 4315 3100

Macleay Valley House

80-114 Macleay Street Frederickton NSW 2440 (02) 6561 0900

Milford House

2-4 Milford Street Randwick NSW 2031 (02) 9398 3659

Mona Vale House

33 Bassett Street (East) Mona Vale NSW 2103 (02) 9910 7900

Oran Park House

1 Thompson Rd, Cnr Dick Johnson Drive Oran Park NSW 2570 (02) 4705 2100

Terrey Hills Nursing Home

42 Booralie Road Terrey Hills NSW 2084 (02) 9450 1719

Turramurra House

34 Curagul Road Turramurra NSW 2074 (02) 9144 2444

Wahroonga House

31 Pacific Highway Wahroonga NSW 2076 (02) 9847 2400

Macleay Valley Village 100 Macleay St Frederickton NSW 2440

(02) 6561 0999

Tarragal House

107 Karalta Rd Erina NSW 2250 (02) 4365 5066



Head Office

Suite 20 Level 4, 924 Pacific Highway Gordon NSW 2072 (02) 8467 9333 reception@thc.net.au www.thompsonhealthcare.com.au Thompson Health Care Homes currently under construction at:

- St lves
- Cheltenham
- Hornsby