





































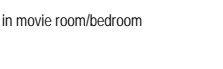
















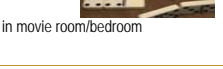




















OCTOBER 2022 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 10:00 Morning Stretches and Exercises 11:00 Group Discussion about Germany  14:00 Dominoes  15:00 One on One	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE	Country of the Month is Germany 			1 10:00 Balloon exercises/games  11:00 Coffee Social In Cafe (international Coffee Day)  14:00 Movie time in movie room/bedroom 	2 10:00 Balloon exercises/games  11:00 Bingo  14:00 Movie time in movie room/bedroom 
3 10:00 Morning Stretches and Exercises  11:00 Dog Therapy  14:00 Craft-making germany buntlings  15:00 One on one	4 10:00 Morning Stretches and Exercises  11:00 Food Committee Meeting  14:00 Pamper session  15:00 One on One Visit	5 10:00 Morning Stretches and Exercises  11:00 Tenpin Bowling  14:00 Bingo  15:00 One on One Visit	6 10:00 Exercise with Physio 11:00 Dominoes  14:00 Coffee Social  15:00 One on One	7 10:00 Morning Stretches and Exercises 10:30 Special morning tea(World Smile Day)  14:00 Live Entertainment with Helen 15:00 One on One	8 10:00 Balloon Tennis  11:00 Bingo  14:00 Movie time in movie room/bedroom 	9 10:00 Balloon Tennis  11:00 Coffee Social In the Café  11:00 Movie time in movie room/bedroom 
10 10:00 Morning Stretches and Exercises  11:00 Senior Rights Service session 14:00 Armchair Travel to Germany 15:00 One on One	11 10:00 Morning Stretches and Exercises  11:00 Bingo  14:00 Pamper session  15:00 One on One	12 10:00 Morning Stretches and Exercises  11:00 Dominoes  12:00 Oktoberfest Special Lunch 14:00 Germany quizzes/Trivia/word search 15:00 One on One	13 10:00 Exercise with Physio 11:00 Craft- making fascinator hats for melbourne cup day  14:00 Card Games  15:00 One on One	14 10:00 Musical Exercises  11:00 Flower Arranging 14:00 Oktoberfest Special Happy Hour 15:00 One on One	15 10:00 Balloon tennis  11:00 Bingo  14:00 Movie time in movie room/bedroom 	16 10:00 Balloon tennis  11:00 Coffee Social in the Café  14:00 Movie time in movie room/bedroom 
17 10:00 Morning Stretches and Exercises  11:00 Dog Therapy  14:00 Whiteboard Word Games  15:00 One on One	18 10:00 Morning Stretches and Exercises  11:00 Bingo  14:00 Rhythm Music Therapy with Charlie 15:00 One on One	19 10:00 Morning Stretches and Exercises  11:00 Ice Cream Social In the Garden  14:00 Adult Colouring/Painting  15:00 One on One	20 10:00 Exercise with Physio 11:00 Craft- making fascinator hats for melbourne cup day  14:00 Coffee Social in the Café  15:00 One on One	21 10:00 Musical Exercises  11:00 Quizzes/Trivia 14:00 Happy Hour with Music 15:00 One on One	22 10:00 Balloon Tennis  11:00 Dominoes  14:00 Movie time in movie room/bedroom 	23 10:00 Balloon Tennis  11:00 Bingo  14:00 Movie time in movie room/bedroom 
24 10:00 Morning Stretches and Exercises  11:00 Dog Therapy  14:00 Ice Cream Social In the Garden 15:00 One on One	25 10:00 Morning Stretches and Exercises  11:00 Craft- making Pom Pom  14:00 Pamper session 15:00 One on One	26 10:00 Morning Stretches and Exercises  11:00 Card Games  14:00 Coffee Social in the Café 15:00 One on One	27 10:00 Exercise with Physio 11:00 Bingo  14:00 Birthday Entertainment with Murray 15:00 One on One	28 10:00 Musical Exercises  11:00 Flower Arranging 14:00 Grandparents Day Special High tea. 15:00 One on One	29 10:00 Balloon Tennis  11:00 Bingo  14:00 Movie time in the movie room/bedroom 	30 10:00 Balloon Tennis  11:00 Coffee Social in the Café  14:00 Movie time in movie room/bedroom 