

NOVEMBER 2022 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p>10:00 Morning Exercises</p> <p>11:00 Singalong </p> <p>14:00 Melbourne Cup Day Show with happy hour </p> <p>15:00 One on One</p>	<p>10:00 Morning Exercises</p> <p>11:00 Food Committee Meeting</p> <p>14:00 Garden Social </p> <p>15:00 One on One</p>	<p>10:00 Exercise with Physio</p> <p>11:00 Bingo </p> <p>14:00 Coffee Social </p> <p>15:00 One on One</p>	<p>10:00 Morning Exercises</p> <p>11:00 Dominoes</p> <p>14:00 Information session about Careplan</p> <p>15:00 One on One</p>	<p>10:00 Balloon Tennis </p> <p>11:00 Bingo</p> <p>14:00 Movie time </p>	<p>10:00 Tenpin Bowling </p> <p>11:00 Card Games</p> <p>14:00 Movie Time</p>
<p>7</p> <p>10:00 Morning Exercises</p> <p>11:00 Dog Therapy </p> <p>14:00 Making Australia Buntings Cultural activity.</p> <p>15:00 One on One</p>	<p>8</p> <p>Christmas decorations bringing the Christmas Vibes </p>	<p>9</p> <p>10:00 Morning Exercises</p> <p>11:00 Bingo </p> <p>14:00 Cooking for afternoon tea</p> <p>15:00 One on One</p>	<p>10</p> <p>10:00 Exercise with Physio</p> <p>11:00 Entertainment with Roger </p> <p>14:00 Making Christmas Card</p> <p>15:00 One on One</p>	<p>11</p> <p>10:00 Morning Exercises</p> <p>11:00 Catholic Mass </p> <p>14:00 Remembrance Day</p> <p>15:00 One on One</p>	<p>12</p> <p>10:00 Tenpin Bowling </p> <p>11:00 Garden Social </p> <p>15:00 Movie time</p>	<p>13</p> <p>10:00 Balloon Tennis </p> <p>11:00 Bingo </p> <p>15:00 Movie time</p>
<p>14</p> <p>10:00 Morning Exercises</p> <p>11:00 Whiteboard Word Games</p> <p>14:00 Armchair Travel to Australia </p> <p>15:00 One on One</p>	<p>15</p> <p>10:00 Morning Exercises</p> <p>11:00 Resident Meeting</p> <p>14:00 Pamper session </p> <p>15:00 One on One</p>	<p>16</p> <p>10:00 Morning Exercises</p> <p>11:00 Floor Target Mat</p> <p>14:00 Jigsaw Puzzle </p> <p>15:00 One on One</p>	<p>17</p> <p>10:00 Exercise with Physio</p> <p>11:00 Christmas Craft</p> <p>14:00 Bingo </p> <p>15:00 One on One</p>	<p>18</p> <p>10:00 Morning Exercises</p> <p>11:00 Flower Arranging</p> <p>14:00 Happy Hour </p> <p>15:00 One on One</p>	<p>19</p> <p>10:00 Balloon Tennis</p> <p>11:00 Dominoes </p> <p>14:00 Movie time </p>	<p>20</p> <p>10:00 Tenpin Bowling</p> <p>11:00 Bingo</p> <p>14:00 Movie time </p>
<p>21</p> <p>10:00 Morning Exercises</p> <p>11:00 Dog Therapy </p> <p>14:00 quizzes/ Trivia </p> <p>15:00 One on One</p>	<p>22</p> <p>10:00 Morning Exercises</p> <p>11:00 Colouring Painting </p> <p>14:00 Pamper session </p> <p>15:00 One on One</p>	<p>23</p> <p>10:00 Morning Exercises</p> <p>11:00 Barbeque Day</p> <p>14:00 Card Games </p> <p>15:00 One on One</p>	<p>24</p> <p>10:00 Exercise with Physio</p> <p>11:00 Bingo</p> <p>14:00 Christmas Craft </p> <p>15:00 One on One</p>	<p>25</p> <p>10:00 Morning Exercises</p> <p>11:00 Catholic Rosary </p> <p>14:00 Happy Hour </p> <p>15:00 One on One</p>	<p>26</p> <p>10:00 Quoits Games </p> <p>11:00 Coffee Social </p> <p>14:00 Movie time</p>	<p>27</p> <p>10:00 Balloon Tennis</p> <p>11:00 Bingo </p> <p>14:00 Movie time</p>
<p>28</p> <p>10:00 Morning Exercises</p> <p>11:00 Dominoes </p> <p>14:00 Movie Time </p> <p>15:00 One on One</p>	<p>29</p> <p>10:00 Morning Exercises</p> <p>11:00 Bingo</p> <p>14:00 Pamper session </p> <p>15:00 One on One</p>	<p>30</p> <p>10:00 Morning Exercises</p> <p>11:00 Birthday Entertainment</p> <p>14:00 Birthday Celebration in Café </p> <p>15:00 One on One</p>	<p>Country of the Month is Australia</p> 			