



AUGUST 2022 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 10:00 Balloon Tennis 11:00 Trivia 14:00 Bingo 15:00 Social Room Visit	2 10:00 Morning Exercises 11:00 Ice cream Social in garden 14:00 Pamper session 15:00 Social room visit	3 10:00 Chair Yoga 1100 Garden Walks 1400 Meeting with Headchef to discuss about food. 1500 Social Room Visit	4 10:00 Balloon Tennis 11:00 Card Games 14:00 Coffee Social in our Dairy Cafe 15:00 Social Room Visit	5 10:00 Morning Exercises 11:00 Dominoes Game 14:00 Happy Hour with Music 15:00 Social Room Visit	6 11:00 Balloon Tennis 14:00 Singalong	7 11:00 Chair Yoga 14:00 Movie Time
8 10:00 Morning Exercises 11:00 Flower Arranging 14:00 Cooking afternoon tea 15:00 Social Room Visit	9 10:00 Balloon Tennis 11:00 Bingo 14:00 Pamper session 15:00 Social Room Visit	10 10:00 Chair Yoga 11:00 Garden Walks 14:00 Singalong 15:00 Social Room Visit	11 10:00 Musical Exercises 11:00 ArmChair Travel to USA 14:00 Entertainment with Murray 15:00 Social Room Visit	12 10:00 Balloon Tennis 11:00 Catholic Mass 1400: Happy Hour with Music 15:00 Social Room Visit	13 11:00 Morning Exercises 14:00 Movie Time	14 11:00 Ball Games 14:00 Relaxing music and Hand massage
15 10:00 Balloon Tennis 11:00 Whiteboard Word Games 14:00 Card Games 15:00 Social Room Visit	16 10:00 Chair Yoga 11:00 Coffee Social In Our Dairy Café 14:00 Pamper session 15:00 Social Room Visit	17 10:00 Morning Exercises 11:00 Garden Walks 14:00 Movie Time 15:00 Social Room Visit	18 10:00 Balloon Tennis 11:00 Bingo 14:00 Craft- making USA flags and Banners 15:00 Social Room Visit	19 10:00 Morning Exercises 11:00 Knowing Fun and Facts about USA 14:00 Happy Hour with Music 15:00 Social Room Visit	20 11:00 Ball Games 14:00 Singalong	21 11:00 Musical Exercises 14:00 Movie Time
22 10:00 Balloon Tennis 11:00 Card Games 14:00 Relaxing Music and hand massage 15:00 Social Room Visit	23 10:00 Morning Exercises 11:00 Dominoes Game 14:00 Pamper session 15:00 Social Room Visit	24 10:00 Musical Exercises 11:00 Singalong 14:00 Whiteboard Games 15:00 Social Room Visit	25 10:00 Balloon Tennis 11:00 Bingo 14:00 Cooking afternoon tea 15:00 Social Room Visit	26 10:00 Morning Exercises 11:00 Catholic Rosary 14:00 Happy Hour 15:00 Social Room Visit	27 11:00 Musical Exercises 14:00 Movie Time	28 11:00 Ball Games 14:00 Singalong
29 10:00 Balloon Tennis 11:00 Flower Arranging 14:00 Quizes/ Trivia 15:00 Social Room Visit	30 10:00 Morning Exercises 11:00 Ice Cream Social in our Garden 14:00 Pamper session 15:00 Social Room Visit	31 10:00 Musical Exercises 11:00 Bingo 14:00 Entertainment Birthday of the Month 15:00 Social Room Visit		This Month Our Country of the Month is USA We will learn about their culture food, and interesting facts. we will do some craft activity like making country flags and banners.		DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE