

# JUNE 2025 ACTIVITY CALENDAR - ORAN PARK HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Italian National Day</b> 2</p> <p>10:30 Morning Exercise 11:00 Food Focus Meeting <i>Level 2 Residents. (Residents from other units are welcome to join)</i> 14:00 Bingo 15:00 One on One Visit</p>	<p>3</p> <p>10:30 Sensory Garden Visit and Café Socials 14:00 Pamper &amp; Nail Care 15:00 One on One Visit</p>	<p>4</p> <p>10:30 Bus Trip (Boronia) 10:30 Morning Exercise 11:00 Floor/Board Games 14:00 Arts &amp; Crafts 15:00 One on One Visit</p>	<p>5</p> <p>10:30 Bus Trip 10:30 Morning Exercise 10:30 Pet Therapy (Level 2) 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p>	<p>6</p> <p>D-Day (Battle of Normandy) 10:30 Morning Exercise 11:00 Balloon Tennis 14:00 Happy Hour</p>	<p>7</p> <p>10:30 Exercise (Blue Gum) 10:30 Bingo (Banksia, Boronia) 13:30 Bingo (Blue Gum) 14:00 Bingo (Wattle, Waratah)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>8</p> <p>10:30 Sensory Garden Visit and Café Socials (Banksia, Waratah, Blue Gum) 13:30 Sensory Garden Visit and Café Socials (Wattle, Boronia Unit)</p>
<p><b>King's Birthday</b> 9 <b>PUBLIC HOLIDAY</b></p> <p>10:30 Bingo (Banksia, Boronia, Blue Gum) 14:00 Bingo (Wattle, Waratah)</p> <p>Self-directed activities like colouring, table games, films, and music are available in the activity room.</p>	<p>10</p> <p>10:30 Non-Denominational Service &amp; Morning Melodies with Robyn <i>Venue: Level 1 Multifunction Room</i> 14:00 Ice Cream Trolley 15:00 One on One Visit</p>	<p>11</p> <p>10:30 Bus Trip (Blue Gum) 10:30 Morning Exercise 11:00 Floor/Board Games 14:00 Arts &amp; Crafts 15:00 One on One Visit</p>	<p>Philippines Independence Day 12</p> <p>10:30 Bus Trip 10:30 Morning Exercise 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p>	<p>13</p> <p>10:30 Morning Exercise 11:00 Catholic Mass <i>Venue: Level 1 Multifunction Room</i> 14:00 Happy Hour</p>	<p>14</p> <p>10:30 Exercise (Blue Gum) 10:30 Bingo (Banksia, Boronia) 13:30 Bingo (Blue Gum) 14:00 Bingo (Wattle, Waratah)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>15</p> <p>10:30 Floor Games Quoits or Ten Pin Bowling (Banksia, Waratah, Blue Gum) 13:30 Floor Games Quoits or Ten Pin Bowling (Wattle, Boronia Unit)</p>
<p>16</p> <p>10:30 Morning Exercise 11:00 Quiz &amp; Trivia 14:00 Bingo 15:00 One on One Visit</p>	<p>17</p> <p>10:30 Entertainment / Concert with Grace Losurdo <i>Venue: Level 1 Multifunction Room</i> 14:00 Pamper &amp; Nail Care 15:00 One on One Visit</p>	<p>18</p> <p>10:30 Bus Trip (Banksia) 10:30 Morning Exercise 11:00 Floor/Board Games 14:00 Arts &amp; Crafts 15:00 One on One Visit</p>	<p>19</p> <p>10:30 Bus Trip (Wattle) 10:30 Morning Exercise 10:30 Pet Therapy (L 1 &amp; 3) 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p>	<p>20</p> <p>10:30 Morning Exercise 11:00 Balloon Tennis 14:00 Happy Hour</p>	<p>World Music Day 21</p> <p>10:30 Exercise (Blue Gum) 10:30 Bingo (Banksia, Boronia) 13:30 Bingo (Blue Gum) 14:00 Bingo (Wattle, Waratah)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>22</p> <p>10:30 Sensory Garden Visit and Café Socials (Banksia, Waratah, Blue Gum) 13:30 Sensory Garden Visit and Café Socials (Wattle, Boronia Unit)</p>
<p>23</p> <p>10:30 Armchair Travel to England 12:00 ENGLAND LUNCH SPECIAL <i>Country of the Month Celebration</i> 14:00 Bingo 15:00 One on One Visit</p>	<p>24</p> <p>10:30 Entertainment / Concert with David Mason-Cox <i>Venue: Level 1 Multifunction Room</i> 14:00 Cooking Club <i>Venue: Banksia Dining Area</i> 15:00 One on One Visit</p>	<p>25</p> <p>10:30 Bus Trip (Waratah) 10:30 Morning Exercise 11:00 Floor/Board Games 14:00 Arts &amp; Crafts 15:00 One on One Visit</p>	<p>26</p> <p>10:30 Bus Trip 10:30 Morning Exercise 11:00 Whiteboard Game 14:00 Bingo 15:00 One on One Visit</p>	<p>27</p> <p>10:30 Morning Exercise 11:00 Catholic Communion <i>Venue: Level 1 Multifunction Room</i> 14:00 Happy Hour Birthday of the Month Theme</p>	<p>28</p> <p>10:30 Exercise (Blue Gum) 10:30 Bingo (Banksia, Boronia) 13:30 Bingo (Blue Gum) 14:00 Bingo (Wattle, Waratah)</p> <p>While RAO is in other units, self-directed activities like colouring, table games, films, and music are available in the activity room. Please feel free to explore these activities or request assistance from the nursing staff if you need help accessing materials or technology.</p>	<p>29</p> <p>10:30 Floor Games Quoits or Ten Pin Bowling (Banksia, Waratah, Blue Gum) 13:30 Floor Games Quoits or Ten Pin Bowling (Wattle, Boronia Unit)</p>
<p>30</p> <p>10:30 Morning Exercise 11:00 Quiz &amp; Trivia 14:00 Bingo 15:00 One on One Visit</p>	<p><b>PLEASE NOTE THAT DUE TO UNFORESEEN CIRCUMSTANCES, SOME ACTIVITIES MAY BE CHANGED OR CANCELLED. WE APPRECIATE YOUR UNDERSTANDING.</b></p>	 <p>NATIONAL RECONCILIATION WEEK 2025 <b>Bridging Now to Next</b> 27 MAY - 3 JUNE #NRW2025 RECONCILIATION.ORG.AU</p>	 <p><b>D-DAY</b> 1944-2025 81<sup>st</sup> ANNIVERSARY</p>		<p><b>Safety Measures to Prevent Winter Health Hazards</b></p> <ul style="list-style-type: none"> <li>Dress appropriately</li> <li>Stay hydrated</li> <li>Take rest</li> <li>Eat a balanced diet</li> <li>Exercise regularly</li> <li>Keep the house warm</li> <li>Take medications on time</li> </ul>	<p><b>COUNTRY OF THE MONTH ENGLAND</b></p> 