

Greetings from the DON



We opened our doors welcoming the first residents on June 30, 2022. Over the last three years our Hillview family has grown, and now 158 residents call Hillview House home.

I would like to extend a warm welcome to all new

staff members, residents and their families.

My team and I continue to work with you to ensure that our facility is a safe, supportive and caring environment for our residents.

If you have any questions, concerns, or feedback please do not hesitate to reach out to me or any member of our team.

Jennifer Bennett
Director of Nursing.

Wellbeing Social Support Highlights

You may have noticed that our Recreational Activities Officers have been given a new title – PCW (Personal Care Worker) Social Support. The ‘Activities Program’ also has a new name – Wellbeing Social Support Program. The title reflects the broad range of support services/activities that the team facilitates, as they engage with residents in both individual and group meetings. When planning and delivering care, the team take a holistic approach – aiming to maintain/improve physical, emotional, and social wellbeing .

Always Was, Always Will Be...

In May, resident John Oates presented the documentary ‘Always Was, Always Will Be’, sharing his knowledge of Aboriginal history and culture. He was joined by friend and former colleague, Geoff Eager to follow up on the documentary with an informative and hands-on presentation about Aboriginal plant uses and medicines.



Pictured: Geoff (left) and John with tools from Geoff's collection.

Easter Art & Craft...

Busy hands and a little imagination turned paint, paper and glue and into delightful Easter creations.



School Visits...

As part of our intergenerational program, pupils from St John the Baptist Primary School are regular visitors to Hillview House. Residents were delighted to see the pupils in their Easter Hat creations!



Men's Group...

The gentlemen enjoyed a BBQ lunch hosted by Umina Beach Men's Shed.



Music, Music, Music...

Music is an important part of our Wellbeing Social Support program.

In the morning, music is the backdrop to WOW (Work Out for Winter) exercise program, and Movement & Music (chair exercises and indoor games).

Residents have the opportunity to attend a variety of musical events, including concerts and sing-alongs.

Our visiting entertainers include The 'Anything Goes' Band (pictured below, performing a special St Patrick's Day show), The Gals Tap Dancing Ensemble (the ladies looking fabulous in purple), Drumbala (connecting people with fun and rhythm with Djembe drumming), The Companion Choir (a seniors community choir led by pianist Lonny) and The Joy Project Choir.



What's Cookin' ...

Elsie (pictured at right With Social Support Officer Zoe), and Eric and Valerie (below) having some fun in the kitchen during one of our cooking activities.



What's new?

More viewing choice...

Residents are now able to access the 10 Play App on their televisions.

We have also introduced the 'Afternoon Movies'. A different documentary or movie is broadcast on TV channel 616 – Hillview 1, daily from 1:30pm. Please see the program guide published weekly on the back of the Wellbeing Social Support Program and displayed in the noticeboards on each floor.

Communication is on the cards...

During May we hosted visits with Craig Browne from CCS Corporation. Craig introduced residents to 'picture talkies', a collection of cards specially designed to facilitate and encourage communication. The sessions prompted some interesting and, at times imaginative, ideas and conversations.



Pictured: Craig with residents at the 'picture talkies' sessions.

Celebrations

Love is in the air...

Congratulations to Mr and Mrs Brian and Pamela Read! The couple celebrated their 70th wedding anniversary in February.





In June Gwen celebrated turning 100 years young! Before she went out to lunch, to party with family and friends, we snapped this photo. Best wishes Gwen!



Hillview House played host to another big, big birthday in July. Congratulations to John on celebrating the milestone 100 years!

International Nurses Day...

May 12 was International Nurses Day. We took the opportunity to say thank you to the clinical team, and all the staff working across other roles, for the wonderful care they provide to our residents.

Pictured, below bottom right: Doreen (unaccustomed as she is to public speaking!) said a few words of thanks to staff from the residents.

Thank you to the catering team for preparing a delicious afternoon tea



Special Moments

It was a 'thumbs up' from Nola, Kay and Natalie when they completed this jigsaw puzzle... We're still on the lookout for that one missing piece!



Paws for a moment...

Hillview House celebrity Frank, the dachshund, has a way of bringing smiles to residents, visitors, and staff alike. And it doesn't matter if you have two feet, or four paws, Frank is always ready with a 'Hello, glad to see you!'.

Picture: Robin enjoys a cuddle with Frank.



Upcoming events

August 1: Happy Hour/Birthday Party
 August 6: Resident & Relative's Meeting
 August 7: Aged Care Employee Day
 August 14: Information Afternoon Tea - Seniors Right's Services guest speaker
 August 22: 'Getting to Know You' event – Teej Festival

September 7: Father's Day
 September 11: R U OK? Day Afternoon Tea
 October 11: Happy Hour – Oktoberfest theme
 November 4: Melbourne Cup
 November 11: Remembrance Day

Notices

Resident & Relative Meetings are held the first Level 2 at 1:30pm.

If for any reason meeting times change, relative's will be notified by email and notices posted on each level of the facility.

Labelling of residents clothing:

Please leave clothes and personal items at reception during normal office hours (9am-5pm). Items will be labelled and returned to the residents' room by the next day if possible.

Church Services:

Please see the monthly/weekly activities calendars for days/times of services. Catholic Holy Communion visits are made on Wednesday mornings – thank you to the volunteers for providing this service.

We thank local ministers
 Rev. David Gilchrist (Ettalong Baptist Church),
 Rev. Jacqui Smith (Peninsula Anglican Parish)
 and Father Timothy (St John the Baptist Catholic Church)
 for visiting Hillview House and leading services for our residents.