

### Greetings from the DON



Thank you all for welcoming me to Hillview House. It has been a very busy first few months and I'm pleased to report our first Accreditation was held successfully in early May. Thank you to my team – I am looking forward to continuing our work together in making Hillview House the best Aged Care Home in the Central Coast.

If you have any questions, concerns, or feedback please do not hesitate to reach out to me or any member of our team. I look forward to working with all of you to ensure that our facility continues to be a safe, supportive and caring environment for our residents.

Jennifer Bennett  
Director of Nursing.

### Activity Highlights

#### *School Visits*

Residents and students are enjoying each other's company Friday afternoons as part of our intergenerational program with St John the Baptist Catholic Primary School.

We host a visit from a different class each time and are always impressed by how the children engage with the residents. The students always bring something interesting, maybe a poster, a story to read or a wonderful magic trick!

Thank you to principal Nicole Davies and the teachers of St John the Baptist for making the visits possible.



*Residents visiting with students from St John the Baptist Catholic Primary School.*



#### *Drumbala: Connecting People with Rhythm!*

Thank you to Katy and Warren from Drumbala for introducing residents to the techniques of playing a djembe (African hand drum) and the fundamentals of drumming. The visit was a special feature of our Movement & Music program. We all had such a great time we have invited Katy and Warren back for more drumming fun in June!

#### *Residents having fun with a drum!*





### Celebrations

#### *Concert and St Patrick's Day Celebrations*

With shamrocks adorning the wall - it was all things Irish at Hillview House as we celebrated St Patrick's Day on March 17.

In the morning residents enjoyed a concert by the Senior Community Choir, accompanied by our lovely pianist Lonny. Later in the day residents were treated to Irish coffees and joined in the "Top o' the Mornin'" Irish sing-along during Happy Hour.



*The Senior Community Choir entertained residents with a fabulous concert on St Patrick's Day.*

#### *Anzac Day Commemorative Service*

Residents, visitors, and staff marked the 108<sup>th</sup> anniversary of the Gallipoli landings in 1915, as well as commemorating all Australian and allied service personnel who have served and died in military operations, in a moving service held in the Chapel. The address was given by resident Mr Weir, who spoke of his first-hand experiences of World War II.



*Resident Mr Weir gave the Anzac Day service address.*

#### *Margaret celebrates her 100th Birthday!*

It was an afternoon of music, fun and laughter as Margaret Donnellan celebrated her 100<sup>th</sup> birthday. Kicking off with a sing-along of old-time favourites, our pianist Lonny led family, residents, and staff in "Happy Birthday", followed by the cutting of the cake.



*Our darling Peg with her son and daughter, and staff from Hillview House celebrating her 100<sup>th</sup> birthday.*

#### *Mother's Day Morning Tea*

Residents and visitors enjoyed a special Mother's Day Morning Tea. Pretty tablecloths, bone China teacups and fresh flowers were the perfect backdrop to the delicious treats prepared by our wonderful catering team.





### Special Moments



*On a recent bus outing residents took a few moments to enjoy a cuppa and the beautiful Central Coast scenery.*



*New friends and beautiful blooms... Visiting residents and RAO's from Tarragal House join in the flower arranging with our resident Lynne.*

A big thank you to Woolworths, Umina Beach who have been donating flowers to Hillview House. Residents have been enjoying flower arranging activities and the beautiful blooms look lovely on display around our home.

### Upcoming events

- 12<sup>th</sup> June: King's Birthday High Tea
- 2<sup>nd</sup> July: NAIDOC Week
- 22<sup>nd</sup> July: *Nearly Vintage* Concert
- 14<sup>th</sup> July: Bastille Day
- 31<sup>st</sup> August: Daffodil Day

### Notices

- We remind you that the Resident & Relative Meetings are held the first Wednesday of the

month. Our next meeting is scheduled for 7<sup>th</sup> June, 2:00pm in the theatre room on Level 2.

- Labelling of residents clothing: Clothes and personal items such as lap blankets, can be left at reception during normal office hours (9:00am to 5:00pm). We will see that the items are labelled and returned to the residents' room by the next day.