

THOMPSON HEALTH CARE

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To Our Residents and Relatives

This is in continuation of our update letter dated August 13th 2020. The last 20 updates have been all about the pandemic. We wanted the 21^{st} update to be more positive and reflective.

I wish to take this opportunity to discuss the lifestyle activities that we continue to do during this time of change and Covid-19.

While maintaining current visitor protocols, we would like to assure everyone that our resident's lifestyle remains a primary focus and social connections are of the upmost importance to us. Ensuring all residents are living the best life they can will always be our priority.

Our RAO teams are working very diligently helping residents feel connected and actively engaged as they continue to facilitate Skype and FaceTime calls as well as running the extra activities within the home. The resident feedback has been very encouraging and positive about the lifestyle activities.

To ensure continued resident engagement and excellence in this area Sonia Korthout, our Consumer Relationship Manager, will now also be co-ordinating lifestyle and resident wellbeing from a corporate level. Sonia will be working closely with our homes and RAO's as they continue to deliver a range of activities that meets individual and group interests to promote healthy ageing.

We have had significant events and celebrations during the last few months such as Easter, Anzac Day and Mother's Day. These have understandably been made more challenging due to the pandemic. Each home has made sure these significant events have been celebrated and residents were made to feel special.

I would encourage you to visit the Thompson Health Care website for each home to view some of the photographs from these events in our resident's lives: <u>www.thompsonhealthcare.com.au</u>

As always, we welcome and encourage any feedback you have about our Activities Program.

Please contact Sonia or myself if you would like any further clarification.

Kind regards

Mak Bhide

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