

Dear Families and friends

I would like to extend a warm welcome to all our new residents and families. Our entire team is committed to providing professional, compassionate care, with your loved one health and happiness as our top priority

This newsletter shows you some wonderful photos of your loved ones enjoying our recreational programme. Our recreational officers have introduced a variety of new programs, many inspired by resident suggestions. These include several small group activities like, knitting group, Scrabble, art therapy, new herb and vegetable garden

There have been several local outbreaks of covid and the flu in the last few weeks. We continue to encourage you to do a RAT test before visiting. If

you feel unwell or experience flu like symptoms, we kindly ask you to stay away,

We have an open-door policy, please feel free to provide your feedback or suggestions via phone, email, by completing a feedback form or in person. Feedback helps bring in new ideas and drives change

Please join me in welcoming our new DDON Sherry, Sherry comes with a wealth of clinical experience in age care she will be a wonderful asset for Turramurra House

Kind regards

Fiona Flood

DONATED QUILTS
APPRECIATIVELY EMBRACED BY
OUR RESIDENTS, STITCHED
WITH CARE SO OUR RESIDENTS
ARE WRAPPED IN WARMTH
AND LOVE



PLASTER FUN HOUSE PAINTING,
A CHANCE TO SLOW DOWN,
CONNECT AND LET YUR
IMAGINATION RUN WILD, NO
EXPERIENCE NECESSARY



St PATRICK'S DAY, COMING
TOGETHER TO CELEBRATE A
SHARING OF TRADITIONS,
LAUGHTER AND A SENSE OF
BELONGING

MAY YOUR TROUBLES BE LESS,
YOUR BLESSINGS BE MORE AND
NOTHING BUT HAPPINESS WALK
THROUGH YOUR DOOR



IRISH DANCING FROM A LOCAL DANCE SCHOOL TO CELEBRATE ST PATRICK'S DAY WHICH OFFERED A CONNECTION WITH COMMUNITY, PRIDE AND CULTURE AS MANY OF OUR RESIDENTS HAVE IRISH HERITAGE



RESIDENT BBQ, MORE THAN JUST A MEAL, THIS BBQ WAS A CHANCE TO REMINISCE, RELAX AND ENJOY BEING PART OF THE TURRAMURRA HOUSE COMMUNITY.



THIS EASTER, TURRAMURRA HOUSE WAS FILLED WITH LAUGHTER, SMILES AND A TOUCH OF MAGIC AS THE EASTER BUNNY PAID A MEMORABLE VISIT TO OUR BELOVED RESIDENTS





EVENTS LIKE THESE HIGHLIGHT
THE IMPORTANCE AND IMPACT
OF SHARED EXPERIENCES AS
THE JOY WAS PALPABLE AND
CHERISHED MEMORIES WERE
MADE



WE HOPE YOU ALL HAD A
JOYFUL EASTER SEASON
FILLED WITH LOVE,
LAUGHTER AND CHERISHED
MOMENTS



FRIENDS FROM THE LOCAL COMMUNITY, FRIENDS FROM THE LOCAL PARISH, FRIENDS OF TURRAMURRA HOUSE WANTING TO SHARE THE GIFTS OF EASTER: HOPE, GOODWILL, CARING AND SHARING



AT A RESIDENT LED
SOCIALISATION, RESIDENTS
SPONTANEOUSLY BURST INTO
SONG AND REMINISCED ABOUT
THE GOOD OLD DAYS. OUR
BUDDING SONG WRITERS ALL
THEN CO WROTE THIS SONG

BING BONG ITS NOT REALLY
LONG, HOPE YOU LIKE THIS
SONG, DING DING DONG, ITS
NOT WRONG, LETS SING THIS
SONG, ITS NOT VERY LONG,
LETS RING THE GONG



WINTER NEWSLETTER 2025

Turrumurra House



UPCOMING EVENTS

RESIDENTS WILL BE ABLE TO PARTICIPATE IN AN INFORMAL KNITTING AND CHAT GROUP, WITH TWO SESSIONS AVAILABLE, ONE IN THE MORNING AND ONE IN THE AFTERNOON WITH TEA /COFFEE AND CAKE BEING SERVED, WITH A CHOICE OF OUTSIDE OR SMALLER BREAKAWAY ROOMS AS THE VENUE, TO BE DECIDED BY THE RESIDENTS

ART THERAPY WILL BE AVAILABLE FORTNIGHTLY EITHER IN SMALLER BREAKAWAY ROOMS OR OUTSIDE OR 1:1 IN RESIDENTS ROOMS TO BE DECIDED BY THE RESIDENTS WITH MORNING TEA/ COFFEE AND CAKE SERVED

RESIDENTS WILL BE ABLE TO PARTICIPATE IN A CASUAL GAME OF SCRABBLE FORTNIGHTLY, EITHER IN SMALLER BREAKAWAY ROOMS OR OUTSIDE, VENUE TO BE DECIDED BY THE RESIDENTS WITH AFTERNOON TEA / COFFEE AND BISCUITS SERVED

AS PER RESIDENT REQUEST FOR ADDITIONAL EXERCISE, MOVEMENT TO MUSIC HAS BEEN ADDED FORTNIGHTLY TO THE ACTIVITY CALENDAR. THIS ACTIVITY IS VERY POPULAR AND PROVIDES VARIETY FOR THE RESIDENTS' ENJOYMENT

THERE WILL BE A MONTHLY RESIDENT BIRTHDAY CELEBRATION WITH AN ENTERTAINER PRESENT AND A CAKE TO BE CUT AND SHARED AMONGST ALL THE RESIDENTS WITH AFTERNOON TEA/ COFFEE. FAMILY IS WARMLY INVITED TO ATTEND.

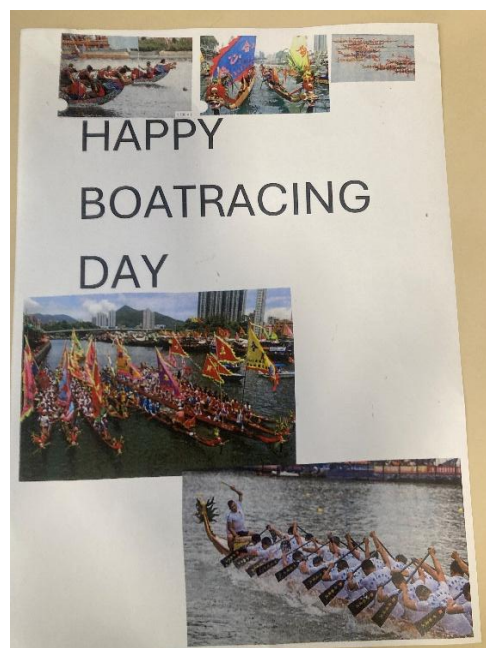
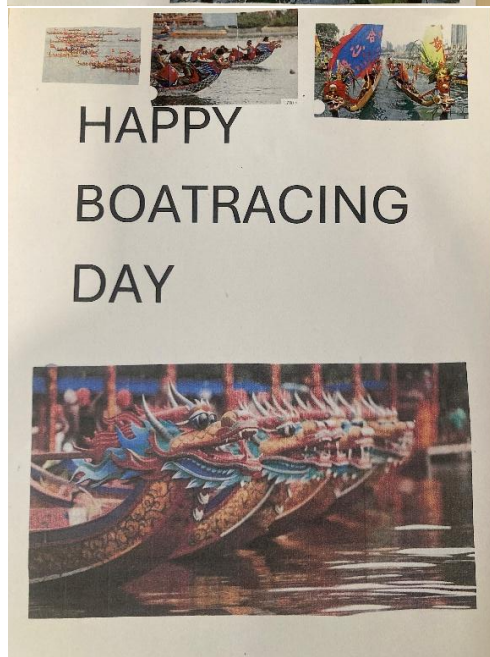
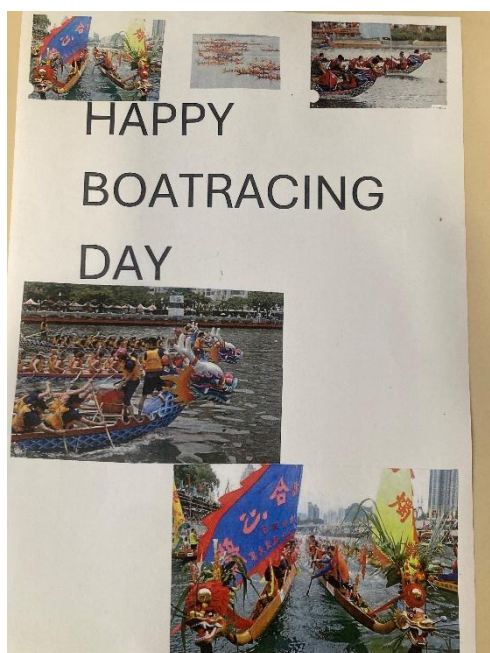
RESIDENTS CAN PARTICIPATE IN

THE WILDFLOWER GARDEN TALK ON ANIMAL ENCOUNTERS WITH A VARIETY OF ANIMALS ON SHOW
VERONICA CHATTING ABOUT GUIDES / SCOUTS

RESIDENTS CAN ENJOY A ROUND OF GOLF IN OUR MONTHLY MINI GOLF GROUP

RESIDENTS ARE ABLE TO ENJOY BOOKS / MAGAZINES FROM OUR IN-HOUSE LIBRARY OR JOIN UP TO KU RING GAI LIBRARY AND HAVE LIBRARY BOOKS DELIVERED IF THEY PREFER

BOAT RACING FESTIVAL -FOR
THOSE RESIDENTS BORN IN
CHINA CELEBRATING BOAT
RACING FESTIVAL, HAPPY BOAT
RACING DAY! DINNER WAS
PANKAKES, A TRADIITIIONAL
FOOD SERVED ON THIS DAY



INTERNATIONAL NURSES DAY TO
CELEBRATE OUR DEDICATED,
HARD-WORKING NURSES WHO
BRING NOT ONLY MEDICINE BUT
A DAILY DOSE OF LOVE AND
DEVOTION TO OUR RESIDENTS



ANZAC DAY REFLECTING COURAGE
AND SACRIFICE- ANZAC STANDS AS
A SOLEMN TRIBUTE TO THE BRAVE
MEN AND WOMEN WHO SERVED,
THE RESIDENTS ALL HONOURED
THEIR LEGACY AND
COMMEMORATED THEIR
ENDURING SPIRIT ON THIS
SIGNIFICANT DAY

LEST WE FORGET





MOTHERS DAY -TO QUOTE
RUDYARD KIPLING "G-D COULD
NOT BE EVERYWHERE,
THEREFORE HE MADE MOTHERS
AND LIFE DOESN'T COME WITH A
MANUAL, IT COMES WITH A
MOTHER " TO MOTHERS
EVERYWHERE WE HOPE YOU ALL
HAD A HAPPY MOTHERS DAY
FROM OUR FAMILY TO YOURS



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