

JUNE 2022 ACTIVITY CALENDAR - WAHROONGA HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE		1	2	3	4	5
		10:00 Coffee Club 10:30 Exercise to Music 11:00 Armchair travel 1:30 Cognitive Activity 2:00 Music Therapy 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Presbyterian Service 1:30 Cooking Demo 2:00 Sensory Adventure 3:00 Movie (Channel 512)	10:00 Coffee Club 10:00 Market Stalls 10:30 Exercise 11:00 Jewellery 1:30 Carpet Bowls 2:00 Painting 3:00 Movie (Channel 512) 3:00 Happy Hour	10:00 Coffee Club 11:00 Exercise 1:15 Bingo 2:00 Basket Ball 3:00 Saturday at the Cinema 3:00 Movie (Channel 512)	10:00 Coffee Club 11:00 Church Service 1:15 Word Games 2:00 Exercise to Music 3:00 Movie (Channel 512)
	6	7	8	9	10	11
	10:00 Coffee Club 10:30 Exercise to Music 11:00 Foot Spa 1:30 Entertainment - Ross 2:00 Dancing to Music 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Bingo 1:30 Trivia 2:30 Anglican O/L Service 2:00 Sing Along 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Story Circle 1:30 Cognitive Activities 2:00 Music Therapy 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Discussion Group 1:30 Art 2:00 Cooking Demo 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Jewellery 1:30 Craft 2:00 Colouring 3:00 Movie (Channel 512) 3:00 Happy Hour	10:00 Coffee Club 11:00 Church Service 1:15 Trivia 2:00 Exercise to Music 3:00 Movie (Channel 512)
13	14	15	16	17	18	19
10:00 Coffee Club 10:30 Exercise to Music 11:00 Queen's B'day M/Tea 1:30 Word Games 2:00 Puzzle time Jig Saw 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Carpet Bowls 1:30 Trivia 2:30 Anglican O/L Service 2:00 Music with instruments 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Makeovers by Invitation 1:30 Makeovers by Invitation 2:00 Music Therapy 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Cognitive Activities 1:30 Entertainment - David 2:00 Balloon Tennis 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Jewellery 1:30 Painting 2:00 Painting 3:00 Movie (Channel 512) 3:00 Happy Hour	10:00 Coffee Club 10:30 Exercise 1:15 Bingo 2:00 Basket Ball 3:00 Saturday at the Cinema 3:00 Movie (Channel 512)	10:00 Coffee Club 11:00 Church Service 1:15 Word Games 2:00 Exercise to Music 3:00 Movie (Channel 512)
20	21	22	23	24	25	26
10:00 Coffee Club 10:30 Exercise to Music 11:00 Foot Spa 1:30 Word Games 2:00 Dancing to Music 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Bingo 1:30 Trivia 3:00 Anglican C/ Service 2:00 Sing Along 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Cognitive Activities 1:30 Entertainment - Murry 2:00 Music Therapy 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Catholic Church Service 1:30 Cognitive Activities 2:00 Carpet Bowls 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Residents Meeting 1:30 Jewellery 2:00 Colouring 3:00 Movie (Channel 512) 3:00 Happy Hour	10:00 Coffee Club 10:30 Exercise 1:15 Carpet Bowls 2:00 Balloon Tennis 3:00 Saturday at the Cinema 3:00 Movie (Channel 512)	10:00 Coffee Club 11:00 Church Service 1:15 Trivia 2:00 Exercise to Music 3:00 Movie (Channel 512)
27	28	29	30	 <div> HAPPY BIRTHDAY  QUEEN ELIZABETH </div>		Other Activities
10:00 Coffee Club 10:30 Exercise to Music 11:00 Foot Spa 1:30 Word Games 2:00 Puzzle time 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Carpet Bowls 1:30 Trivia 2:30 Anglican O/L Service 2:00 Music with instruments 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise to Music 11:00 Bingo 1:30 Cognitive Activities 2:00 Music Therapy 3:00 Movie (Channel 512)	10:00 Coffee Club 10:30 Exercise 11:00 Welcome Morning Tea 1:30 Entertainer - Keff 2:00 Drumming to music 3:00 Movie (Channel 512)			Wattle Activities Bus Trips :Mon, Wed & Fri Hair Dresser: Tue-Fri Room Visits: Mon-Fri