

# TURRAMURRA HOUSE

**Premium Aged Care Living** 





With Over 50 Years of Excellence in Aged Care, the Directors, Management and Staff at Thompson Health Care invite you to discover luxury in Aged Care Living.

Turramurra House is architecturally designed in a classic federation style and surrounded by the peaceful bushland of Ku-ring-gai Chase National Park, close to Bobbin Head Reserve, local parks and the North Turramurra shopping village.

Offering comfortable and relaxed interior designed accommodation with 57 high care, permanent and respite places with 24 hour Registered Nursing Care.

Enjoy the spacious, beautifully appointed rooms, each with an ensuite, large windows allowing natural light to flow in with views of the beautiful rose gardens and leafy surrounds. Each room features flat screen TV's, Wi-Fi and air conditioning.

Our team of dedicated, professional staff are passionate about providing the highest standard of personal care and service within a happy, safe and nurturing environment. We recognise individuality, personal interest and encourage independence.

Individual care plans are carefully devised and all residents have a choice of their own Doctor and onsite access to allied health professionals, including dental, physiotherapy, podiatry and optometry.







#### **DINING EXPERIENCE**

Meals are prepared by our in-house professional chef using fresh, seasonal produce and served in one of our two dining rooms, alfresco dining or as room service.

Residents are offered a choice of meals at breakfast, lunch and dinner to ensure all tastes and dietary requirements are catered for. Our seasonal menu is dietitian approved.



#### **GARDENS AND COURTYARDS**

Our sun-drenched outdoor balconies, courtyards and landscape-designed cottage gardens provide residents with plenty of choice when relaxing with family and friends.



#### LIFESTYLE AND ENGAGEMENT

Our 7 Day Program is designed with our residents to maintain their health and wellness through a diverse range of activities. From exercise programs, including outdoor walks and games to high tea and happy hour, live entertainment, art classes, book club, bus outings, relaxation, plus more.

Additional features are our hair and beauty salon, plus a library, all amongst comfortable, relaxed interiors.



#### CAFÉ

Our popular in-house cafe provides a place for residents to gather and socialise in the company of new friends.







## Contact Turramurra House

34 Curagul Road Turramurra NSW 2074 (02) 9144 2444

turramurra@thc.net.au

## Thompson Health Care Homes

## **Abbey House**

300 Range Road Mittagong NSW 2575 (02) 4871 1085

#### **Avalon House**

14 John Street Avalon Beach NSW 2107 (02) 9973 0900

#### **Beecroft House**

134 Beecroft Road Beecroft NSW 2119 (02) 9876 3471

#### **Boronia House**

183 Boronia Rd St Marys (North) NSW 2760 (02) 9833 5600

#### **Bowral House**

87-89 Kangaloon Road Bowral NSW 2576 (02) 4862 8900

#### **Dural House**

705 Old Northern Road Dural NSW 2158 (02) 8410 0000

#### Hillview House

45 Hillview St Woy Woy NSW 2256 (02) 4315 3100

## Macleay Valley House

80-114 Macleay Street Frederickton NSW 2440 (02) 6561 0900

### Macleay Valley Village

100 Macleay St Frederickton NSW 2440 (02) 6561 0999

#### Milford House

2-4 Milford Street Randwick NSW 2031 (02) 9398 3659

#### Mona Vale House

33 Bassett Street (East) Mona Vale NSW 2103 (02) 9910 7900

## Oran Park House

1 Thompson Rd, Cnr Dick Johnson Drive Oran Park NSW 2570 (02) 4705 2100

#### **Tarragal House**

107 Karalta Rd Erina NSW 2250 (02) 4365 5066

#### Terrey Hills Nursing Home

42 Booralie Road Terrey Hills NSW 2084 (02) 9450 1719

#### Turramurra House

34 Curagul Road Turramurra NSW 2074 (02) 9144 2444

## Wahroonga House

31 Pacific Highway Wahroonga NSW 2076 (02) 9847 2400



## Head Office

Suite 20 Level 4, 924 Pacific Highway Gordon NSW 2072 (02) 8467 9333 reception@thc.net.au www.thompsonhealthcare.com.au Thompson Health Care Homes currently under construction at:

- St Ives
- Cheltenham
- Hornsby