

TURRAMURRA HOUSE

## Greetings from the DON

I would like to commend our residents, families and the dedicated staff for their unwavering support and dedication to Turramurra House for the past 3 months.Looking back, we have encountered small challenges along the way. Amongst this, another Covid outbreak, which probably disheartened mostof us, as restrictions were implemented once again.

However, strong as we are, we always come back and rise again. Despite all other challenges, the past three months has been a source of joy and excitement as well. We had fun activities that paved happiness and brought joyous smiles to all of our lovely residents. We had Christmas in July, Farm animals visits, birthday celebrations and other fun filled activities.

The events of past months not only brought a lot of realizations for us but it also depicted our positivity and inner strength. We are each others cheer leader support system, friend and support person. At Turramurra House , we pride both team work and hard work.

We look forward to working with you all in the coming months and ascertain the same level of satisfaction and contentment we always deliver here at Turramurra House.

Sincerely Fiona

# Activity Highlights

### Christmas in JULY

Residents enjoyed a lovely, fun traditional Christmas Lunch as they read their jokes out from the Bon Bons and sang Christmas Carols.



#### Exercise to Music

Residents have requested they would like more exercise groups. So we have increased this activity to 4-5 sessions per week.

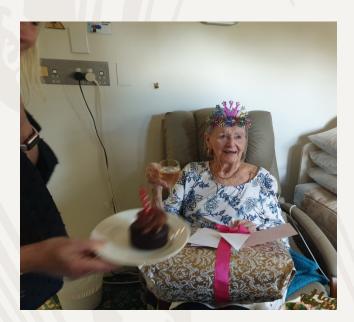
### What's new?

The residents were gifted some beautiful quilts, from Fairholmes Quilters. They were able to choose from a wonderful which has personalised their rooms.



# Celebrations

We have group birthday parties for all resident's whose birthday falls in the same month. These celebrations take place with birthday cake and is enjoyed by all.





# Resident's Enjoyed Farm Animals Visits

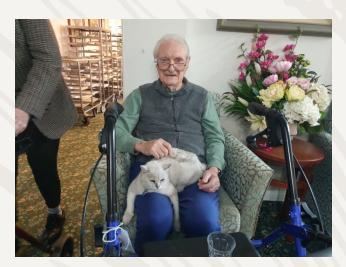
We had a country day theme day which included a lovely country themed BBQ lunch, followed by the farm animals visit. A fun day was enjoyed by all. For the few that did not come outside to see the farm animals, the mininture goat, LOKI did room visits!. It was great that the Grandchildren and Great Grandchildren got to join in the fun.





### **Special Moments**

Jim and residents enjoy Pet Therapy and receive daily cuddles with Cherup, our much loved cat who has lots of love to share with all our residents, families and staff.



#### PET THERAPY- With Giselle and Coco dog



UPCOMING ACTIVITIES FLOWER ARRANGING MONTHLY BBQ MENS BBQ MUSIC THERAPY 3<sup>rd</sup> THURS DAY OF EACH MONTH FATHERS DAY HIGH TEA CARDS OF LOVE