

Greetings from the DON

As we reflect on the past three months at Turrumurra House I would like to extend a heartfelt thank you and congratulations to our Residents, Families and dedicated Staff. We encountered COVID outbreaks, restrictions, new guidelines and rapid changes to our daily lives. While many dwell on the challenges, I would like to reflect and highlight the many beautiful things we witnessed. We saw team work, residents helping to visit and support others and staff fulfilling the emotional needs of others well after their shifts had finished. Our residents found the positive side of life and became a cheer squad as our staff pushed through day after day. Our team at Turrumurra House is excited and ready to embrace a new 2022 and all the happiness it will bring.

We have also introduced the Partner in Care Program at our home, where a nominated family member can visit and help with care activities. Please feel free to enrol yourself in this program.

I wish you, your family and loved ones all the very best.

Thank you!!

Fiona

Activity Highlights

Words

The residents enjoy this activity. The RAO finds a word from the dictionary and writes it on the white board. The aim of the game is for the residents to make up words using the letters on the board only once. This is a great game for the memory.

Exercising to Music

The residents enjoy this activity. By using the YouTube channel, the RAO's stream music which is era and age appropriate. We find the music motivates the residents whilst they are participating in their exercise class.

Celebrations

Each month we have a residents birthday party and a huge birthday cake with fruit and cream to celebrate the residents who have a birthday that falls in that month. When it is their actual birthday, we celebrate with a small cake, tiara, balloons and a singalong



Resident's contribution

Each month the residents are asked for their input as to the types of activities they'd like to participate in. Their feedback and input ensures that there is something on the calendar for everyone to enjoy and participate in. By doing this ensures our residents input into the activities calendar.

New Activity

Flower Arranging

Our Residents love this sensory activity where they can embrace the smell and touch of the flowers and they love having these arrangements in their rooms .



Some residents have also started to bring in a number of their pot plants to a small garden area. They all enjoy meeting up in the sitting room and garden to water their plants, admire all the hard work and have a cuppa and chat



Upcoming events

The team at Turrumurra House are planning many exciting events and festivities for the residents in 2022.

We will be celebrating St Patricks Day on the 17 March so there will be lots of shamrocks, Irish stew and be sure to be watching out for leprechauns.

The main upcoming event is Easter with Good Friday on the 17 March and Church services will be arranged for Easter Sunday on the 19 March.

We will be organising ANZAC Day celebrations on the 25 April including a memorial service

