




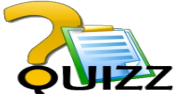




























THOMPSON
HEALTH CARE

MAY 2024 ACTIVITY CALENDAR - TERREY HILLS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>We would like to acknowledge the Gadigal people of the Eora Nation, the traditional Custodians of this land, & pay our respects to elders both past & present</p>		 <p>11.00 am Exercise Class & Meditation 2.00 pm Bowls 2.00 pm Putt Putt Golf 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>Bus Outings Am only 11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 4.00 pm Musical DVD</p>	 <p>11.100am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour 4.00 pm Musical DVD</p>	 <p>11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls</p>	 <p>11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass 4.00 pm Musical DVD</p>
 <p>11.00 am Exercise Class 2.00 pm Quiz 2.00 pm Walking Group 4.00 pm Musical DVD</p>	 <p>Bus Outings Am & Pm 11.00am Catholic Mass 2.00pm Social Art 2.00 pm Rummy Kub 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>11.00 am Exercise Class & Meditation 2.00 pm Carpet Bowls 2.00 pm Room Visits 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>Bus Outings Am & Pm 11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library 4.00 pm Musical DVD</p>	 <p>11.00 am Exercise Class 2.00 pm Choir 2.30 pm Entertainment & Happy Hour 4.00 pm Musical DVD</p>	 <p>11.15 am Musical DVD 2.00 pm Craft 2.00 pm Bowls</p>	 <p>11.30 am Songs of Praise 2.00 pm Mothers Day Tea & trivia 2.00 pm Catholic Mass 4.00 pm Musical DVD</p>
 <p>11.00 am Exercise Class 2.00 pm Tea and Quiz 2.00 pm Walking Group 4.00 pm Musical DVD</p>	 <p>Bus Outings Am & Pm 11.00am Exercise Class 2.00 pm Arts and Craft 2.00 pm Bingo 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>10.00 am Volunteers for Communion 11.00 am Exercise Class & Meditation 2.00 pm Bowls 2.00 pm Men's Group 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>Bus Outings Am only 11.15 am Exercise Class 2.00 pm Bingo 2.00 pm Jewellery Class 4.00 pm Musical DVD</p>	 <p>11.00 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & Happy Hour 4.00 pm Musical DVD</p>	 <p>11.15 am Musical DVD 2.00 pm Knit & Purl 2.00 pm Bowls</p>	 <p>11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass 4.00 pm Musical DVD</p>
 <p>11.00 am Exercise Class 2.00 pm Light and Bright 2.00 pm Walking Group 4.00 pm Musical DVD</p>	 <p>Bus Outings Am & Pm 11.00 am Exercise Class 12.00 pm Womens Lunch 2.00 pm Arts and Craft 2.00 pm Bingo 2.00 pm Movie 4.00 pm Musical DVD</p>	<p>10.00 am Volunteers for Communion</p> <p>11.00 am Exercise Class & Meditation 2.00 pm Bowls 2.00 pm Room Visits 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>Bus Outings Am & Pm 11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Mobile Library 4.00 pm Musical DVD</p>	 <p>11.00 am Exercise Class 2.00 pm Choir 2.30 pm Entertainment & Happy Hour 4.00 pm Musical DVD</p>	 <p>11.15 am Musical DVD 2.00 pm Craft 2.00 pm Bowls</p>	 <p>11.30 am Songs of Praise 2.00 pm Trivia with June 2.00 pm Catholic Mass 4.00 pm Musical DVD</p>
 <p>11.00 am Kinma Kindy 11.00 am Exercise Class 2.00 pm Tea and Quiz 2.00 pm Walking Group 4.00 pm Musical DVD</p>	 <p>Bus Outings Am & Pm 11.00am Exercise Class 2.00 pm Pancake Run 2.00 pm Arts and Craft 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>11.00am Church Service 2.00 pm Carpet Bowls 2.00 pm Room Visits 2.00 pm Movie 4.00 pm Musical DVD</p>	 <p>Bus Outings Am only 11.00 am Exercise Class 2.00 pm Bingo 2.00 pm Craft 4.00 pm Musical DVD</p>	 <p>11.00 am Exercise Class 2.00 pm Rosary 2.30 pm Entertainment & B'Day of MTH 4.00 pm Musical DVD</p>	<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p>Extra Activities Room Visits Mon - Sun Bus Trips -Tues & Thurs Happy Hour - Fridays 3 pm Hair Dresser Wed - Thurs Andre Rieu DVD Channel 511 Mon - Fri 4pm *Subject to change at any time</p>