



THOMPSON
HEALTH CARE

APRIL 2025 WELL BEING & SOCIAL SUPPORT PROGRAM TARRAGAL HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 10:00AM KNIT N CHAT 10:30AM STRETCHING CLASS WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM NAILS PAINTING 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	2 10:00AM TAI CHI 10:30AM BAR N BALANCE WITH PHYSIO AIDS 2:00PM NEWS HEADLINES 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	3 10:00AM BALL & BUCKET GAME 10:30 BALLOON AND PARACHUTE PHYSIO AIDS 2:00PM CARPET BOWLS 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	4 10:00AM MUSIC CAFE 10:30AM PASSIVE EXERCISE WITH PHYSIO AIDS 2:00PM CARPET BOWLS 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	5 10:00AM CONCERT ALICE ON PIANO 2:00PM BINGO 3:00PM SOCIAL HOUR 3:30AM HAPPY HOUR	6 10:00AM ARMCHAIR TRAVEL 2:00PM THE COMEDY HOUR 3:00PM SOCIAL HOUR 3:30AM HAPPY HOUR
7 10:00AM CONCERT "LAYLA SINGING" 10:30AM MOVE IT OR LOOSE WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM BUS OUTING 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	8 10:00AM WALKING GROUP 10:30AM STRETCHING CLASS WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM MEN'S GROUP 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	9 10:00AM NEWS HEADLINES 10:30AM BAR N BALANCE WITH PHYSIO AIDS 1:30PM RESIDENT MEETING 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	10 10:00AM CHAMPAGNE AND CHAPTERS 10:30AM BALLOON AND PARACHUTE 2:00PM CONCERT DALE RYAN 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	11 10:00AM MUSIC CAFE 10:30AM PASSIVE EXERCISE WITH PHYSIO AIDS 2:00PM CRICKET 1980's 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	12 10:00AM WORD PLAY 2:00PM QUIZ 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	13 10:00AM ARMCHAIR TRAVEL 2:00PM THE COMEDY HOUR 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR
14 10:00AM QUIZ QUESTIONS IN THE GARDEN 10:30AM MOVE IT OR LOOSE WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM BUS OUTING 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	15 10:00AM KNIT N CHAT 10:30AM STRETCHING CLASS WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM COOKING CLASS 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	16 10:00AM NEWS HEADLINES 10:30AM BAR N BALANCE WITH PHYSIO AIDS 2:00PM BINGO 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	17 10:00AM CHAMPAGNE AND CHAPTERS 10:30AM BALLOON AND PARACHUTE 2:00PM CARPET BOWLS 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	18 EASTER FRIDAY 10:00AM BEAN BAG TOSS 2:00PM MUSIC CAFÉ 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	19 EASTER SATURDAY 2:00PM EASTER CONCERT KATHY PLAYING UKULELE 3:00PM SOCIAL HOUR 3:30PM HAPPYHOUR	20 EASTER SUNDAY  3:30PM HAPPY HOUR.....
21 EASTER MONDAY 10:00AM EASTER CRAFT IN-HOUSE HAIRDRESSER ALL DAY 2:00PM EASTER MOVIE 3:00PM SOCIAL HOUR 3:30PM HAPY HOUR	22 10:00AM WALKING GROUP 10:30AM STRETCHING CLASS WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM HIGH TEA WITH CONCERT SPANISH GUITAR 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	23 9:30AM CATHOLIC MASS 10:30AM CONCERT MITCH ON GUITAR 10:30AM BAR N BALANCE 2:00PM CARPET BOWLS 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	24 10:00AM CHAMPAGNE AND CHAPTERS 10:30AM BALLOON AND PARACHUTE 2:00PM CARPET BOWLS 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	25 ANZAC DAY ANZAC DAY  3:30PM HAPPY HOUR	26 10:00AM WORD PLAY 2:00PM BINGO 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	27 10:00AM ARMCHAIR TRAVEL 2:00PM THE COMEDY NEWS HOUR 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR
28 10:00AM MUSIC TIME 10:30AM MOVE IT OR LOOSE WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM BUNNINGS BUS OUTING 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	29 10:00AM KNIT N CHAT 10:30AM STRETCHING CLASS WITH PHYSIO AIDS IN-HOUSE HAIRDRESSER ALL DAY 2:00PM PAINTING N CRAFT 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR	30 10:00AM NEWS HEADLINES 10:30AM BAR N BALANCE WITH PHYSIO AIDS 2:00PM BALL & BUCKET 3:00PM SOCIAL HOUR 3:30PM HAPPY HOUR				