



TARRAGAL HOUSE

Premium Aged Care Living



THOMPSON
HEALTH CARE



Welcome to Tarragal House

With **Over 50 Years of Excellence in Aged Care**, the Directors, Management and Staff at Thompson Health Care invite you to discover quality and comfort in Aged Care Living.

Tarragal House is situated on the beautiful NSW Central Coast, close to stunning beaches, national parks and the famous Erina Fair Shopping Centre.

Offering comfortable
and relaxed
interior designed
accommodation
with 100 high care,
permanent and
respite places with
24 hour Registered
Nursing Care.

Enjoy the spacious, beautifully appointed single and double suites, each with a private ensuite, large windows allowing natural light to flow in with views of landscaped designed courtyards and surrounding gardens. Each suite features flat screen TV's and Wi-Fi.

Our team of dedicated, professional staff are passionate about providing the highest standard of personal care and service within a happy, safe and nurturing environment. We recognise individuality, personal interest and encourage independence.

Individual care plans are carefully devised and all residents have a choice of their own Doctor and onsite access to allied health professionals, including dental, physiotherapy, podiatry, optometry, massage and aromatherapy.



“Residents don’t live in our facilities,
we work in their homes”

Doug Thompson





DINING EXPERIENCE

Our Hospitality Services Manager works alongside our dietician to create a variety of delicious and nutritious meals. Meals are prepared by our in house professional chef using fresh seasonal produce, and served in one of our dining rooms or as room service. Residents are offered a choice of meals at breakfast, lunch and dinner to ensure all tastes are catered for.



GARDENS AND COURTYARDS

Tarragal House is designed around three courtyards, featuring beautiful English, French and tropical garden themes, providing our residents with plenty of choice when relaxing with family and friends.



LEISURE AND LIFESTYLE

Our 7 Day Recreational Program is designed to maintain the health and wellness of our residents through a diverse range of activities. From exercise programs including daily outdoor walks and games to high teas and happy hour, live entertainment, book clubs, art classes, relaxation and meditation, plus more.

Regular bus outings in our Mercedes Benz bus takes our residents out to explore interesting local attractions.

Additional features are our arts and craft room, hair and beauty salon and library, all amongst comfortable stunning modern interiors.

Residents can join as many activities as they wish or enjoy the privacy of their own suite.



CAFÉ

Our popular in house café provides a place for residents and visitors to gather and socialise in the company of new friends.



Contact Tarragal House

107 Karalta Road
Erina NSW 2250
(02) 4365 5066
tarragal@thc.net.au

Thompson Health Care Homes

Abbey House

300 Range Road
Mittagong NSW 2575
(02) 4871 1085

Avalon House

14 John Street
Avalon NSW 2107
(02) 9973 0900

Beecroft House

134 Beecroft Road
Beecroft NSW 2119
(02) 9876 3471

Boronia House

183 Boronia Road
St Marys (North) NSW 2760
(02) 9833 5600

Bowral House

87-89 Kangaloon Road
Bowral NSW 2576
(02) 4862 8900

Dural House

705 Old Northern Road
Dural NSW 2158
(02) 8410 0000

Macleay Valley House

80-114 Macleay Street
Frederickton NSW 2440
(02) 6561 0900

Macleay Valley Village

100 Macleay Street
Frederickton NSW 2440
(02) 6561 0999

Milford House

2-4 Milford Street
Randwick NSW 2031
(02) 9398 3659

Mona Vale House

33 Bassett Street (East)
Mona Vale NSW 2103
(02) 9910 7900

Tarragal House

107 Karalta Road
Erina NSW 2250
(02) 4365 5066

Terrey Hills Nursing Home

42 Booralie Road
Terrey Hills NSW 2084
(02) 9450 1719

Turrumurra House

34 Curagul Road
Turrumurra NSW 2074
(02) 9144 2444

Wahroonga House

31 Pacific Highway
Wahroonga NSW 2076
(02) 9847 2400



Head Office

Suite 20 Level 4, 924 Pacific Highway
Gordon NSW 2072

(02) 8467 9333

reception@thc.net.au

www.thompsonhealthcare.com.au



HILLVIEW HOUSE
45 Hillview Street, Woy Woy

Brand new, Luxurious, Resort
Style Aged Care Home

Enquire now:

Thompson Health Care
Head Office

Ph: (02) 8467 9333

Email: reception@thc.net.au