

# DURAL HOUSE



### Welcome to Dural House

With Over 50 Years of Excellence in Aged Care, the Directors, Management and staff at Thompson Health Care would like to invite you to discover luxury in Aged Care Living.

Dural House is nestled in the leafy green suburb of Dural and is part of the Hills District, in North-West Sydney. The surrounding area is semi-rural, peaceful and serene with excellent transport infrastructure. Offering contemporary, interior designed, premium accommodation with 145 high care, permanent or respite places with 24 hour Registered Nursing care. Enjoy the spacious, beautifully appointed single and double suites, each with a private ensuite, large, oversized windows allowing natural light to flow in with views of landscaped designed courtyards and surrounding gardens. Each suite features state of the art beds, flat screen TV's with Foxtel and Wi-Fi.

Our team of dedicated, professional staff are passionate about providing the highest standard of personal care and service within a happy, safe and nurturing environment. We recognise individuality, personal interest and encourage independence.

Individual care plans are carefully devised and all residents have a choice of their own Doctor and onsite access to allied health professionals, including dental, physiotherapy, podiatry, optometry, massage and aromatherapy.



## "Residents don't live in our facilities, we work in their homes"

Doug Thompson



## Y P S

#### **DINING EXPERIENCE**

Our Hospitality Services Manager works alongside our dietician to create a variety of delicious and nutritious meals. Meals are prepared by our in house professional chef using fresh seasonal produce, and served in one of our many dining rooms or as room service. Our private dining room can be used when entertaining guests.

Residents are offered a choice of meals at breakfast, lunch and dinner to ensure all tastes are catered for.



#### GARDENS AND COURTYARDS

Professionally landscaped designed gardens and courtyards provide interesting and enchanting outdoor space where residents can either sit and relax quietly in the sun or share an afternoon tea with friends.

#### LEISURE AND LIFESTYLE

Our 7 Day Recreational Program is designed to maintain the health and wellness of our residents through a diverse range of activities. From exercise programs including daily outdoor walks and games to high teas and happy hour, live entertainment, book clubs, art classes, relaxation and meditation, plus more.

Regular bus outings in our Mercedes Benz bus takes our residents out to explore interesting local attractions.

Additional features are our arts and craft room, in house cinema, hair and beauty salon, chapel and library, all amongst stunning modern interiors.

Residents can join as many activities as they wish or enjoy the privacy of their own suite.



#### CAFÉ

Our popular in house café provides a place for residents and visitors to gather and socialise in the company of new friends.



### Contact Dural House

705 Old Northern Road Dural NSW 2158 (02) 8410 0000 dural@thc.net.au

#### Thompson Health Care Homes

#### **Abbey House**

300 Range Road Mittagong NSW 2575 (02) 4871 1085

#### **Avalon House**

14 John Street Avalon NSW 2107 (02) 9973 0900

#### **Beecroft House**

134 Beecroft Road Beecroft NSW 2119 (02) 9876 3471

#### **Boronia House**

183 Boronia Rd St Marys (North) NSW 2760 (02) 9833 5600

#### **Bowral House**

87-89 Kangaloon Road Bowral NSW 2576 (02) 4862 8900

#### Macleay Valley House

80-114 Macleay Street Frederickton NSW 2440 (02) 6561 0900

#### Macleay Valley Village

100 Macleay St Frederickton NSW 2440 (02) 6561 0999

#### Milford House

2-4 Milford Street Randwick NSW 2031 (02) 9398 3659

#### Mona Vale House

33 Bassett Street (East) Mona Vale NSW 2103 (02) 9910 7900

#### **Tarragal House**

107 Karalta Rd Erina NSW 2250 (02) 4365 5066

#### **Terrey Hills Nursing Home**

42 Booralie Road Terrey Hills NSW 2084 (02) 9450 1719

#### Turramurra House

34 Curagul Road Turramurra NSW 2074 (02) 9144 2444



#### Head Office

Suite 20 Level 4, 924 Pacific Highway Gordon NSW 2072

(02) 8467 9333

reception@thc.net.au www.thompsonhealthcare.com.au Thompson Health Care Homes currently under construction at:

- Oran Park
- Woy Woy
- St Ives
- Cheltenham
- Hornsby

#### Wahroonga House

31 Pacific Highway Wahroonga NSW 2076 (02) 9847 2400