


DURAL HOUSE

ACTIVITY GUIDE SEPTEMBER 2022

SUBJECT TO

			THURSDAY 1	FRIDAY 2
			10:00 Bus trip (Level 1)	10:00 Bus trip (LG-1)
			10:45 Catholic service	11:00 Carpet Bowls
			11:00 Musical Exercises	Father's day High tea
			1:30 Painting with John	
			1:30 Basket Ball	
			2:30 Movie (Cinema)	
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
10:00 Bus trip (LG1)	10:00 Bus trip (Ground floor)	10:00 Bus trip (LG-2)	10:00 Bus trip (Level 1)	10:00 Bus trip (LG-1)
10:30 Jewellery making	10:30 Classical music hr	10:30 Jewellery making (Gr F)	10:45 Catholic service	11:00 Carpet Bowls
11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	2:00 Music entertainment
1:30 Bingo	1:30 Carpet Bowls	1:30 Bingo	1:30 Painting with John	&
2:00 Music Therapy (LG-2)	2:00 Balloon game (LG-2)	2:00 Music Therapy (LG-2)	1:30 Basket Ball	2:30 Happy Hour
2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
10:00 Bus trip (LG1)	10:00 Bus trip (Ground floor)	10:00 Bus trip (LG-2)	10:00 Bus trip (Level 1)	10:00 Bus trip (LG-1)
10:30 Jewellery making	10:30 Classical music hr	10:30 Jewellery making (Gr F)	10:45 Catholic service	11:00 Carpet Bowls
11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	2:00 Music entertainment
1:30 Bingo	1:30 Carpet Bowls	1:30 Bingo	1:30 Painting with John	&
2:00 Music Therapy (LG-2)	2:00 Balloon game (LG-2)	2:00 Music Therapy (LG-2)	1:30 Basket Ball	2:30 Happy Hour
2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
10:00 Bus trip (LG1)	10:00 Bus trip (Ground floor)	10:00 Bus trip (LG-2)	10:00 Bus trip (Level 1)	10:00 Bus trip (LG-1)
10:30 Jewellery making	10:30 Classical music hr	10:30 Jewellery making (Gr F)	10:45 Catholic service	11:00 Carpet Bowls
11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	2:00 Music entertainment
1:30 Bingo	1:30 Carpet Bowls	1:30 Bingo	1:30 Painting with John	&
2:00 Music Therapy (LG-2)	2:00 Balloon game (LG-2)	2:00 Music Therapy (LG-2)	1:30 Basket Ball	2:30 Happy Hour
2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)


DURAL HOUSE

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
10:00 Bus trip (LG1)	10:00 Bus trip (Ground floor)	10:00 Bus trip (LG-2)	10:00 Bus trip (Level 1)	10:00 Bus trip (LG-1)
10:30 Jewellery making	10:30 Classical music hr	10:30 Jewellery making (Gr F)	10:45 Catholic service	11:00 Carpet Bowls
11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	11:00 Musical Exercises	2:00 Music entertainment &
1:30 Bingo	1:30 Carpet Bowls	1:30 Bingo	1:30 Painting with John	2:30 Happy Hour
2:00 Music Therapy (LG-2)	2:00 Balloon game (LG-2)	2:00 Music Therapy (LG-2)	1:30 Basket Ball	2:30 Movie (Cinema)
2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	2:30 Movie (Cinema)	

Activities will run in rooms or in small groups subject to Covid restric

DURAL HOUSE

CHANGE

SATURDAY 3	SUNDAY 4
11:00 Church service (Chapel) 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	
SATURDAY 10	SUNDAY 11
11:00 Church service (Chapel) 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich & Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)
SATURDAY 17	SUNDAY 18
11:00 Church service (Chapel) 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich & Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)
SATURDAY 24	SUNDAY 25
11:00 Church service (Chapel) 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich & Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)

DURAL HOUSE

EXTRA ACTIVITIES:	
Word game challenge - in room	
Gym sessions: - by appointment	
Walk and talk: - by appointment	
Hornsby library visit - Monthly	
New comers'morning Tea	
Sesonal Gardening	

Café opens
(Mon-Fri) 9:30am - 4.30pm
(Sat-Sun) 10am - 4pm

tions