

OCTOBER 2022 ACTIVITY CALENDAR - DURAL HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 10:00 Bus trip (LG1) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Bingo 2:00 Music Therapy (LG-2) 2:30 Movie (Cinema)	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE		EXTRA ACTIVITIES: Word game challenge - in room Gym sessions: - by appointment Walk and talk: - by appointment Hornsby library visit - Monthly New comers'morning Tea Sesonal Gardening Men's Lunch :- Monthly Ballroom Dancing		1 10:30 Coffee & Chat 11:00 Church service 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	2 10:30 Coffee & Chat 11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich/ Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)
3 10:00 Bus trip (LG1) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Bingo 2:00 Music Therapy (LG-2) 2:30 Movie (Cinema)	4 10:00 Bus trip (Ground floor) 10:30 Discussion group 11:00 Tai Chi 1:30 Carpet Bowls 2:00 Balloon game (LG-2) 2:30 Movie (Cinema)	5 10:00 Bus trip (LG2) 10:30 Jewellery making 10:30 Classical music hr 11:00 Move on music 1:30 Bingo 2:00 Sing with me (LG-2) 2:30 Movie (Cinema)	6 10:30 Craft 11:00 Musical Exercises 1:30 Painting with John 2:00 Basket Ball 2:30 Movie (Cinema)	7 10:00 Bus trip (LG-1) 11:00 Carpet Bowls 11:00 Word game 2:00 Music entertainment & 2:30 Happy Hour 2:30 Movie (Cinema)	8 10:30 Coffee & Chat 11:00 Church service 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	9 10:30 Coffee & Chat 11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich/ Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)
10 10:00 Bus trip (LG1) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Bingo 2:00 Music Therapy (LG-2) 2:30 Movie (Cinema)	11 10:00 Bus trip (Ground floor) 10:30 Discussion group 11:00 Tai Chi 1:30 Carpet Bowls 2:00 Balloon game (LG-2) 2:30 Movie (Cinema)	12 10:00 Bus trip (LG2) 10:30 Jewellery making 10:30 Classical music hr 11:00 Move on music 1:30 Bingo 2:00 Sing with me (LG-2) 2:30 Movie (Cinema)	13 10:30 Craft 11:00 Musical Exercises 1:30 Painting with John 2:00 Quoites 2:30 Movie (Cinema)	14 10:00 Bus trip (LG-1) 11:00 Carpet Bowls 11:00 Word game 2:00 Music entertainment & 2:30 Happy Hour 2:30 Movie (Cinema)	15 10:30 Coffee & Chat 11:00 Church service 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	16 10:30 Coffee & Chat 11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich/ Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)
17 10:00 Bus trip (LG1) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Bingo 2:00 Music Therapy (LG-2) 2:30 Movie (Cinema)	18 10:00 Bus trip (Ground floor) 10:30 Discussion group 11:00 Tai Chi 1:30 Carpet Bowls 2:00 Balloon game (LG-2) 2:30 Movie (Cinema)	19 10:00 Bus trip (LG2) 10:30 Jewellery making 10:30 Classical music hr 11:00 Move on music 1:30 Bingo 2:00 Sing with me (LG-2) 2:30 Movie (Cinema)	20 10:00 Bus trip (Level 1) 11:00 Catholic Service 11:00 Musical Exercises 1:30 Painting with John 2:00 Basket Ball 2:30 Movie (Cinema)	21 10:00 Bus trip (LG-1) 11:00 Carpet Bowls 11:00 Word game 2:00 Music entertainment & 2:30 Happy Hour 2:30 Movie (Cinema)	22 10:30 Coffee & Chat 11:00 Church service 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	23 10:30 Coffee & Chat 11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich/ Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)
24 10:00 Bus trip (LG1) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Bingo 2:00 Music Therapy (LG-2) 2:30 Movie (Cinema)	25 10:00 Bus trip (Ground floor) 10:30 Discussion group 11:00 Tai Chi 1:30 Carpet Bowls 2:00 Balloon game (LG-2) 2:30 Movie (Cinema)	26 10:00 Bus trip (LG2) 10:30 Jewellery making 10:30 Classical music hr 11:00 Move on music 1:30 Bingo 2:00 Sing with me (LG-2) 2:30 Movie (Cinema)	27 10:00 Bus trip (Level 1) 11:00 Catholic Service 11:00 Musical Exercises 1:30 Painting with John 2:00 Quoites 2:30 Movie (Cinema)	28 10:00 Bus trip (LG-1) 11:00 Carpet Bowls 11:00 Word game 2:00 Music entertainment & 2:30 Happy Hour 2:30 Movie (Cinema)	29 10:30 Coffee & Chat 11:00 Church service 1:30 Bingo 2:00 Garden walk (LG-2) 2:30 Movie (Cinema)	30 10:30 Coffee & Chat 11:00 Musical Exercises 1:30 Carpet Bowls 2:00 Sandwich/ Happy hr(LG2) 2:30 Knit and Purl 2:30 Movie (Cinema)