

DECEMBER 2022 ACTIVITY CALENDAR - MONA VALE HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Hairdressing Salon is open each Monday Bookings can be made by contacting Reception or the RAO office 9910 7900</p>			<p>1</p> <p>10.30 Target Game (G) 10.45 1:1 time 1.30 Movie 1.30 Scenic Bus Trip 2.15 Reminiscing (1st)</p>	<p>2</p> <p>10.30 Chair Dancing (G) 10.45 Carpet Bowls (G) 1.30 Movie 2.30 Trivia (1st)</p>	<p>3</p> <p>10.30 Morning Stretches (G) 11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)</p> <p>Eureka Day</p>	<p>4</p> <p>10.30 Songs Around The Piano (G) 1.30 Movie 2.30 Happy Hour (G)</p>
<p>5</p> <p>9.45 Coffee Club 10.30 Bean Bag Toss 1.30 Movie/Documentary 2.15 Men's Club (1st) 2.15 Craft: Make your own Christmas Cards (G)</p>	<p>6</p> <p>10.30 Market Day Opens! 1.30 Movie Time 1.30 Scenic Bus Trip 3.00 Holy Communion</p> <p>Mona Vale House Market Day</p>	<p>7</p> <p>10.15 Baking in Barrenjoey White Xmas 1.30 Film</p> <p>2.30 Keff in Concert</p> <p>International Civil Aviation Day</p>	<p>8</p> <p>10.30 Target Game (G) 10.45 1:1 time 1.30 Movie 1.30 Scenic Bus Trip 2.15 Reminiscing (1st)</p> <p>Feast Of Immaculate Conception</p>	<p>9</p> <p>10.30 Darts (G) 10.45 Exercise (G) 1.30 Movie 2.30 Word Games (1st)</p>	<p>10</p> <p>10.30 Morning Stretches (G) 11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)</p>	<p>11</p> <p>10.30 Carols Around The Piano (G) 1.30 Movie 2.30 Happy Hour (G)</p>
<p>12</p> <p>9.45 Coffee Club 10.45 Darts (G) 1.30 Movie/Documentary</p> <p>No Activites due to Christmas Luncheon Set up & Preparations</p>	<p>13</p> <p>12pm Resident Christmas Luncheon</p> 	<p>14</p> <p>10am Book Trolley 10.45 "Love In Action" Christian Service 1.30 Film 2pm Carols at the Piano</p>	<p>15</p> <p>10.30 Target Game (G) 10.45 1:1 time 1.30 Movie 1.30 Scenic Bus Trip 2.15 Reminiscing (1st)</p>	<p>16</p> <p>10.30 Chair Dancing (G) 10.45 Carpet Bowls (G) 1.30 Movie 2.30 Trivia (1st)</p>	<p>17</p> <p>10.30 Morning Stretches (G) 11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)</p>	<p>18</p> <p>10.30 Carols Around The Piano (G) 1.30 Movie 2.30 Happy Hour (G)</p> <p>International Migrant's Day</p>
<p>19</p> <p>9.45 Coffee Club (G) 10.45 Pass the Xmas Parcel Game (G) 1.30 Movie/Documentary</p> <p>2.30 Murray Ferguson Xmas Concert First Day of Hanukkah</p>	<p>20</p> <p>9.45 Coffee Club(G) 10.45 Beach Volley Ball (G) 1.30 Movie Time 1.30 Scenic Bus Trip</p>	<p>21</p> <p>10.30 Xmas Carols at the Piano 1.30 Film 2.30 Carpet Bowls</p> <p>December Solace</p>	<p>22</p> <p>10.30 Target Game (G) 10.45 1:1 time 1.30 Movie 1.30 Scenic Bus Trip 2.15 Reminiscing (1st)</p>	<p>23</p> <p>10.30 Musical Exercise (G) 10.45 Ten Pin Bowling ((G) 1.30 Movie 2.30 Word Game (1st)</p>	<p>24</p> <p>10.30 Morning Stretches (G) 11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)</p> <p>Christmas Eve</p>	<p>25</p> <p>Happy Christmas Everyone! 1.30 Movie 2.30 Happy Hour (G)</p> <p>Christmas Day</p>
<p>26</p> <p>9.45 Coffee Club (G) 10.45 Carpet Bowls (G) 1.30 Movie/Documentary 2.30 Pick A Box Quiz Game Quiz Game</p> <p>Boxing Day Last Day of Hanukkah</p>	<p>27</p> <p>9.45 Coffee Club(G) 10.45 Twister Game (G) 1.30 Movie Time 1.30 Scenic Bus Trip</p>	<p>28</p> <p>10.00 Sing A Long (G) 1.30 Movie Time 2.30 Creative Collage Craft (1st)</p>	<p>29</p> <p>10.30 Target Game (G) 10.45 1:1 time 1.30 Movie 1.30 Scenic Bus Trip 2.15 Reminiscing (1st)</p>	<p>30</p> <p>10.30 Chair Dancing (G) 10.45 Darts (G) 1.30 Movie 2.30 Trivia (1st)</p>	<p>31</p> <p>10.30 Morning Stretches (G) 11.00 Book Club Reading (G) 1.30 Movie 2.15 Bingo (1st)</p> <p>New Year's Eve</p>	