

WINTER 2022 NEWSLETTER

Mona Vale House

Greetings from the DON

Hello everyone and a warm welcome to you all for the Winter 2022 edition of Mona Vale House's Newsletter!

The weather is certainly turning cooler and we look forward to making good use of the fireplace.

As you may be aware, this month we celebrated International Nurses Week. The care of our residents is at the heart of everything we do here at Mona Vale House and I would like to take this opportunity to say a big thank you to our nursing care staff, and all staff members, for your hard work and diligence in these trying times.

Thank you to the families who attended the recent family meeting, it was lovely to meet you all. We hope that it was informative.

As always, my door is always open if you have any questions or concerns.

Warm Regards, Sonal

St Patricks Day

The Luck of the Irish

The residents enjoyed the lead up to, and the celebration of St Patricks day, making shamrocks, Irish Shenanigans, Irish Stew and green beer!



Lots of laughs and Shenanigans for St Patricks Day Celebrations

Anzac Day

Unfortunately the Anzac Day service we had planned was unable to proceed due to the Covid Lockdown. We were however, able to conduct a very small respectful service to those residents to whom Anzac Day means so much.



Easter

So much fun was had during the Easter Celebrations. An Easter Chocolate Raffle was held over the weeks leading up to Easter, and the lucky winners were Shirley, Catherine and Peggy - Congratulations! Pictured below are residents making Easter Wreaths which ended up looking pretty good as Easter Bonnets too!



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What's new?

Welcome Walter to the Leisure & Lifestyle Team. His energy and enthusiasm is a hit with the residents. Walter looks forward to running the Men's Group once a fortnight. We also would like to wish our lovely carer Carina, who is now on maternity leave, all the best with the imminent arrival of their first child.



Residents enjoying the outdoor courtyard and fine weather, while playing a word game

Birthday Celebrations

Monthly birthday celebrations are a popular event for all with cake and good cheer at happy hour. Here is Dorothy celebrating her special milestone101years!



“Viva La Musica! “

The residents have enjoyed many concerts in the past 3 months including Mercedes, Keff McCulloch,,Ross Hamilton, & Murray Ferguson.



Resident's enjoying a concert by Keff McCulloch



Getting their Groove on...Eve kicking her heels up with Kevin

Art & Craft.....Too many crafts to mention....but usually enjoyed over a cup of coffee, or an ice cream.



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Games

There have been a great many games including Darts, carpet bowls, balloon tennis, Quizzes, Board Games (as shown):



Mother's Day Celebrations

A special opportunity to celebrate the love of our mothers, and mother figures, in our lives and to give them our heart-felt thanks.

Mona Vale House was filled with the scent of flowers and the residents were treated to a special Mother's Day Luncheon and chocolates.



From the RAO Team

We managed to fit in a lot of concerts, activities, bus trips, arts, craft, games before the dreaded lockdowns, and we look forward to getting back on track very soon with more fun and interesting activities.. During the lockdowns the residents were kept entertained with movies and concerts via their television sets. They were provided 1:1 interactions as well as the roving book/games trolley.

We would like to take this opportunity to welcome all our new residents and we look forward to getting to know you.

Best Wishes from the RAO Team
Kylie, Janet, Walter, Eve, Nisha and Rob

Upcoming events

- The Queen's Platinum Jubilee
- Italian National day 2nd June
- World Ocean's Day 8th June
- Queen's Birthday 11th June
- World Music Day 21st June
- Pride Month - June
- Christmas in July
- Bastille Day 14th July
- World Friendship day 30th July
- National Tree Day 31st July
- Horse's Birthday 1st August
- International Beer Day 5th August
- World Indigenous Peoples Day 9th August
- World Senior Citizens Day 21st August
- Daffodil Day 26th August

Upcoming and Regular Activities:

- Entertainers: Mercedes, Keff, Ross & Elvis!
Monthly/Weekly Activity Planner for details
- Holy Communion 1st Tuesday of the month,
- Anglican Service – Dates to be advised
- Scenic Bus Tours each Tuesday & Thursday
- Monthly Residents Meetings.