

# APRIL ACTIVITY PLANNER

# Mona Vale House

MON	TUE	WED	THUR	FRI	SAT	
<p>The Hairdressing Salon is open each Monday. To make a booking please contact RAO office or Reception.</p>				<p>1</p> <p>10.45 Darts 1.30 Movie 2.30 KEFF PERFORMS</p> <p>APRIL FOOL'S DAY</p>	<p>2</p> <p>10.30 Exercises &amp; Book Club Reading 1.30 Movie Time 2.15 Bingo</p>	<p>3</p> <p>10.30 Songs around the Piano 1.30 Movie Time 2.30 Happy Hour 3:30 Rugby Club <u>DAYLIGHT SAVINGS ENDS</u></p>
<p>4</p> <p>10.45 Movement to Music and Name that Tune 1.30 Movie Time 2.00 Concert with MERCEDES</p>	<p>5</p> <p>10.45 Carpet Bowls 1.30 Movie/Documentary 1.30 Scenic Bus Trip 3pm HOLY COMMUNION</p>	<p>6</p> <p>10.15 Reminiscing and Garden Gazing 1.30 Film - Downtown Abbey 2.00 Easter Art - Rabbit &amp; Chicks</p>	<p>7</p> <p>10.45 Armchair Exercise 1.30 Film/Documentary 1.30 Bus Trip 2.00 Art/Craft</p>	<p>8</p> <p>10.15 Hoops/Movement 10.45 Balloon Tennis 1.30 Film/Documentary 2.15 Trivia</p>	<p>9</p> <p>10.30 Armchair Exercise/Movement 1.30 Movie Time 2.15 Bingo</p>	<p>10</p> <p>10.30 Songs around the Piano 1.30 Movie Time 1.30 Happy Hour 2.30 Rugby Club</p>
<p>11</p> <p>10.30 Coffee Club &amp; Manicures 1.30 Movie Time 2.15 Easter Craft /Table centrepieces</p>	<p>12</p> <p>10.45 Carpet Bowls 1.30 Movie/Documentary 1.30 Scenic Bus Trip 2.00 Decorating for EASTER</p>	<p>13</p> <p>10.00 Book Trolley 11.00 Armchair Exercise 1.30 Film 2.30 Decorating for EASTER</p>	<p>14</p> <p>10.45 Movement 1.30 Movie 2.30 Easter Find A Word</p>	<p>15</p> <p>10.15 Movement 10.45 Darts 1.30 Film/Documentary 2.15 Bible Reading 2.30 Trivia <u>GOOD FRIDAY</u></p>	<p>16</p> <p>10.30 Exercises &amp; Book Club 11.00 Word Game 1.30 Movie Time 2.15 Bingo <u>EASTER SATURDAY</u></p>	<p>17</p> <p>10.00 Easter Egg Hunt 10.30 Easter Service (TV) 1.30 Movie Time 2:30 Happy Hour 3.30 Rugby Club <u>EASTER SUNDAY</u></p>
<p>18</p> <p>10.00 Coffee Club 1.30 Movie Time 2.15 Friendship Club: Find A Word <u>EASTER MONDAY</u></p>	<p>19</p> <p>10.45 Let's Bake Anzac Cookies 1.30 Movie/Documentary 1.30 Scenic Bus Trip 2.30 Hand Spa &amp; Manicures</p>	<p>20</p> <p>BRAZILIAN CARNIVAL 10:15 Garden Gazing and Reminiscing 11.00 Armchair Exercise 1.30 Film 2.30 Decorating Anzac Day</p>	<p>21</p> <p>10.45 Balloon Tennis 1.30 Film/Documentary 1.30 Scenic Bus Trip</p>	<p>22</p> <p>10.15 Armchair Yoga 10.45 Darts 1.30 Film/Documentary 2.15 ANZAC Day Craft</p>	<p>23</p> <p>10.30 Exercises 11.00 Word Game 1.30 Movie Time 2.15 Bingo <u>SHAKESPEARE'S BIRTHDAY</u></p>	<p>24</p> <p>10.30 Songs Around the Piano 1.30 Film 2.30 Happy Hour and April Birthday Celebrations 3:30pm Rugby Club</p>
<p>25</p> <p>10.45 Anzac Day Ceremony 12pm Luncheon 1.30 Movie 2.15 Friendship Club: Reminiscing <u>ANZAC DAY</u></p>	<p>26</p> <p>10.45 Carpet Bowls 1.30 Movie/Documentary 1.30 Scenic Bus Trip 2.30 Hand Spa &amp; Manicures</p>	<p>27</p> <p>10.00 Book Trolley 11.00 Armchair Exercise 1.30 Film 2.30 Board Games <u>INTERNATIONAL GUIDE DOG DAY</u></p>	<p>28</p> <p>10.45 Indoor Ball Game 1.30 Film/Documentary 1.30 Scenic Bus Trip</p>	<p>29</p> <p>10.15 Armchair Yoga 10.45 Balloon Tennis 1.30 Film/Documentary 2.30 CONCERT: ROSS PERFORMS</p>	<p>30</p> <p>10.30 Exercises 11.00 Book Club 1.30 Movie Time 2.15 Bingo</p>	



Activities are Subject to Change

RAO Contacts:

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