

# OCTOBER 2022 ACTIVITY CALENDAR MILFORD HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch & Music appreciation 1.30 Cognitive Stimulation Therapy 2.30 Afternoon tea 3.00 Movie of your choice	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE				<b>1</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch & Music appreciation 1.30 Bingo 2.30 Afternoon tea 3.00 Classic Comedy Movie	<b>Daylight Saving 2</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch & Music appreciation 1.30 Harmonica music 2.30 Afternoon tea 3.00 Movie of your choice
<b>3</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch & Music appreciation 1.30 Cognitive Stimulation Therapy 2.30 Afternoon tea 3.00 Movie of your choice	<b>4</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch & Music appreciation 1.30 Mistery bag activity 2.30 Afternoon tea 3.00 Documentary - DVD	<b>5</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Games and puzzles 12.00 Lunch & Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie	<b>6</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Social Club 12.00 Lunch & Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie	<b>World smile Day 7</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch & Music appreciation 1.30 Bus trip /Documentary 2.30 Happy hour 3.00 Concert-DVD	<b>8</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch & Music appreciation 1.30 Quoits 2.30 Afternoon tea 3.00 Classic Comedy Movie	<b>9</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch & Music appreciation 1.30 Sue's Piano Concert/Gardening 2.30 Afternoon tea 3.00 Movie of your choice
<b>10</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch & Music appreciation 1.30 Cognitive Stimulation Therapy 2.30 Afternoon tea 3.00 Movie of your choice	<b>11</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch & Music appreciation 1.30 Water play 2.30 Afternoon tea 3.00 Documentary - DVD	<b>12</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 DIY lavanda sachet 12.00 Lunch & Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie	<b>13</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Reading Club 12.00 Lunch & Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie	<b>14</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch & Music appreciation 1.30 Bus trip /Documentary 2.30 Happy hour 3.00 Concert-DVD	<b>15</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch & Music appreciation 1.30 Bingo 2.30 Afternoon tea 3.00 Classic Comedy Movie	<b>16</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch & Music appreciation 1.30 Sue's Piano Concert/Gardening 2.30 Afternoon tea 3.00 Movie of your choice
<b>Positive Thinking Day 17</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch & Music appreciation 1.30 Cognitive Stimulation Therapy 2.30 Afternoon tea 3.00 Movie of your choice	<b>18</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch & Music appreciation 1.30 DIY fidget toy 2.30 Afternoon tea 3.00 Documentary - DVD	<b>19</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch & Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie	<b>20</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation <b>10.30 Church Service - Mass</b> 12.00 Lunch & Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie	<b>21</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch & Music appreciation 1.30 Bus trip /Documentary 2.30 Happy hour 3.00 Concert-DVD	<b>22</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch & Music appreciation 1.30 Quoits 2.30 Afternoon tea 3.00 Classic Comedy Movie	<b>23</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch & Music appreciation 1.30 Sue's Piano Concert/Gardening 2.30 Afternoon tea 3.00 Movie of your choice
<b>24</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch & Music appreciation 1.30 Cognitive Stimulation Therapy 2.30 Afternoon tea 3.00 Movie of your choice	<b>25</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch & Music appreciation 1.30 Dance session 2.30 Afternoon tea 3.00 Documentary - DVD	<b>26</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Giant Bowling 12.00 Lunch & Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie	<b>27</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Social Club 12.00 Lunch & Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie	<b>28</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch & Music appreciation 1.30 Bus trip /Documentary 2.30 Happy hour 3.00 Concert-DVD	<b>29</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch & Music appreciation 1.30 Quoits 2.30 Afternoon tea 3.00 Classic Comedy Movie	<b>Grandparents Day 30</b> 9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch & Music appreciation 1.30 Sue's Piano Concert/Gardening 2.30 Afternoon tea 3.00 Movie of your choice