

# NOVEMBER 2022 ACTIVITY CALENDAR - MILFORD HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</b></p>	<p><b>Melbourne Cup Day (VIC) 1</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Move your Body session <b>2.30 Melbourne Cup HighTea</b> <b>3.00 Melbourne Cup Races</b></p>	<p>2</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Games and puzzles 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p>3</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Social Club 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p>4</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Sing along 12.00 Lunch &amp; Music appreciation 1.30 Bus trip /Funny Video 2.30 Happy hour 3.00 Concert-DVD</p>	<p>5</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch &amp; Music appreciation 1.30 Bingo 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p>6</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Harmonica music 2.30 Afternoon tea 3.00 Movie of your choice</p>
<p>7</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Quiz 2.30 Afternoon tea 3.00 Movie of your choice</p>	<p>8</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Water play 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p>9</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Make a lucky dip 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p>10</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Reading Club 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p><b>Remembrance Day 11</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea <b>11.00 Commemorative Service</b> 12.00 Lunch &amp; Music appreciation 1.30 Bus trip /Funny Video 2.30 Happy hour 3.00 Concert-DVD</p>	<p>12</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Quoits / Floor games 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p>13</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Sue's Piano Concert/Gardening 2.30 Afternoon tea 3.00 Movie of your choice</p>
<p>14</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Pin Bowling 2.30 Afternoon tea 3.00 Movie of your choice</p>	<p>15</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 DIY lavanda sachets 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p>16</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p>17</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation <b>10.30 Church Service - Mass</b> 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p>18</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Sing along 12.00 Lunch &amp; Music appreciation 1.30 Bus trip /Funny Video 2.30 Happy hour 3.00 Concert-DVD</p>	<p>19</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch &amp; Music appreciation 1.30 Bingo 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p>20</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Harmonica music 2.30 Afternoon tea 3.00 Movie of your choice</p>
<p>21</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Quiz 2.30 Afternoon tea 3.00 Movie of your choice</p>	<p>22</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Relaxation session 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p>23</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Giant Bowling 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p>24</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Social Club 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p>25</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Sing along 12.00 Lunch &amp; Music appreciation 1.30 Bus trip /Funny Video 2.30 Happy hour 3.00 Concert-DVD</p>	<p>26</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Quoits / Floor games 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p>27</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Sue's Piano Concert/Gardening 2.30 Afternoon tea 3.00 Movie of your choice</p>
<p>28</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Pin Bowling 2.30 Afternoon tea 3.00 Movie of your choice</p>	<p>29</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Dance session 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p>30</p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Giant Bowling 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>				