



# AUGUST 2022 ACTIVITY CALENDAR - MILFORD HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
<p><b>1</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Sing along 2.30 Afternoon tea 3.00 Action Movie</p>	<p><b>2</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Mini basketball 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p><b>3</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p><b>4</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Reading Club 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p><b>5</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Documentary 2.30 Happy hour 3.00 Concert-DVD</p>	<p><b>6</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch &amp; Music appreciation 1.30 Bingo 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p><b>7</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Sue's Piano Concert 2.30 Afternoon tea 3.00 Movie of your choice</p>		
<p><b>8</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Sing along 2.30 Afternoon tea 3.00 Action Movie</p>	<p><b>9</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Indoor Game 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p><b>10</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p><b>11</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Reading Club 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p><b>12</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Documentary 2.30 Happy hour 3.00 Concert-DVD</p>	<p><b>13</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Arm Chair Travel 12.00 Lunch &amp; Music appreciation 1.30 Quits 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p><b>14</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Sue's Piano Concert 2.30 Afternoon tea 3.00 Movie of your choice</p>		
<p><b>Indian Independence Day 15</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Sing along 2.30 Afternoon tea 3.00 Action Movie</p>	<p><b>16</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring <b>12.00 Indian theme lunch</b> 1.30 Bean Bag toss Game 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p><b>17</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p><b>18</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation <b>10.30 Church Service - Mass</b> 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p><b>19</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Documentary 2.30 Happy hour 3.00 Concert-DVD</p>	<p><b>20</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Dancing 12.00 Lunch &amp; Music appreciation 1.30 Bingo 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p><b>21</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Sue's Piano Concert 2.30 Afternoon tea 3.00 Movie of your choice</p>		
<p><b>22</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Sing along 2.30 Afternoon tea 3.00 Action Movie</p>	<p><b>23</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Beauty Therapy 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p><b>24</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>	<p><b>25</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Reading Club 12.00 Lunch &amp; Music appreciation 1.30 Balloon Tennis 2.30 Afternoon tea 3.00 Classic movie</p>	<p><b>26</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 sensory- massage 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Documentary 2.30 Happy hour 3.00 Concert-DVD</p>	<p><b>27</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Arm Chair Travel 12.00 Lunch &amp; Music appreciation 1.30 Quits 2.30 Afternoon tea 3.00 Classic Comedy Movie</p>	<p><b>28</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Church service Online 12.00 Lunch &amp; Music appreciation 1.30 Sue's Piano Concert 2.30 Afternoon tea 3.00 Movie of your choice</p>		
<p><b>29</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Physio Therapy 12.00 Lunch &amp; Music appreciation 1.30 Sing along 2.30 Afternoon tea 3.00 Action Movie</p>	<p><b>30</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Craft / Colouring 12.00 Lunch &amp; Music appreciation 1.30 Guess that scent 2.30 Afternoon tea 3.00 Documentary - DVD</p>	<p><b>31</b></p> <p>9.30 Current affairs / Newspaper 10.00 Music appreciation 10.30 Morning tea 11.15 Seated Exercise 12.00 Lunch &amp; Music appreciation 1.30 Bus trip / Sensory 2.30 Afternoon tea 3.00 Musical movie</p>						<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>