

Greetings from the DON

Hello everyone and welcome to 2022! We are looking forward to a fabulous year here on the good ship Milford!

First of all, I would like to extend a warm welcome to all residents and their families who have recently joined us. We will make sure that your journey with us is comfortable and memorable.

COVID raged our life for last 2 years. Hopefully this will be ended soon and we can have our life back. We have received Lagevrio (oral anti-viral COVID-19 treatment) from Health Department. The antiviral is to be administered to residents with the GPs advice if they meet the criteria. If you would like further information for this treatment, please speak to your GP.

Milford House had 4 days accreditation process in Feb. More than 20 residents' NOK were interviewed. I, on behalf of Milford House team, appreciated your great ongoing support as always. Though we have some unmet outcome, I believe with support from external consultant, the care in Milford House will move to another level, and the caring culture will never change.

Lastly, we hope everyone is keeping well. Thank you again for your cooperation as we continue to prioritise the health of our residents. Autumn is now upon us, let's take time to enjoy this season of change!

We are always open to hearing ideas from our Residents and Families. Please do not hesitate in letting us know your ideas.

Warm Regards,

Faye Deng

Activity Highlights

Milford House residents enjoyed the activities & events in our calendar. Our residents had a great time celebrating a Christmas party lunch with Santa Martin. On Christmas Day they had a wonderful traditional Christmas lunch and presents. New Year's Day events were celebrated with virtual fireworks and a special luncheon. With Australia Day our residents enjoyed the traditional sausages and roast lamb luncheon. They also enjoyed the music and movie with an Australia theme. Then Chinese New Year was celebrated with virtual Chinese traditional and lion dancing and a Chinese New Year luncheon was enjoyed with Chinese cuisine. Residents celebrated Valentine's Day with afternoon high tea.

Christmas Party & Christmas Day 2021

Sadly, Christmas was celebrated without families and loved ones. However, with the support and love of our Milford House staff, residents were able to enjoyed this special event.



Australia Day

Australia Day celebrated with glee. Residents enjoyed having traditional Australia Day lunch with roast lamb and sausages. They also had lamingtons for happy hour.



What's new?

New Staff

Hi, my name is Biyan, and I'm currently working at Milford House as the Recreational Activity Officer.

Family is the first priority in my life. I love travelling and been visited some countries however I missed the chance to Japan due to pandemic. I also love to play jigsaw puzzles and there's a 4000-piece one waiting to be started.



Celebrations

100th birthdays

Two of our residents celebrated their 100th birthday. The staff and families were excited to celebrate this milestone with them. These are their special memories of the birthday celebrant of December - February and it shows the smile in their faces.



Special Moments

Relaxation in the garden is the best medicine for lockdown. Residents enjoyed having this activity because it gives them time to relax and enjoyed spending time with their family, staff & other residents.



Upcoming events

March

1th – Shrove Tuesday

2nd – Ash Wednesday

17th – St Patrick's Day

18th – Holi Festivity

21st – Harmony Day

31th – End of month Birthday Celebration

April

10th – Palm Sunday

14th – Maundy Thursday

15th – Good Friday

17th – Easter Sunday

25th – Anzac Day

28th – End of month Birthday Celebration

May

5th – Mother's Day Luncheon

8th – Mother's Day

26th – End of month Birthday Celebration