

# APRIL 2022 ACTIVITY PLANNER

Milford House

MON	TUE	WED	THUR	FRI	SAT	SUN
				1 10.00 Music Appreciation 11.00 C.A.P DVD 1.30 Bus trip/Movie 2.30 Happy hour 3.00 Classic TV Series	2 10.00 Music appreciation 11.00 meditation 1.30 Bingo 3.00 Movie - 007	3 10.00 Music appreciation 11.00 Church service 1.30 Games 3.00 Movie
4 10.00 Music appreciation 11.00 Seated exercise 1.30 Games 3.00 Movie	5 10.00 Music appreciation 11.15 Physio exercise 1.30 Documentary 3.00 Movie - Classic	6 10.00 Music appreciation 11.00 Virtual Sydney tour 1.30 Colouring 3.00 Movie	7 10.00 Music appreciation 11.00 Seated exercise 2.00 Entertainment 3.00 Movie -Comedy	8 10.00 Music Appreciation 11.00 C.A.P DVD 1.30 Bus trip/Movie 2.30 Happy hour 3.00 Classic TV Series	9 10.00 Music appreciation 11.00 meditation 1.30 Bingo 3.00 Movie - Western	10 10.00 Music appreciation 11.00 Church service 1.30 Games 3.00 Movie
11 10.00 Music appreciation 11.00 Seated exercise 1.30 Games 3.00 Movie	12 10.00 Music appreciation 11.15 Physio exercise 1.30 Documentary 3.00 Movie - Doris Day	13 10.00 Music appreciation 11.00 Seated exercise 1.30 Reading 3.00 Movie	14 10.00 Music appreciation 11.00 Seated exercise 2.00 Entertainment 3.00 Movie - Musical	15 10.00 Music Appreciation 11.00 Church Service 1.30 Classic Movie 2.30 Happy hour 3.00 Classic TV Series	16 10.00 Music appreciation 11.00 meditation 1.30 Bingo 3.00 Movie - 007	17 10.00 Music appreciation 11.00 Church service 1.30 Games 3.00 Movie
18 10.00 Music appreciation 11.00 Seated exercise 1.30 Games 3.00 Movie	19 10.00 Music appreciation 11.15 Physio exercise 1.30 Documentary 3.00 Classic movie	20 10.00 Music appreciation 11.00 Seated exercise 1.30 Matching cards 3.00 Movie	21 10.00 Music appreciation 11.00 Seated exercise 2.00 Entertainment 3.00 Movie - Comedy	22 10.00 Music Appreciation 11.00 C.A.P DVD 1.30 Bus trip/Movie 2.30 Happy hour 3.00 Classic TV Series	23 10.00 Music appreciation 11.00 meditation 1.30 Bingo 3.00 Movie - Western	24 10.00 Music appreciation 11.00 Church service 1.30 Games 3.00 Movie
25 10.00 Music appreciation 11.00 Seated exercise 1.30 Games 3.00 Movie	26 10.00 Music appreciation 11.15 Physio exercise 1.30 Documentary 3.00 Classic movie	27 10.00 Music appreciation 11.00 Seated exercise 1.30 Painting 3.00 Movie	28 10.00 Music appreciation 11.00 Seated exercise 2.00 Entertainment 3.00 Movie - Musical	29 10.00 Music Appreciation 11.00 C.A.P DVD 1.30 Bus trip/Movie 2.30 Happy hour 3.00 Classic TV Series.	30 10.00 Music appreciation 11.15 Guided meditation 1.30 Bingo 3.00 Movie	

