




Milford House

Monthly Activities – December 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 st	2 nd	3 rd	4 th
			9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Reading Club 13:30 Balloon Tennis 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Sing along 13:30 Bus Trip/ Travel World 14:30 Happy Hour 15:00 Concert-DVD	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Seated Exercise 13:30 Bingo 14:30 Afternoon Tea 15:00 Comedy Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Church service online 13:30 Balloon Tennis 14:30 Afternoon Tea 15:00 Movie of your choice
5 th	6 th	7 th	8 th	9 th	10 th	11 th
9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Six Pin Bowling 13:30 Puzzles 14:30 Afternoon Tea 15:00 Movie of your choice	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Craft 13:30 Move your Body 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Physiotherapy 13:30 Bus Trip/ Gardening 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Reading Club 13:30 Balloon Tennis 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Karaoke 13:30 Bus Trip/ Travel World 14:30 Happy Hour 15:00 Concert-DVD	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Seated Exercise 13:30 Bingo 14:30 Afternoon Tea 15:00 Comedy Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Church service online 13:30 Chair Soccer 14:30 Afternoon Tea 15:00 Movie of your choice
12 th	13 th	14 th	15 th	16 th	17 th	18 th
9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Ring Toss 13:30 Gardening 14:30 Afternoon Tea 15:00 Movie of your choice	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Colouring 13:30 DIY 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Physiotherapy 13:30 Bus Trip/ Sensory 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Reading Club 13:30 Balloon Tennis 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Seated Exercise 13:30 Bingo 14:30 Afternoon Tea 15:00 Comedy Movie CHRISTMAS Party 14:00 Entertainment-Taylor & Happy Hour	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Seated Exercise 13:30 Bingo 14:30 Afternoon Tea 15:00 Comedy Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Church service online 13:30 Piano Music 14:30 Afternoon Tea 15:00 Movie of your choice
19 th	20 th	21 st	22 nd	23 rd	24 th	25 th
9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Six Pin Bowling 13:30 Puzzles 14:30 Afternoon Tea 15:00 Movie of your choice	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Craft 13:30 Move your Body 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Physiotherapy 13:30 Bus Trip/Gardening 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Reading Club 13:30 Balloon Tennis 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Karaoke 13:30 Bus Trip/ Travel World 14:30 Happy Hour 15:00 Concert-DVD	CHRISTMAS EVE 9:30 Walk /Talk & Music Therapy 10:30 Morning Tea 11:15 Christmas Quiz 13:30 Christmas Bingo 14:30 Afternoon Tea 15:00 Comedy Movie	CHRISTMAS DAY 9:30 Walk /Talk & Music Therapy 10:30 Morning Tea 11:15 Christmas History 13:30 Christmas Word Games 14:30 Afternoon Tea 15:00 Christmas Movie
26 th	27 th	28 th	29 th	30 th	31 st	
BOXING DAY 9:30 Walk /Talk & Music Therapy 10:30 Morning Tea 11:15 Christmas Reflections 13:30 Ring Toss 14:30 Afternoon Tea 15:00 Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Colouring 13:30 Dance Session 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Physiotherapy 13:30 Bus Trip/ Sensory 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Reading Club 13:30 Balloon Tennis 14:30 Afternoon Tea 15:00 Classic Movie	9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 Sing along 13:30 Bus Trip/ Travel World 14:30 Happy Hour 15:00 Concert-DVD	New Years Eve 9:30 Current Affairs & Music Therapy 10:30 Morning Tea 11:15 New Year's Resolutions 13:30 New Year's Quiz 14:30 Afternoon Tea 15:00 New Year's Movie	