

# NOVEMBER 2022 ACTIVITY CALENDAR - MACLEAY VALLEY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE</p>	<p><b>Melbourne Cup Day</b> 10.15am-Seated Fitness Fun 1.30pm - Fashion Parade Champagne &amp; Nibbles 3.00pm - Race on the Big Screen</p> 	<p>Coffee - in the Café 10.30am - Board Games 10.30am- 1-1 Support Visits 2.00pm - Music &amp; Milkshakes 2.00pm - Church Karaoke</p>	<p>9.30am - Coffee in the Caf'e 10.15 - Scenic Outing - Ice Cream 10.30am - Carpet Bowls 1.15pm - Scenic Outing - Ice Cream 3.15pm- Library Trolley Visits</p>	<p>8.30am - Church Karaoke TV 9.30am - Coffee in the Caf'e 10.15am - Seated Fitness Fun 10.45am - Bingo 1.30pm - 2.30pm Happy Hour</p> 	<p>9.30am - Coffee in the Caf'e 10.20am - Table Games Independent Activities : Snooker Colouring in for Fun Cards</p>	<p>9.00am- Church Karaoke 10.20am - Bingo In House TV Everyday Channel 700 10.00am &amp; 2.00pm- Musical Concert 10.00am - 1.00pm DVD Channel 701</p>
<p>7 Beautician/Hairdresser 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 11.00 - Falls Prevention 2.00pm - Arm Chair Travel 2.00pm - 1-1 Support</p>	<p>8 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 11.00am - Story Circle 2.00pm - Quiz/ Games 2.00pm - 1-1 Support Visits</p>	<p>9 9.30am - Coffee in the Café 10.30am - Board Games 10.30am -Catholic Church Service 10.30am- 1-1 Support Visits 2.00pm - Drumming 2.00pm - Church Karaoke</p>	<p>10 9.30am - Coffee in the Caf'e 10.15 - Scenic Outing - Ice Cream 10.30am - Carpet Bowls 1.15pm - Scenic Outing - Ice Cream 3.15pm- Library Trolley Visits</p>	<p>11 8.30am - Church Karaoke TV 9.30am - Coffee in the Caf'e 10.15am - Seated Fitness Fun 10.45am - Bingo 1.30pm - 2.30pm Happy Hour</p>	<p>12 9.30am - Coffee in the Caf'e 10.20am - Table Games Independent Activities : Snooker Colouring in for Fun Cards</p>	<p>13 9.00am- Church Karaoke 10.20am - Bingo In House TV Everyday Channel 700 10.00am &amp; 2.00pm- Musical Concert 10.00am - 1.00pm DVD Channel 701</p>
<p>14 Beautician/Hairdresser 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 11.00 - Falls Prevention 2.00pm - Arm Chair Travel 2.00pm - 1-1 Support</p>	<p>15 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 11.00am - Story Circle 2.00pm - Quiz/ Games 2.00pm - 1-1 Support Visits</p> 	<p>16 9.30am - Coffee in the Café 10.30am - Board Games 10.30am- 1-1 Support Visits 2.00pm - Music &amp; Milkshakes 2.00pm - Church Karaoke</p>	<p>17 9.30am - Coffee in the Caf'e 10.15 - Scenic Outing - Ice Cream 10.30am - Carpet Bowls 1.15pm - Scenic Outing - Ice Cream</p> 	<p>18 8.30am - Church Karaoke TV 9.30am - Coffee in the Caf'e 10.15am - Seated Fitness Fun 10.45am - Bingo 1.30pm - 2.30pm Happy Hour</p>	<p>19 9.30am - Coffee in the Caf'e 10.20am - Table Games Independent Activities : Snooker Colouring in for Fun Cards</p> 	<p>20 9.00am- Church Karaoke 10.20am - Bingo In House TV Everyday Channel 700 10.00am &amp; 2.00pm- Musical Concert 10.00am - 1.00pm DVD Channel 701</p>
<p>21 Beautician/Hairdresser 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 11.00am - Falls Prevention 2.00pm - Bingo 2.00pm - 1-1 Support</p>	<p>22 9.30am - Coffee in the Café 10.00am - Pony Visits 10.15am - Seated Fitness Fun 11.00am - Story Circle 2.00pm - Quiz/ Games 2.00pm - 1-1 Support Visits</p>	<p>23 9.30am - Coffee in the Café Christmas Stall 10.30am - Board Games 10.30am- 1-1 Support Visits 2.00pm - Drumming 2.00pm - Church Karaoke</p>	<p>24 National Fairy Bread Day 9.30am - Coffee in the Caf'e 10.15 - Scenic Outing - Ice Cream 10.30am - Carpet Bowls 1.15pm - Scenic Outing - Ice Cream</p> 	<p>25 8.30am - Church Karaoke TV 9.30am - Coffee in the Caf'e 10.15am - Seated Fitness Fun 10.45am - Bingo 1.30pm - 2.30pm Happy Hour</p>	<p>26 9.30am - Coffee in the Caf'e 10.20am - Table Games Independent Activities : Snooker Colouring in for Fun Cards</p>	<p>27 9.00am- Church Karaoke 10.20am - Bingo 11.15am - Anglican Church Service</p> 
<p>28 Beautician/Hairdresser 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 11.00am - Falls Prevention 2.00pm - Arm Chair Travel 2.00pm - 1-1 Support</p>	<p>29 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 11.00am - Story Circle 2.00pm - Quiz/ Games 2.00pm - 1-1 Support Visits</p> 	<p>30 9.30am - Coffee in the Café 10.30am - Board Games 10.30am- 1-1 Support Visits 2.00pm - Music &amp; Milkshakes 2.00pm - Church Karaoke</p>				