

MARCH ACTIVITY PLANNER

MACLEAY VALLEY HOUSE

| MON | TUE | WED | THUR | FRI | SAT | SUN |
|---|--|---|--|---|---|---|
| | 1 Hairdresser Seated fitness with Physio's 1 to 1 support visits with Leah Bingo with Hayden Library Trolley with Cath Falls Prevention with Physio's | 2 Hairdresser Shopping Kiosk Table Games with Cath & Sue 1 to 1 support visits with Leah Drumming with Cath Church Karaoke | 3 Coffee in the Cafe & Newspaper reading Scenic bus outing with Trevor and Cath Bus outing for icecream | 4 Coffee in the Cafe with Barbara Seated fitness with Physio's Church Karaoke Happy Hour with Lachlan McKay | 5 Bingo with Sue DVD Movie Independant Activities: Cards, Snooker, Colouring in, Computers, Boards Games | 6 Church Karaoke Table Games with Sue DVD Movie Independent Activities |
| 7 Coffee & Tea in the Cafe Beautician Live Stream Music YouTube videos with Sue Quiz & Games with Sue | 8 Hairdresser Seated fitness with Physio's 1 to 1 support visits with Leah Bingo with Hayden Library Trolley with Cath Falls Prevention with Physio's | 9 Hairdresser Shopping Kiosk Table Games with Cath & Sue 1 to 1 support visits with Leah Drumming with Cath Church Karaoke | 10 Coffee in the Cafe & Newspaper reading Scenic bus outing with Trevor and Cath Bus outing for icecream | 11 Coffee in the Cafe with Barbara Seated fitness with Physio's Church Karaoke Happy Hour with Craig Jiles | 12 Bingo with Sue DVD Movies Independant Activities: Cards, Snooker, Colouring in, Computers, Boards Games | 13 Church Karaoke Table Games with Sue DVD Movie Independent Activities |
| 14 Coffee & Tea in the Cafe Beautician Live Stream Music YouTube videos with Sue Quiz & Games with Sue | 15 Hairdresser Seated fitness with Physio's 1 to 1 support visits with Leah Bingo with Hayden Library Trolley with Cath Falls Prevention with Physio's | 16 Hairdresser Shopping Kiosk Table Games with Cath & Sue 1 to 1 support visits with Leah Drumming with Cath Church Karaoke | 17 Coffee in the Cafe & Newspaper reading Scenic bus outing with Trevor and Cath Saint Patricks day Concert | 18 Coffee in the Cafe with Barbara Seated fitness with Physio's Church Karaoke Happy Hour with Trevor | 19 Bingo with Sue DVD Movies Independant Activities: Cards, Snooker, Colouring in, Computers, Boards Games | |
| 21 Coffee & Tea in the Cafe Beautician Live Stream Music YouTube videos with Sue Quiz & Games with Sue | 22 Hairdresser Seated fitness with Physio's 1 to 1 support visits with Leah Bingo with Hayden Library Trolley with Cath Falls Prevention with Physio's | 23 Hairdresser Shopping Kiosk Table Games with Cath & Sue 1 to 1 support visits with Leah Drumming with Cath Church Karaoke | 24 Coffee in the Cafe & Newspaper reading Scenic bus outing with Trevor and Cath Bus outing for icecream | 25 Coffee in the Cafe with Barbara Seated fitness with Physio's Church Karaoke Happy Hour with Trevor | 26 Bingo with Sue DVD Movies Independant Activities: Cards, Snooker, Colouring in, Computers, Boards Games | 27 Church Karaoke Table Games with Sue DVD Movie Independent Activities |
| 28 Coffee & Tea in the Cafe Beautician Live Stream Music YouTube videos with Sue Quiz & Games with Sue | 29 Hairdresser Seated fitness with Physio's 1 to 1 support visits with Leah Bingo with Hayden Library Trolley with Cath Falls Prevention with Physio's | 30 Hairdresser Shopping Kiosk Table Games with Cath & Sue 1 to 1 support visits with Leah Drumming with Cath Church Karaoke | 31 Coffee in the Cafe & Newspaper reading Scenic bus outing with Trevor and Cath Bus outing for icecream | | | In House TV Everyday: Concerts, DVD Movies, Old TV Shows, Relaxation Videos and Live Streams |



Here at Macleay Valley House we offer many recreational activities to suit a wide range of interests and abilities.

Our range of facilities include Activity room, Library, Cinema, Cafe, Chapel, Lounge Rooms, Internet Cafe & WiFi, Art & Craft room.

