



THOMPSON
HEALTH CARE

JULY 2022 ACTIVITY CALENDAR - MACLEAY VALLEY HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE				9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karaoke 1.30 - 2.30 Happy Hour	10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
4	5	6	7	8	9	10
Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Milkshakes with Music	9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	10.20 - Table Games Independent Activities Newspaper Reading Movies in House 1.00 - Afternoon Movie	9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
11	12	13	14	15	16	17
Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Drumming	9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
18	19	20	21	22	23	24
Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Milkshakes with Music	9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	10.20 - Table Games Independent Activities Newspaper Reading Movies in House 1.00 - Afternoon Movie	9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
25	26	27	28	29	30	31
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