



AUTUMN EDITION

Macleay Valley House

NEWSLETTER AUTUMN 2022

From the DON's Desk



THOMPSON
HEALTH CARE

Weather or Not!

At the time of writing Lismore is experiencing devastating floods. We are all holding our breath here on the Mid North Coast hoping that we miss the 'big low' that has created so much havoc. We could certainly do without another 'event' but, we have made ready our Flood Plan preparations should this situation change.

Covid-19 Update

Visitation is still under Covid-19 restrictions and we will continue to update you with any changes to the current requirements.

Thank you all for your support and understanding in this constantly changing environment.

Covid Outbreak

Our year started with Covid finally finding us in January. Congratulations to all our staff who capably managed the outbreak and worked hard keeping the infection isolated to only two of the five wings. It was a great effort from all.

Many of our residents attended a de-brief session (below) with DON Wilma Sims answering the many questions and providing the run down of how the outbreak was managed. Most of all our sincere thanks to our residents and families for their continued support.



Accreditation

We can expect a visit for our 3 yearly accreditation from The Aged Care Quality & Safety Commission soon, pending the every changing Covid situation. We will let you know as soon as we have more information.

Christmas Round up!



Top: Joan & Vera share a wonderful friendship.

Below: Mandy & Cath receive bundles of Christmas gifts for all the residents from the generous hearts of the pupils of Frederickton School.



RAO New Faces

Our Recreation (RAO) Team has a new Team



Leader, Belinda Baker. Belinda started with Macleay Valley House in August 2011 and her Aged Care experience brings a wealth of not only recreational & lifestyle knowledge but also extensive understanding of

Dementia care. Belinda has held the position of Nurse Assistant in our Dementia Wings for the past few years and is welcomed back to leading our RAO Team into 2022.

Board Games

Board Games - they are a timeless favourite that have been played through the centuries. In a new regular What's On event the main lounge becomes the games room. BananaGrams – a scrabble style game is popular, particularly with the large, easy to read pieces.



Above: Trev & Cath at the Milkshake Music Cafe

The Circus World of Tilly

The energetic, enthusiastic and every cheerful Tilly, together with her handler RAO Cath, showed residents her circus and agility skills in a recent outdoor performance.

Tilly has been successfully competing at local and regional agility trials. Today she was running the course of jumps, tunnels and seesaws with absolute glee.

It was a joyful performance from them both and a wonderful example of how well dog and trainer work together as a team. Our own Muster Dog! See page 3 for more photos of Tilly.



The Magic of a Milkshake

RAOs Belinda and Leah (below) whipped up milkshakes on order for residents while RAOs Trevor & Cath entertained. The Milkshake Musical Café is a firm favourite with residents.



Above Belinda & Leah. Right: Barbara's smile says it all at the Milkshake Music Cafe



Tilly Tricks

